MENTAL HEALTH RESOURCES LIST

Provided by: Gulf Bend Center MHDD
6502 Nursery Dr, Suite 100
Victoria, TX 77904
(361)-575-0611

NOTE: This is by no means a comprehensive list of resources in our community. The number to call 24 hours a day/7days a week for additional resources in your area is 211. For more, please visit the following website: www.211texas.org

24-Hour Crisis Hotline:
(877)-SAFEGBC or (877)-723-3422

No Cost Services Provided by Gulf Bend Center

Support Groups on Relationships
Wednesdays at noon
Gulf Bend Wellness Community
1009 N Nimitz. St.
Victoria, TX 77901
(Meets in the Community room with Lane Johnson, LPC-S and Stanley Schweke)

Substance Use Group Counseling
Gulf Bend Center Group Counseling Room
6502 Nursery Dr, Ste. 100
Victoria, TX 77904
Every Monday from 1:15pm -2:15pm
*For more information, please text or call Ashley Surber, Substance Use Counselor, at 361-433-7478

Community Support Group
Christ's Kitchen
611 E Warren Ave
Victoria, TX 77901
Every Thursday from 1:30pm -2:30pm
*A support group for any topic of interest. Community members are encouraged to join and share what's on their mind.

Seeking Safety Group
Meets Thursdays from 10:00am -11:30am
Gulf Bend Center, Group Counseling Room
6502 Nursery Dr, Ste. 100, Victoria, TX
*For more information, please contact Monica Nicholas, Substance Use Counselor, at 361-412-8262.

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PSYCHIATRISTS

Victoria Psychiatric Associates
Dr. R. Lyman
2710 Hospital Drive, Suite 202, Victoria, TX 77901
(361) 579-1388
*Accepting private pay only. Accepting new patients (only over 18). The first visit is $270, and all follow up appointments are a minimum of $90.

Victoria VA clinic Outpatient
311 Spring Green Blvd., Victoria, TX 77904
Hours: Monday-Friday 8am to 4:30pm
Phone: 361-582-7700
Phone (mental health care): (210)-617-5300
https://www.va.gov/south-texas-health-care/locations/victoria-va-clinic/#health-care-offered-here
******Veteran's Crisis Hotline – 800-273-8255******
*Services include laboratory & pathology testing, mental health care, nutrition & dietary care, primary care, social work, and telehealth. Must be enrolled in VA health care and registered as a patient at South Texas Veterans Health Care System before making an appointment.

Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)
101 W Goodwin Ave STE 901, Victoria, TX 77901
(361) 576-9700
*Ages 21 and up. Accepts most major medical insurance, Medicare, and cash pay. Does not accept Medicaid. (Does not see Dementia or Alzheimer).

Psychiatric Specialists of Texas-Victoria
1402 Village Dr., Victoria, TX 77901
(361) 452-1151
*Provides services for children (3+) and adults. Clients can enroll on the portal using this link: https://psychspecialistsoftx.com/new-patient-form-online/. Accepts Medicaid, most major insurances, and self-pay; does not accept Humana. Does not provide counseling services.

Psychiatrists Outside of Victoria

Dr. John Hopper
2726 Highway 35, Rockport, TX 78382
(361) 729-5357
*Sees adults and children (3 years and up). Accepts most private insurance, private pay, Medicare+Medicaid plans. No sliding scale.

Psychiatric Consulting Services
Dr. N. Praderio
1315 Santa Fe St, Corpus Christi, TX 78404
(361) 887-9600

*Accepts most major insurance, Medicare, Medicaid, and self-pay. Services are in-person. Requires a referral from primary care physician. Geriatric psychiatry specialty but sees ages 18 and up.

Crossroads Psychiatry
Kourtne Roberts, MD
3833 S. Staples St., STE N 215, Corpus Christi, TX 78411
(361)-703-5026
Email: crossroadspsychiatry@outlook.com
*Accepting new patients (only over 18). Cash pay only. Telemedicine services only.

COUNSELORS & PSYCHOTHERAPISTS

Reflective Minds Counseling
Mariselda Moreno
361-945-2523
mmorenocounseling@gmail.com
1501 East Mockingbird, Suite 224 - Wells Fargo Tower,
Serving kids (5 and up), teens, adults, couples
Utilizing play therapy - certified sand tray therapist. Specializes in behaviors and emotional regulation.
Starting June 1, she is accepting self-pay customers; working on getting credentialling in place to accept Medicaid and private insurances like Aetna and BCBS.

New Beginnings Counseling Services
Rick Torres, LPC (Bilingual)
Gail Spurgeon, LPC
Cheryl Green, LMSW-ACP
Danna Harrison, LPC
Laura J Wright, LCSW
Ashley Trevino, LCSW
1501 E. Mockingbird, Suite 262
Victoria, TX 77904
(361) 570-8900
*Accepts ages 8 and up (varies by provider). Accepts Medicaid, Medicare, and most major medical insurance. Bilingual Counseling available.
*Currently accepting new clients.

New Life Professional Counseling
Janie Odem M. ED. LPC, RPT (Bilingual)
Sonia Cantu-Gonzales, MAFP, LPC
3904 John Stockbauer, Suite 111
Victoria, TX 77904
Phone: (361) 894-6830
https://newlifeprofessionalcounseling.com/
*Accepts Aetna-Aetna Coventry, Ambetter, Blue Cross Blue Shield, CHIP/Children's Program, Cigna, Coventry, Deer Oaks, Humana, Medicaid, Optum, Superior HealthPlan, UMR, UnitedHealthcare UHC/UBH and self-pay ($175 for intake session and $125 for

regular session). Sliding scale is available. Bilingual counseling available. Accepts ages 4 and up.

Reclamation Counseling Center
506 Glascow St., Victoria, TX 77904
Phone: (361) 576-3385
*Accepts Medicaid and most major medical insurance. Anger management classes available. Accepts ages 3 and up.
*Accepting new clients; play counselor has waitlist.

Gonik & Associates, Clinical Psychology and Behavioral Services
Uri Gonik, Ph.D.
Cleva Schoener, LPC
1001 E Airline Rd., Victoria, TX 77901
(361) 575-5021
*Ages 18 & above only/Accepts Medicaid, Medicare & Private Insurance.
*Accepting new clients.

Renewed Hope Counseling
Otilia Chavez MA, LPC, RPT, EMDR Trained
5606 N Navarro St. Suite 200 Victoria, TX 77904
Phone: (361) 579-3009
otilia_chavez@outlook.com
Therapy for children, teens, and adults.
*Spanish and English
*Accepts most major health insurance and Medicaid.
*Accepting new clients.

