



Gulf Bend Center

IMPROVING LIFE THROUGH RECOVERY.

Crisis Department



Crisis Intervention Services

Gulf Bend Center offers mental health crisis support 24 hours a day, 7 days a week on the phone and in the community. Our crisis services help people recover from a mental health crisis and rebuild their well-being. Services can be provided in many languages.



A helpline is available for anyone who needs immediate emotional support.

**24 Hour Toll-Free Crisis
Hotline: 877-723-3422**



Our Vision

To be recognized as the best resource of quality services in our community.

Crisis Intervention Services Include:

- An assessment on the degree of danger an individual poses to self or others;
- The coordination of emergency care services in accordance with the Texas Administrative Code;
- Behavior skills training to assist the individual in reducing stress and managing symptoms;
- Problem-solving
- Reality orientation to help the individual identify and manage their symptoms of mental illness;
- Providing guidance and structure to the individual in adapting to and coping with stressors

Conditions:

- Crisis intervention services may be provided to:
 1. An adult; or
 2. A child or adolescent
- must be provided one-to-one
- may be provided:
 1. On-site; or
 2. In-vivo
- must be provided by a QMHP-CS
- may not be provided to an individual who is currently admitted to a CSU
- may be provided to an individual without first obtaining authorization from the department or its designee in accordance with the Texas Administrative Code
- may be provided without a treatment plan described in the Texas Administrative Code

Fees

Services are available regardless of ability to pay.

Gulf Bend Center

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www.GulfBend.org