



FOR IMMEDIATE RELEASE

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Place4 at Gulf Bend Center expands counseling services

As people struggle with the demands of a fast-paced world and uncertain times, one place has strengthened its ability to restore balance to the lives of South Texans.

Place4 at Gulf Bend Center has expanded its counseling services to address those who need a little help by adding another full-time staff member.

“Gulf Bend primarily helps people who experience problems with major depression, bi-polar disorder, schizophrenia and intellectual & developmental disorders,” said Lane Johnson, director of clinical programs and services at Gulf Bend Center. “We started Place4 last year so people could have access to counseling services if they need help with issues like anxiety, depression, grief and loss, marriage and relationship problems, family troubles and stress.”

That need has proven to be strong in the Gulf Bend services area, so Sara Serrano was hired by Place4 as a Licensed Professional Counselor in January.

“We’ve been able to help hundreds of people restore balance to their lives,” said Barbara Bohman, lead counselor for Place4. “With Sara joining our staff, we’ll be able to help that many more people and their families.”

Prior to this newest position, Serrano worked as an adult mental health case manager for Gulf Bend Center. She earned her master’s degree in counseling psychology in 2009 and her bachelor’s degree in psychology in 2004, both from the University of Houston-Victoria.

Place4 is located in Suite 104 of the Gulf Bend Regional Plaza, 6502 Nursery Drive in Victoria. They accept patients with private insurance, Medicaid, and self-pay from Gulf Bend’s existing service area, namely Victoria, Calhoun, DeWitt, Goliad, Jackson, Lavaca and Refugio counties, but they welcome clients from across South Texas.

For more information, call 361-582-5364 or visit GulfBend.org.

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