

# IDD Crisis Intervention Specialist and IDD Crisis Respite Services



## Program Overview:

The Intellectual and Developmental Disability Crisis Intervention Specialist provides training, education and support to individuals, caregivers, providers, and community stakeholders in order to prevent crisis situations and reoccurring crisis events.

Often times, caregivers seek respite services to prevent caregiver burnout. Part of Crisis Intervention response is to determine if an individual qualifies for crisis respite services in order to address a crisis situation without the need for psychiatric hospitalization.

## Services Include:

- Referral to IDD Intake for explanation of Long Term Services and Supports
- Referral to HHSC Multiple Disabilities Unit for HCS waiver placement.
- Training in Safety Care for Families to providers and care givers to learn how to de-escalate and reinforce positive behaviors.
- Presentations and training to community stakeholders on IDD services and supports and GBC services available to prevent reoccurring crises.
- Referral and follow up for counseling, behavior therapy, psychiatric services, medical services, and respite services when needed.

## Program Goals:

- To provide caregivers training and support in order for individuals to continue living in a community setting.
- To provide IDD Crisis Respite Services to prevent care giver burnout and to provide referrals to needed care and services prior to reunification in the community.

## Eligible Candidates:

Services offered to residents within Gulf Bend's seven county area (Refugio, Lavaca, Dewitt, Goliad, Victoria, Jackson, and Calhoun).

*\*Individuals will not be denied access to services based on current address or ability to pay.*

Anyone experiencing a crisis situation must contact the Crisis Hotline: 877.72.3422.

An assessment will be completed to determine if the crisis situation requires hospitalization. If not appropriate for hospitalization, Crisis Intervention Specialist will be contacted to determine if eligibility criteria is met for IDD crisis respite services. Candidates must provide medial records with a diagnosis of intellectual or development disability.

Gulf Bend Center  
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361.575.0611

**Crisis Hotline 877.723.3422**

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Gulf Bend Center's vision is to be recognized  
as the best resource of quality services  
in our community.