Heritage Program GERO (Depression, Anxiety, Aging, and Loss of Independence) Groups
Refugio Memorial Hospital--107 Swift, Refugio TX 78337
Phone for Refugio: (361) 526-2321, Ext 203
Jackson County Hospital--1013 South Wells St, Edna, TX 77957
Phone for Edna: (361)-782-7813
*For Seniors, Age 65 and above, but will also see younger patients (18+), accepts Medicare and most private insurance.
*Accepting new clients

Next Step Counseling and Education Center
Delores White, MA, LPC
Jacob Weishuhn, LPC
4702 N. Laurent, Suite D, Victoria, TX 77904
(361) 572-0202
*Accepts Medicaid, Blue Cross Blue Shield, and has an income based sliding scale—will not turn people away for ability to pay.
*Accepting new clients

Marsha L. Baumann, PLLC
1905 Leary Ln. Victoria TX

Phone: (361)-573-0731
*Accepts Medicaid and most insurances. Self-pay is $125 for the first session and $105 per session after intake. Sliding scale fees are available.
*Accepting new clients.

Speak Freely Counseling Services, LLC
Brandie McCray, MA, LPC, LCDC
5606 N. Navarro St. Ste 300H, Victoria TX 77904
Office:361-485-6645, Mobile: 361-465-2000
brandiemccray@speakfreelycounseling.com or www.speakfreelycounseling.com
*Accepts Aetna, Aetna Boon-Chapman, Cigna, BCBS of TX, United HealthCare, Oscar Healthcare, Oxford, and self-pay ($120 for intake session, $100 for individual session, and $110 for a couple's session). No Medicaid or Medicare.
*Accepting new clients.

Stable Life Counseling Center, LLC
Shirley Johnson, LBSW, LPC
32 Bailey Dr., Victoria, TX 77901
Phone: (361) 485-0899
https://mysite.vagaro.com/stablelifecounselingcenterllc
*Private pay only ($75 per session). Specializes in individual (18+), military, and couples counseling.
*Accepting new clients

New Horizons Counseling Center
Yoakum Community Hospital
1200 Carl Ramer, Yoakum, Tx 77995
Phone: 361-293-2321, Ext. 464
*Must have a referral and call ahead to verify insurance. Accepts ages 19+. Accepts Medicaid, Medicare, supplementary insurance, and most private insurance. A financial assistance program is available for those who qualify.
*Accepting new clients.

Barbara Bohman, MAC LPC NCC
712 Terrell St, Cuero, Tx 77954
Phone: 361-243-0287
https://www.barbarabohman.com/
*Therapy services include traditional counseling, video (telehealth) counseling, and journal therapy.

Planted Roots Counseling Center
Allison Besio, MA, LPC-S
Phone: 361-302-2219
Email: plantedrootscounseling@gmail.com
https://www.allisonbesiotherapy.com/
*Modalities of therapy include CBT, Trauma-Focused Cognitive Behavioral Therapy, Person-Centered Therapy, Solution-Focused Therapy, but specializes in trauma survival and healing. Telehealth appointments available

*Payment options: BCBS of Texas, Aetna, Cigna, Oxford, United Healthcare, Oscar Health, OR Private pay ($120 per session), with sliding scale options available upon discussion with clinician.
*Accepting new clients.

Counseling4Life, LLC
303 E. Airline Rd. Ste 2, Victoria, TX 77901
Phone: 210-209-0642
Therapy | San Antonio, San Angelo, and Victoria, Texas | Counseling4Life, LLC | https://www.counseling4lifellc.com/
*Offers individual (ages 2 years through adult), couple/relationship, family, and group counseling services with daytime, evening, and weekend availability. Our clinicians utilize a variety of treatment modalities including CBT, Trauma-Focused CBT, EMDR, play therapy, solution-focused, Emotion Focused Therapy, etc.
* Insurances accepted: Ambetter, BlueCross Blue Shield, Cigna, Humana, Optum, Aetna, Oscar Health, UMR, United Healthcare, Gilsbar, and Medicare (starting 2024). Private Pay Rates: $140 (intake session)/$130 (regular session) for fully licensed, $80 (intake session)/$70 (regular session) for associates, $50 (intake session)/ $40 (regular session) for students.
*Accepting new clients.

Evergreen Counseling
Sandra Miller, M.A., LPC
Joesph Smullen, LCSW-S
5606 N. Navarro St., Ste 302B
Victoria, TX 77904
https://evergreencounselor.com/
Office: 361-210-6898
*Accepts ages 13 and up.

The Emmaus Center Catholic Diocese
1508 E Airline Rd.
Victoria, TX
Phone: 361-212-0830
https://emmauscounselingcenter.com/
*Offers: individual therapy, EMDR therapy, couples and marital therapy, family therapy, and play therapy (ages 10+). Bilingual counseling services are available. Each session is $50, but if you can contribute more, they welcome donations. Sliding scale fees or financial assistance are offered.
*Accepting new clients.

Reflective Minds Counseling
Mariselda Moreno
361-945-2523
mmorenocounseling@gmail.com
1501 East Mockingbird, Suite 224 - Wells Fargo Tower,
Mariselda Moreno
Serving kids (5 and up), teens, adults, couples
Utilizing play therapy - certified sand tray therapist.

Starting June 1, only accepting self-pay; working on credentialing in place to accept Medicaid and private insurances like Aetna and BCBS.
Specializes in behaviors and emotional regulation.

Program Hope
815 North Virginia Street
Port Lavaca, TX 77979
Phone: 361-552-0798
*Must have a referral. Senior Behavioral Health Program-outpatient program that provides individualized treatment for older adults (50+) who suffer from emotional and psychiatric disorders. The program includes group, individual, or family therapy. Medicare and most insurance plans are accepted. Does not accept Medicaid.
*Accepting new clients. No referral needed.

Charlie Health
Virtual Intensive Outpatient Program
Phone: (986) 206-0414
Website: https://www.charliehealth.com/
*Virtual Intensive outpatient program-designed for teens and young adults (11 to 33 years old). Offers support groups, family therapy, and individual therapy.
*Accepts most major insurance providers and can work with Medicaid. Also has a financial hardship program available for those who are eligible and tries to work with families on a case-by-case basis.
*Accepting new clients

Mind Connection Behavioral Health
Telepsychiatry services for ages 12 and up
Phone: (888)-575-8046
Email: info@mindconnectionbh.com
www.mindconnectionbh.com
*Services include telepsychiatry, psychotherapy, medication management, and comprehensive psychiatric evaluation (all appointments are via telehealth/video consult).
*Accepted insurances include: Aetna, Allegiance, All Well, Ambetter, Anthem, Beacon Health, BSBS PPO/HMO, Cigna, Humana, Magellan, Medicare, Traditional Medicare, Optum, Superior Health Care, Value Options, United Healthcare.
*Accepting new clients. No Referral needed.

Crescent Counseling
Ashley Moulton, M.A., LPC, LCDC, EMDR-Trained
Phone: (361)-208-2894
Email: ashleymoulton@crescentcounseling.net
*Offers individual, EMDR, couples, and ADHD counseling services. All services are telehealth/virtual.
*Accepts Cigna, Blue Cross Blue Shield, Oscar Health, United Health Care, Oxford, & Aetna. Now accepting new clients.

Trail Glass Counseling
Mary Heryford, LPC
https://www.trailglasscounfoodseling.com/

*Offers individual telehealth counseling for adults and adolescents (13+). Charges $100 per session.

No/Low Charge Counseling Services

The South Texas Children's Home-Family Ministry
(STCH Ministries)
Lorraine Turner, MA-LPC (Director)
Multiple Counselors
1905 Salem Rd, Victoria, TX 77904
Phone: 361-575-5151
https://www.stchm.org/counseling-ministries/
*Christian counseling services for ages 4 and up. Provides short-term Individual, Marriage, & Family Therapy—Play therapy available for children.
*Does not accept insurance. Has a suggested donation of $40 per session, but they will provide services regardless of ability to pay. Must call first to determine eligibility.
*Accepting new clients, but typically has a waitlist of around 2-3 weeks.

Methodist HealthCare Ministries-Counseling Services
Stephanie Espinosa, LCSW (Bilingual)
Phone: 361-739-3891
*Call for local Address: Offices are located in Victoria, Edna, Palacios, and Port Lavaca. Offers no charge counseling services for those without insurance or those with insurance who are unable to pay copays/deductibles.

Behavioral Health Centers

Empower Behavioral Health
4800 N Navarro Ste. 500, Victoria TX 77904
361-208-7423
Hours: 8am – 4pm
https://www.empowerbh.com/
Empower Behavioral Health focuses on helping individuals with autism build independence, communication abilities, social skills, and everyday functioning through customized ABA-based interventions.
*Services offered: ABA Therapy, Day Programs, Parent Training and Family Support, and Specialized Skill Development.
Accepts most insurances.

Inpatient hospitals

Corpus Christi

Bayview Behavioral Hospital
6629 Woolridge Rd. Corpus Christi, TX 78414
361-986-8200
Fax: 361-986-8280

Ages: 10-17, 18-54, 55+
Co-Occurring Disorders

Oceans Behavioral Hospital
600 Elizebeth St. Building B, 4th floor Corpus Christi, TX 78404
361-371-8933
*Adults and Seniors

Richmond

Westpark Springs
6902 S. Peek Rd. Richmond, TX 77407
832-535-2770
Fax: 832-757-1006
Ages: 12+
GBC CONTRACT HOSPITAL
*Services include substance use and mental health treatment.

San Antonio

San Antonio Behavioral Health
8550 Huebner Rd. San Antonio, TX 78240
Phone: 210-541-5300
Fax: 210-541-5366
Ages 9-17, 18+
(Dementia patients accepted on a case-by-case basis)

Laurel Ridge Hospital
17720 Corporate Woods Dr. San Antonio, TX 78259
Phone: 210-491-9400
Fax: 210-491-3554
Ages 4-12, 13-17, 18+
(No dementia or memory conditions)

Methodist Specialty Hospital
8038 Wurzbach Rd. Suite 320 San Antonio, TX 78229
210-575-0509
Ages 18+ (geriatric unit available)
(No dementia patients, no detox)
*For patients stable on medication but need psychotherapy intervention

Audie L. Murphy VA Hospital- Veterans Only
7400 Merton Minter San Antonio, TX 78229
Phone: 210-617-5300 x15617
*Requires voluntary admission, but occasional EDW accepted- call to verify

Austin

Austin Oaks Hospital
1407 W. Stassney Ln. Austin, TX 78745

Phone: 512-440-4800
Fax: 512-440-4840
Ages 12+

Cross Creek Hospital
8402 Cross Park Dr. Austin, TX 78754
Phone: 512-823-0570 or 888-238-1567
Ages: 12+ (geriatric unit available)
(Dementia patients accepted on case-by-case basis)
GBC CONTRACT HOSPITAL
Jodie Jude (Community Liaison): (512)-638-9325

Cypress

Lonestar Behavioral Health
16303 Grant Rd. Cypress, TX 77429
281-516-6200
Fax:281-516-6206
(Facility will do their own assessment before acceptance)
Adults 18+
EDW's accepted
(No dementia)

Memorial Herman Medical Group Cypress
1314 Fm 1960 suite 120, Houston TX 77065
281-890-6446

Houston

West Oaks Hospital
6500 Hornwood Houston, TX 77074
Phone: 713-589-7945
Ages 5+
(no geriatric unit, no dementia patients)

Cypress Creek Hospital
17750 Cali Dr. Houston, TX 77090
Phone: 281-586-7600
Fax: 281-586-5903
Ages 13+
EDW's accepted
(Geriatric unit available, but no dementia)

SUN Behavioral Houston
7601 Fannin St. Houston, TX 77054
Phone: 713-766-5918
Fax: 832-323-1030
Ages 6+
Substance use and psychiatric services available
GBC CONTRACT HOSPITAL

Tobey B. (Vice President of Development) (832)-610-9191

Menninger Clinic
12301 Main St. Houston, TX 77035
Phone: 713-589-5860
Fax: 713-275-5107
Ages 12+
(No EDW/PON)
(Dementia case by case basis, no active eating disorders)

Behavioral Hospital of Bellaire
5314 Dashwood Dr. STE 300 Houston, TX 77081
713-600-9500
Fax: 713-600-9576
Ages 12+ (geriatric unit available)
EDW's accepted

Bayes Achievement Center
7517 TX-75, Huntsville, TX 77340
Phone: 936-291-3391
Monica Bayes Criswell 936-714-5783
*Residential treatment center and day school program for special needs students with significant behavioral difficulties (ages 6-22 years old).

OPI Houston
10514 Oberrehder Road, Needville, TX 77461
Phone: 979-985-3359
*Treatment to transition program that helps young adults (ages 18-28) develop life skills.

Kingwood
Kingwood Pines Hospital
2001 Ladbrook Dr., Kingwood, TX 77339
Phone: (281)-402-3341 Fax: (281)-404-1081
*Provides inpatient and outpatient services for ages 8 and up. Open 24/7 and takes walk-ins.

Sugar Land

Pam Voyages Behavioral Health
11931 S. Texas 6, Sugar Land, TX 77498
Phone: (281)-896-0112
https://voyageshealth.com/
*Provides inpatient services for mental health and substance use disorders for those aged 18 years and older. Walk-in evaluations are available 24/7.

SUBSTANCE USE TREATMENT

Local Agencies:

Gulf Bend Center
6502 Nursery Dr, Suite 100, Victoria, TX 77904
Phone: (361)-575-0611
*Provides mental health, intellectual and developmental disability, and substance use (outpatient) services to individuals residing in the following counties: Victoria, DeWitt, Calhoun, Lavaca, Jackson, Goliad, and Refugio. Intake screenings are completed on a walk-in basis Mon.-Fri. from 8 am to 4 pm.

Treatment Associates
107 Cozzi Circle, Victoria, TX 77901
Phone: (361) 572-3006
* *Parole and probation referrals only.* Substance abuse treatment, half-way house Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient. Private pay only. Spanish speaking available.

Billy T. Cattan Recovery Outreach, Inc. – *seen by appointment ONLY*
OSAR- (Tammy – 210-627-3066)
802 E. Crestwood, Victoria, TX 77901
Phone: (361) 576-HOPE (4673)
Hours of Operation: Monday-Thursday 9 am to 6 pm
*Outpatient treatment

Best Recovery Health Care, Inc.
1708 N. Laurent, Victoria, 77901
Phone: (361)-572-9122
*Methadone Clinic (Lortab, Heroin, etc.). Private pay only

UTHealth Texas Integrated Community Opioid Network
Community Health liaison: Mikayla Dinkins
Mikayla.Dinkins@uth.tmc.edu
Cell: (361)-281-4126
*Offers education, harm reduction, and prevention services for substance use disorder. Improves access to treatment providers and modalities and acts as a liaison to local agencies to address the needs of those with substance use disorder.

Regional Agencies:

La Hacienda Treatment Center (Hill Country Area)
145 La Hacienda Way Southwest, Hunt, TX 78024
Phone: (844)-975-0190
www.lahacienda.com
*Residential facility for alcohol and drug rehabilitation.

Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – *Detox and Rehab Service, no referral required, Adults (Male & Female)*
230 Mesa Verde Dr. E
Center Point, TX 78010
Phone: (833)-703-2035
https://www.starliterecovery.com/admissions/
*Accepts most major insurance, private pay, and some Medicaid. NO Medicare.

Promises Behavioral Health (Brazos Valley) –
3550 Normand Drive; College Station, TX 77845
Phone: (830)-396-4330
*Offers inpatient and outpatient rehabilitation for those challenged with substance use or co-occurring mental health disorders. Accepts most major insurances.

Hospitals with SUD Programs:
Cross Creek Hospital
8402 Cross Park Dr. Austin, TX 78754
Phone: 512-823-0570 or 888-238-1567
Ages: 12+ (geriatric unit available)
(Dementia patients accepted on case-by-case basis)
GBC CONTRACT HOSPITAL
Jodie Jude (Community Liaison): (512)-638-9325

SUN Behavioral
7601 Fannin St. Houston, TX 77054
Phone: 713-766-5918
Fax: 832-323-1030
Ages 6+
Substance use and psychiatric services available
GBC CONTRACT HOSPITAL
Tobey B. (Vice President of Development) (832)-610-9191

West Park Springs
6902 S. Peek Rd. Richmond, TX 77407
832-586-8569
Fax: 832-757-1006
Ages: 12+
GBC CONTRACT HOSPITAL
*Services include substance use and mental health treatment.

Children and Adolescents:

Local Agencies:

Mid-Coast Family Services—Youth Prevention Services
2010 N Navarro Ste. A
Victoria Tx 77901
Phone: 361-575-7842
*Provides drug and alcohol prevention services in Calhoun, DeWitt, Gonzales, Jackson, Lavaca, and Victoria counties. Education is facilitated through curriculum-based support groups for ages 6-12.

Independent Living

Administration for Community Living
Eldercare Locator Hotline: 800-677-1116
Disability Information Access Hotline: 888-677-1199

https://acl.gov/help/getting-started
*Supports the needs of the aging and disability populations and improves long-term and health care services.

Affectionate Arms Adult Care
3802 John Stockbour Dr. Victoria TX
361-578-9067
affectionatearms@sbcglobal.net
*Adult daycare for vets, elderly/disabled adults.
*offers health and social services.

Eating Disorder Treatment

Eating Recovery Center Dallas/Plano
5120 Legacy Dr., Plano Tx 75024
Phone: (469)-613-1722
*Services include treatment for eating disorders, orthorexia, anorexia nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, OSFED for adults, children, and adolescents. Levels of care include inpatient, on-site intensive outpatient, partial hospitalization, and residential.

Eating Recovery Center Dallas/Plano-Baylor Campus
4708 Alliance Blvd #300, Plano, TX 75093 & 4716 Alliance Blvd #400, Plano, TX 75093
Phone: (972)476-0800
*Services include treatment for eating disorders, orthorexia, anorexia nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, OSFED for adults, children, and adolescents. Levels of care include inpatient, partial hospitalization, and residential.

Center for Discovery Eating Disorder Treatment Addison
14131 Midway Rd. STE. #112, Addison, TX 75001
Phone: 888-491-4738
*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

Center for Discovery Eating Disorder Treatment Plano
5124 Corinthian Bay Dr., Plano, TX 75093
Phone: 888-491-4738
*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 9-18 years old. Level of care is residential treatment.

Eating Recovery Center Austin
12221 Renfert Way #250, Austin, TX 78758
Phone: (512)-814-8255
*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for

adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

Center for Discovery Eating Disorder Treatment Austin
1717 West 6th St. STE 300, Austin, TX 78703
Phone: 855-967-2788
*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

Eating Recovery Center Houston
7515 S Main St. #400, Houston, TX 77030
Phone: (713)-750-9607
*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

Eating Recovery Center The Woodlands
17350 St Lukes Way STE 220, The Woodlands, TX 77384
Phone: (281)-465-9229
*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

Center for Discovery Eating Disorder Treatment Houston
8588 Katy Freeway STE 440, Houston, TX 77024
Phone: 888-491-4738
*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

Center for Discovery Eating Disorder Treatment Cypress
17515 Swansbury Dr., Cypress, TX 77429
Phone: 888-491-4738
*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 16-23 years old. Level of care is residential treatment.

Esperanza Eating Disorders Center
140 Heimer Rd #400, San Antonio, TX 78232
Phone: (210)-253-9763
*Services include treatment for anorexia, bulimia, binge eating disorder, ARFID, and OSFED for adults and adolescents. Levels of care include partial hospitalization, intensive outpatient, and outpatient.

Eating Recovery Center Texas-Virtual Programs
Virtual Programming
Phone: (866)-489-5497
*Services include treatment for eating disorders and binge eating disorders for adults, children, and adolescents. Level of care is virtual intensive outpatient.

SUPPORT GROUPS (Alcohol)

North Loop Group Alcoholics Anonymous
Holy Family Catholic Church
704 Mallet Dr., St. Donald Hall-Bldg B
Tuesdays, 7-8 pm

Mainstream Alcoholics Anonymous
St. Francis Episcopal Church
3002 Miori Lane Victoria, TX 77901
Monday-Thursday and Saturday at noon

Cuero Burning Desire
Meets Mondays and Fridays at 7pm
Cuero Public Library
207 E Main St, Cuero, TX 77954
Phone: (361)-275-2864

SUPPORT GROUPS (Al-anon)

www.texas-al-anon.org
Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

Live and Let Live AFG
Fridays at 7pm
Grace Presbyterian Church
3604 N Ben Jordan St. Victoria, Tx 77901
*In library of the Fellowship Hall

Park Avenue AFG
Tuesdays at 12pm
First English Lutheran Church Office Building
516 N Main St. Victoria, TX 77901

AA Meeting
Meets on Mondays, Thursdays, and Saturdays at 7pm
Christ the Victor Lutheran Church, Friendship Room (enter through the side door)
202 Stanley, Victoria TX
Phone: (361) 575-4363
*Zoom is also available. Meeting ID: 6626211099, Passcode: 218223

SUPPORT GROUPS (Substance Use)

Mondays at 7pm
Grace Presbyterian Church
3604 Ben Jordan

Tuesdays at 7pm (Women's meeting)
Sisters Seeking Solutions
401 S. Moody, Victoria, TX

Tuesdays at 7pm
St. Fracis Church
3002 Miori Ln. Victoria, TX

Wednesdays at 7pm
St. Francis Church
3002 Miori Ln, Victoria, TX

Thursdays at 7pm
Salvation Army
1302 N Louis St, Victoria, TX

Thursday at 7pm
St. Francis Church 3002 Miori Ln. Victoria, TX

Fridays at 7pm
St. Francis Church
3002 Miroi Ln, Victoria, TX

Saturday 12pm
St. Francis Church
3002 Miroi Ln, Victoria, TX

Sundays at 6pm
St. Francis Church
3002 Miori Ln, Victoria, TX

*Helpline: 361-992-2113
*Visit www.cbana.org for up-to-date meeting schedules

Substance Use Group Counseling
Meets Monday from 1:15pm - 2:15pm
Gulf Bend Center, Group Counseling Room
6502 Nursery Dr, Ste. 100, Victoria, TX
*For more information, please text or call Ashley Surber, Substance Use Counselor, at 361-433-7478

Seeking Safety Group
Meets Thursdays from 10:00am -11:30am
Gulf Bend Center, Group Counseling Room

6502 Nursery Dr, Ste. 100, Victoria, TX
*For more information, please text or call Monica Nicholas, Substance Use Counselor, at 361-412-8262

SUPPORT GROUPS (other addictions)

Sex Addicts Anonymous
www.sexaa.org

SUPPORT GROUPS (Alzheimer's)

Alzheimer's Support Group (Victoria)
Morada Vicotria
9606 NE Zac Lentz Parkway
Phone: 361-582-2100
*Call if interested in meeting times.

SUPPORT GROUPS (grief)

Widows, Widowers, and Bereavement Support Group (also open to divorcees)
Usually meets on the 1st Tuesday of the month at 3:30pm (call for exact dates)
Our Lady of Sorrows, Trinity Hall
208 W River St, Victoria, TX
*For more information, contact 361-575-2293

Hospice of South Texas Grief Support Group
Please call to register to attend.
Phone: 361-572-4300
605 E Locust, Victoria, TX
*Meetings are open and held on Tuesdays from 10am -11:15am. Meetings are free and provided for all who have experienced a loss.
https://hospice-vic.org/how-we-help/grief-support/
*online individual and group counseling available

Support Groups (General)

Parkway Church—Pathway Groups, Help for Hurting People
Meets on Mondays at 6:30pm
Parkway Victoria, 4802 N. John Stockbauer Dr, Victoria, TX

Meets on Tuesdays at 6:30pm
Parkway Port Lavaca, 2400 Highway 35 S, Port Lavaca, TX

Phone: 361-572-8340

CELEBRATE RECOVERY

Faith Family Church
Meetings are on Thursday evenings starting at 7pm (complimentary meal at 6 pm)
2002 East Mockingbird, Victoria, TX 77901

Phone: 361-573-2484
*Free childcare is available for those who attend classes. There are different celebrate recovery groups including for teens, women's step study, and men's step study.
https://myffc.com/celebrate-recovery

TEENS SUPPORT GROUPS

Faith Family Church
Meetings are on Thursday evenings starting at 7pm (complimentary meal at 6 pm)
2002 East Mockingbird, Victoria, TX 77901
Phone: 361-573-2484
*Free childcare is available for those who attend classes. There are different celebrate recovery groups including for teens, women's step study, and men's step study.
https://myffc.com/celebrate-recovery

Infant Loss & Miscarriages Support Group

Little Bears of Comfort Foundation
Email: littlebearsofcomfort@gmail.com
https://www.littlebearsofcomfortfoundation.org/
*Nonprofit that offers support to anyone (women, men, or children) who has experienced a miscarriage or the loss of in infant (does not have to be recent). Offers in-person and virtual support group meetings, guidance, and support surround the grief associated with infant loss and miscarriage.

VICTIMS OF ASSAULT

The Harbor, Children's Alliance & Victim Center
Phone: 361-552-5683
24/7 Crisis Hotline: 361-552-4357
Report Abuse: 1-800-252-5400
215 W Railroad, Port Lavaca, TX 77979
*Services include children's/family/individual advocacy services, sexual assault crisis services, family violence services, counseling, case management, and legal services.

Mid-Coast Family Services
Phone: 361-575-7842 or 1-800-870-0368
24/7 Hotline- 361-573-4357
2010 N Navarro Suite A, Victoria, TX 77901
*Services include battering intervention & prevention, family violence prevention and services (including a domestic violence shelter), sexual assault services, housing & rental assistance, youth services, and FAYS (family and youth success) services.

Legal Aid for Survivors of Sexual Assault (LASSA)
Phone: (844)303-7233, Option 1
Monday-Friday 9am -7pm
https://lassatexas.org/
*Free and confidential legal services for survivors of sexual assault. Attorneys answer all calls. Callers can remain anonymous and may reach out if they have not reported to law enforcement.

Victoria Police Department, Victim Services
306 S Bridge St., Victoria, TX
Phone: (361)-485-3700
https://www.victoriatx.gov/554/Victim-Services

Hope of South Texas
3805 E Rio Grande, Victoria, Texas 77901
Mon-Fri 8:30am to 5:30pm
Phone: 361-573-4673
Email: info@hopecenterstx.org
https://hopecenterstx.org/what-we-do/
*Provides a safe, child-friendly environment where law enforcement, child protective services, prosecution, medical, and mental health professionals may share information and develop effective, coordinated strategies sensitive to the needs of each unique case and child.

Military Supports

Veteran Services Office
Victoria County Public Health building
2805 North Navarro Street, Rm. 501, Victoria, Texas, TX 77901
Phone: (361) 582-5810
Monday-Thursday: 8am -4pm
Friday: 8 am-3 pm
Closed: Lunch- 12 pm-1 pm, Weekends, and Holidays
https://www.vctx.org/page/veterans

Endeavors
602 North Staples St., STE 190, Corpus Christi, TX 78401 (closest location)
Phone: (361)-356-3649 or (210)-431-6466
https://endeavors.org/
*Provides services for Veterans and their families including rental assistance, housing search and placement, temporary financial assistance, referrals to community resources, outreach, and connection to VA benefits and services. Based in San Antonio, but services Victoria and surrounding counties.

Victoria VA clinic Outpatient
311 Spring Green Blvd., Victoria, TX 77904
Hours: Monday-Friday 8am to 4:30pm
Phone: 361-582-7700
Phone (mental health care): (210)-617-5300
https://www.va.gov/south-texas-health-care/locations/victoria-va-clinic/#health-care-offered-here
******Veteran's Crisis Hotline – 800-273-8255******
*Services include laboratory & pathology testing, mental health care, nutrition & dietary care, podiatry, primary care, social work, and telehealth. Must be enrolled in VA health care and registered as a patient at South Texas Veterans Health Care System before making an appointment.

Military Veteran Peer Network
Oscar Pulido, Peer Support Specialist (Victoria, Calhoun, Lavaca, Refugio, Jackson, DeWitt, and Goliad counties)
Phone: 361-935-0753

PARENTING

Mid-Coast Family Services—FAYS Services
Phone: 361-575-7842 or 1-800-870-0368
24/7 Hotline- 361-573-4357
2010 N Navarro Suite A, Victoria, TX 77901
*Services include battering intervention & prevention, family violence prevention and services (including a domestic violence shelter), sexual assault services, housing & rental assistance, youth services, and FAYS (family and youth success) services.

VISD Connections
3002 E. North St. Ste. J, Victoria, TX
Phone: 361-788-9909
Monday-Friday 8am -4:45 pm (closed for VISD holidays/breaks)
*Provides assistance to VISD students, families, and employees with clothing, hygiene items, food, and referrals for other community resources. Assistance is on a case-by-case basis.

Victoria County Public Health Department-WIC of Victoria
2805 N. Navarro St., Victoria, TX
Phone: (361)-578-2884
https://www.vcphd.org/page/health.wic.home
*Serves eligible families from the moment they find out they're pregnant to the child's 5th birthday. Provides services such as providing healthy foods, breastfeeding support, nutrition classes, etc. to Calhoun, DeWitt, Jackson, Goliad, Lavaca, and Victoria counties.

Victoria County Public Health Department-Texas Home Visiting
2805 N. Navarro St., Victoria, TX 77901
Phone: (361)-578-6281, Ext. 3808
https://www.vcphd.org/page/health.home.visiting.home
*Serves eligible families in Victoria county with parenting education and support including any questions about parenting and local resources. Provides services to anyone (including parents, grandparent, foster parents, or other caregivers) who is expecting a child or who has a child who has not started kindergarten yet.

Victoria County-Family Connects
S.T.A.R.S. Clinic
4208 Retama Cir., Victoria, TX 77901
Phone: (361)-575-0681
Hours: Mon-Thurs 9am to 4pm
https://www.vcphd.org/page/health.home.visiting.family.connects
*Nurse home visiting program for families with newborns 3-12 weeks old in Victoria County. Nurses can address several of the family's needs such as baby weight checks,

mom health checks, postpartum depression screenings, childcare options, financial resources, parent support groups, etc.

RELATIONSHIPS

Support Group on Relationships
Wednesdays at noon
Gulf Bend Wellness Community
1009 Nimitz.
Victoria, TX 77904
(Meets in the Community Room with Lane Johnson, M. Div., LCP-S and Stanley Schweke)
No charge

GAY, LESBIAN, BISEXUAL & TRANSGENDER

Montrose Counseling Center
401 Branard St., Houston, TX 77006
Phone: 713-529-0037
24-hour helpline: 713-529-3211
www.montrosecounselingcenter.org
*Provides counseling and other social services for LGBTQ and HIV+ individuals. Services include case management, counseling, gender-affirming care, housing assistance, and substance use treatment.

The Trevor Project
24-hour helpline: 1-866-488-7386
Text "START" to 678-678
https://www.thetrevorproject.org/
*Crisis support for LGBTQ young people.

AUTISM

Victoria Association for Citizens with Disabilities
P.O. Box 7164, Victoria, TX 77903
*Provides social support and events for members. The membership fee is $12 per member. People can join VACD during the yearly membership drive, which usually occurs during the months of September and October. Letters and notes can be sent to VACD through their PO Box—be sure to include a valid mailing address and/or phone number for VACD personnel to reach you.

Driscoll Children's Hospital—Developmental Pediatric Medicine
3533 S. Alameda St., Sloan Bldg. 4th floor, Corpus Christi, TX 78411
Phone: 361-694-5650
*Offers testing for: autism, cognitive abilities, academics, language development, and memory functions. Must have referral from primary care physician to schedule an evaluation.

CRISIS HOTLINES

Suicide and Crisis Hotline
988
*Offers 24/7 call and text access to trained crisis counselors.

Gulf Bend Center MHDD
24/7 Crisis Hotline: 1-877-SAFE-GBC (1-877-723-3422)

Mid Coast Family Services
Domestic Violence and Sexual Assault Hotline: (361)-573-HELP(4357) or (800)-870-0368

The Harbor
24-hour Crisis Hotline: (361) 552-5683
*Domestic violence, sexual assault, abuse, etc.

Department of Protective and Regulatory Services Child Protective Services (CPS) Adult Protective Services (APS)
Phone: 1-800-252-5400

VA (Veteran's) Crisis & Suicide Hotline
Call 988 and select 1
Text 838255
If you have hearing loss, call TTY: 800-799-4889

National Maternal Mental Health Hotline
1-883-852-6262

Trans Lifeline
Peer support hotline ran by trans people for trans and questioning people: 877-565-8860
https://translifeline.org/

NAMI National Warmline Directory
A Warmline is a peer-run hotline that offers callers emotional support and is staffed by trained peers and volunteers who have been through their own mental health struggles and know what it's like to need help. Warmlines are free and confidential.

https://www.nami.org/wp-content/uploads/2025/11/Warmline-Directory-as-of-Nov-20-2025.pdf

Warmlines:
The Crisis Contact Line – (615)-244-7444 (calling) or (615)-502-4373 (24/7, Spanish speakers available)

An Ear to Listen and a Passion to Care: (844) 755-4673 (M-F 12 noon - 10pm-CST, Spanish speakers available)

TX MHA Texas Warm Line - (817) 546-7826 (M-F 8am - 5pm CST)

HEALTH DEPARTMENTS

Dewitt County **(361) 275-0920**
Victoria County **(361) 578-6281**

TEXAS HIV/STD

Victoria County Public Health Department—HARP (HIV/AIDS Resource Program)
2805 N Navarro St., Victoria, TX 77901
Phone: (361)-578-6281, Ext. 3801
Hours of Operation: Mon.-Thurs., 8 am-5:30 pm (closed for lunch 12 noon-1 pm); Friday 7:30 am-1:30 pm
https://www.vcphd.org/page/health.harp.home
*Provides resources and services for individuals living with HIV/AIDS.

Victoria County Public Health Department—Public Health Nursing
2805 N Navarro St., Victoria, TX 77901
Phone: (361)-578-6281, option 3
Hours of Operation: Mon.-Thurs., 8am -5:30pm (closed for lunch 12 noon -1pm); Friday 7:30am -1:30pm
https://www.vctx.org/page/health.nursing.stds
*Offers testing and treatment for HIV, Syphilis, Gonorrhea, Chlamydia for $50 (14 years and older).

TEXAS HIV/STD INFOLINES

CDC: 1-800-CDC-INFO (1-800-232-4636)

Texas HIV/AIDS Hotlines:
737-255-4300
1-800-299-AIDS
1-800-299-2437 (en Espanol)
www.dshs.state.tx.us/hivstd

PREGNANCY

The Gabriel Project of the Crossroads
Phone (24/7 line): (361)-576-1156
*Provides services to pregnant women 18 years and older throughout their pregnancy. These services can include educational assistance, materials (e.g. car seats), and one-on-one point of contact for the duration of their pregnancy. The Bethleham Maternity Home is also available for homeless pregnant women until their child is 1 year old. Call phone number listed to begin receiving services.

Victoria County Public Health Department-WIC of Victoria
2805 N. Navarro St., Victoria, TX
Phone: (361)-578-2884
https://www.vcphd.org/page/health.wic.home
*Serves eligible families from the moment they find out they're pregnant to the child's 5th birthday. Provides services such as providing healthy foods, breastfeeding support, nutrition classes, etc. to Calhoun, DeWitt, Jackson, Goliad, Lavaca, and Victoria counties.

Victoria County Public Health Department-Texas Home Visiting
2805 N. Navarro St., Victoria, TX 77901
Phone: (361)-578-6281, Ext. 3808
https://www.vcphd.org/page/health.home.visiting.home
*Serves eligible families in Victoria county with parenting education and support including any questions about parenting and local resources. Provides services to anyone (including parents, grandparents, foster parents, or other caregivers) who is expecting a child or who has a child who has not started kindergarten yet.

DNA TESTING

Any Lab Test Now
5309 N Navarro St, Victoria, TX 77904
Phone: 361-252-9581
Hours: M-F 8:30am to 4:30pm
*Offers tests for DNA, STDs, general health, and drugs and alcohol. Pricing varies depending on the tests.
Pricing: https://www.anylabtestnow.com/victoria-77904/

Area Primary Care Providers

DeTar Family Medicine Center (Residency Clinic)
501 E Colorado St.
Phone: (361)-579-8300
Hours: M-Th 8am to 5pm & Fri 8am to noon
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts all major insurances, Medicaid, and Medicare.
Dr. Steve Huffman, M.D.
Dr. Karim Heras, M.D.
Dr. Amanda Arauz Tobar, M.D.
Dr. Mark Apopot, M.D.
Dr. Victoria Oneill, M.D.
Dr. Kenneth Roca, M.D.
Dr. Pauline Roxas, M.D.
Dr. Sergio Mejia, M.D.
Dr. Rabia Shahid, M.D
Dr. Stella Fedele, M.D.
Dr. Amal Mohamed M.D.

DeTar Medical Group Primary Care-South
601 E San Antonio St., Ste. 203 W, Victoria, TX 77901
Phone: (361) 575-8585
Hours: M-Th 8am to 4:30pm & Fri 8am to noon
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare.
Providers:
Dr. Jasvinder Sidhu, M.D.

DeTar Medical Group Primary Care-North
9006 N. Navarro St., Ste. B, Victoria, TX 77904
Phone: (361)-485-0500
Hours: M-Th 8am to 6pm
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare. Provider is fluent in Spanish.
Provider:
Jared Nielson N.P.

Citizens Medical Center Convenient Care
2603 Hospital Dr., Victoria, TX 77901
Phone: (361)-582-5685
Hours: M-Th 8am to 5pm & Fri 8am to noon
Website: https://www.citizensmedicalcenter.org/page/convenient-care
*Currently accepting new clients. Accepts most major insurances, Medicaid, and Medicare. Has a provider who is fluent in Spanish.
Provider:
Dr. Julia Flores, MD (Spanish speaking)

WellMed at Victoria Station
4502 N Laurent St., Victoria, TX 77901
Phone: 361-580-1111
Hours: M-F 8am to 5pm
*Currently only accepting Medicare and Medicare advantage patients. Accepts BCBS, United Healthcare, Aetna, Medicare, and some Medicare Advantage plans.
Providers:
Dr. Kishan Chand, MD
Kurt Killebrew

Sleep and Family Medicine
202 James Coleman Dr., Victoria, TX 77904
Phone: 361-573-4000
Hours: M-F 8am to 5pm
Website: https://sleepandfamily.com/
*Currently accepting new patients, but not those with Medicaid or self-pay. Accepts most major insurances and Medicare. Has providers fluent in Spanish.
Providers:
Dr. Gustavo Sandigo (Spanish speaking)
Dr. Grant Henry

Dr. Eliezer Castaneda (Spanish speaking)
Dr. Rasendu Vasavada

Crossroads Health Center
4504 North Laurent Street, Victoria, Texas 77901
Phone: (361) 573-9999
Hours: M-F 8a to 6p; Sat 9am to 4pm; Sun 9am to 2pm
*Currently accepting new patients. Accepts most major insurances, Medicaid, and Medicare.
Providers:
Dr. John Van Metre, M.D.
Dr. Sanjeev Bhatia

Pillar Family Health Care
303 E. Airline Rd., Ste. 1, Victoria, TX
Phone: (361)-649-3451
Hours: M-F 8am to 5pm
*Currently one provider is accepting new clients (Beverly Martin). Accepts most major insurance (no WellMed) and Medicare.
Providers:
Kerri Pillar, APRN, FNP-C
Beverly Martin, APRN, FNP-C

American Regional Health Center
102 Springwood Dr., Victoria, TX, 77904
Phone: (361)-576-2222
Hours: M-F 8am to 5pm
*Currently accepting new clients. Accepts most major insurances, Medicaid (only for clients under 40 y/o), and Medicare. Has providers who are fluent in Spanish.
Providers:
Dr. Kathleen Steiner, MD
Dr. Veronica Guel-Valdivia, MD (Spanish speaking)
Dr. Anglela Klawitter, MD
Dr. Braden J. Coleman, MD
Dr. W. Jacob Cobb, MD (Spanish Speaking)

Community Health Centers of South-Victoria Community Health Center
4206 Retama Circle, Victoria, TX 77901
Phone: (361)-576-2110
Hours: M, W, Th, & F 8am to 5pm and Tues. 8am to 8pm
https://communityhealthtx.com/clinics/victoria/
*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.
Providers:
Dr. Jay Siu, MD
Dr. Jose Castaneda M.D. (Spanish Speaking)

AREA DOCTORS that accept Medicaid

Airline Pediatrics
601 Airline Rd., Victoria, TX 77901
Phone: (361) 575-8500
*Provides care for newborns, children, and adolescents. Accepts Medicaid and most private insurance.

Coastal Skin Care & Wellness Center (Dermatology)
2705 Hospital Dr Ste 100 (across from Citizens Hospital), Victoria, TX 77901
Phone: (361) 579-4700
Hours: M-T: 8a to 5p; Fri: 8am to 1pm
https://www.coastalskincenter.com/
*Accepts Medicaid and Medicare.

American Regional Health Center
102 Springwood Dr., Victoria, TX 77904
Phone: (361) 576-2222
Hours: Monday-Friday 8am-5pm
*Family medicine practice. Accepts Medicaid and most insurance.

Community Health Centers of South-Victoria Community Health Center
4206 Retama Circle, Victoria, TX 77901
Phone: (361)-576-2110
Hours: Mon., Wed., Thur., Fri.—8am to 5pm & Tues.—8am to 8pm
https://communityhealthtx.com/clinics/victoria/
*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.

DeTar Family Medicine Center (Residency Clinic)
501 E Colorado St.
Phone: (361)-579-8300
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts all major insurances, Medicaid, and Medicare.

Sleep and Family Medicine
202 James Coleman Dr., Victoria, TX 77904
Phone: 361-573-4000
Website: https://sleepandfamily.com/
*Currently accepting new patients, but not those with Medicaid or self-pay. Accepts most major insurances and Medicare. Has providers fluent in Spanish.

Crossroads Health Center
4504 North Laurent Street, Victoria, Texas 77901
Phone: (361) 573-9999
*Currently accepting new patients. Accepts most major insurances, Medicaid, and Medicare.

Citizens Medical Center Convenient Care
2603 Hospital Dr., Victoria, TX 77901

Phone: (361)-582-5685
Website: https://www.citizensmedicalcenter.org/page/convenient-care
*Currently accepting new clients. Accepts most major insurances, Medicaid, and Medicare. Has a provider who is fluent in Spanish.

DeTar Medical Group Primary Care-South
601 E San Antonio St., Ste. 203 W, Victoria, TX 77901
Phone: (361) 575-8585
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare.

DeTar Medical Group Primary Care-North
9006 N. Navarro St., Ste. B, Victoria, TX 77904
Phone: (361)-485-0500
Website: https://www.mydetardoctor.com/doctors-providers
*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare. Provider is fluent in Spanish.

Area Dentists that accept Medicaid

Community Health Centers of South-Victoria Community Health Center
4206 Retama Circle, Victoria, TX 77901
Phone: (361)-576-2110
Hours: Mon., Wed., Thur., Fri.—8am to 5pm & Tues.—8am to 8pm
https://communityhealthtx.com/clinics/victoria/
*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.

GENERAL DENTAL ASSISTANCE

Affordable Dentures and Implants
4002 S. Padre Island Dr., STE #104, Corpus Christi, TX 78411
Phone: (361)-761-8717
*Offers affordable dental services including dentures, extractions, and implants. First consultation visit is free and offers financing options. Does not file insurance claims.

AREA HOSPITALS/CLINICS

Victoria County

Citizens Medical Center	(361) 573-9181
Detar Hospital	(361) 575-7441
Detar North	(361)-573-6100

Jackson County

Jackson County Hospital	(361) 782-7800

Dewitt County
Cuero Regional Hospital (361) 275-6191

Lavaca County
Yoakum Community Hospital (361) 293-2321
Lavaca Medical Center (361) 798-3671

Calhoun County
Memorial Medical Center (361) 552-6713

Refugio County
Refugio Co. Memorial Hospital (361) 526-2321

Goliad County
Goliad Family Practice (361) 645-8235

CPR and First Aid Training

Victoria College
Heartsaver (First Aid, CPR, and AED for non-healthcare providers)-$70
Basic Life Support for Healthcare Providers-$90
2200 E. Red River St. Victoria TX 77901
Allied Health Building Room 112
Phone: 361-582-2412
*Pre-registration is required and can be done by stopping by the office or at https://www.victoriacollege.edu/Explore/ProgramsCourses/HealthCareers/AlliedHealthCE.

Citizens Medical Center
Heartsaver First Aid Class (for non-healthcare providers)-$40
Heartsaver CPR/AED (for non-healthcare providers)-$45
Heartsaver Class (for healthcare providers)-$60
Safe Sitter Babysitting Class
2701 Hospital Dr. Victoria, TX 77901
Phone: (361)-570-7277
*Must call ahead to register and pay.

PRESCRIPTION ASSISTANCE

Many local hospitals have indigent programs and/or patient assistance programs available throughout the county.

Pharmaceutical companies can also be contacted directly for assistance.

First United Methodist Church
407 N. Bridge, Victoria, TX 77901
Phone: 361-578-2701 or 361-576-5553

*Call either of the phone numbers above to request prescription assistance. There is also a free clinic through DeTar and FUMC every month. People must call ahead to schedule an appointment with the clinic.

Be Well Victoria
2805 N. Navarro St. Victoria TX 77901
Phone: 361-578-6281
*Partnered with St. Vincent De Paul North Texas. Call to schedule an appointment for prescription assistance.

Calhoun County Indigent Health Care Program
Memorial Medical Center
815 N. Virginia St., Port Lavaca, TX 77979
Phone: (361) 552-6713

Prescription Assistance Program – Dewitt Co/Cuero
106 W Reuss Blvd, Ste C, Cuero, TX
361-275-3103
First and Third Wednesday 8:30am -12pm

First United Methodist Church –Edna
216 W Main, Edna, TX
Phone: 361-333-5516
*Provides prescription assistance for the uninsured and underinsured. Does not assist with narcotics.

Healthy South Texas—Medication Assistance Program
Phone: 1-866-524-1408
https://healthytexas.tamu.edu/medication-assistance-2/
*Helps people without insurance or limited prescription coverage. Call to schedule an appointment. Must have a state ID, social security card, proof of income, and a prescribing physician.

St. Vincent de Paul
https://www.svdpdallas.org/pharmacy/st-vincent-pharmacy
(469)-232-9902
*provides help paying for prescriptions state wide.

Pfizer RxPathways Assistance Program
1-844-989-PATH (7284)
www.pfizerrxpathways.com
*Provides free Pfizer medicines to eligible patients. To be eligible, must have valid prescription, be uninsured or government insured and unable to afford copay, meet income guidelines (varies per medicine), and be treated by a healthcare provider licensed in the US.

Healthwell Foundation
Phone: 800-675-8416
Hours: Mon.-Fri. 9 am to 5 pm EST
https://www.healthwellfoundation.org/about/what-we-do/

*Provides financial assistance for prescription copays, premiums, deductibles, coinsurance, pediatric treatment cost, travel costs, and behavioral health services for those who are underinsured with chronic or life-altering diseases. Must apply online or on the phone system.

Novartis Patient Assistance
Phone: 800-277-2254
https://www.novartis.com/us-en/patients-and-caregivers/patient-assistance/patient-assistance-foundation-enrollment
*Provides Novartis medications to eligible patients at no cost. To be eligible, patient must live in the US, be treated by a provider on an out-patient basis, and meet income guidelines. Must complete an enrollment application, which can be found on Novartis website.

El Roi Community Outreach
Contact Stephania Cadengo: 361-582-9509
https://elroioutreach.org/

Medicare Part D Extra Help Program
Phone: 1-800-772-1213
https://www.ssa.gov/medicare/part-d-extra-help
*Helps eligible Medicare Part D recipients with the cost of prescription drugs (deductibles and copays). Must provide income and resource information when applying to determine eligibility.

PAN Foundation
Phone: 866-316-7263
https://www.panfoundation.org/
*Provides financial assistance for treatment costs and education on specific diseases that are listed in their current disease fund. To be eligible, people must fall below the federal poverty level listed in their specific disease fund, treatment/medication must be covered by disease fund, and have health insurance that covers treatment.

Patient Advocate Foundation
Phone: 1-866-512-3861
https://copays.org/patients-family/
*Provides financial assistance for copays, coinsurance, and deductibles to eligible people with diseases in the current disease fund. Must complete application for assistance via online or phone. Once complete, the person will know immediately if they are approved or denied.

FOOD

Victoria

Texas Health and Human Services (food stamps office)
Hours: Mon – Fri from 8:00am – 5:00pm
2306 Leary Ln, Victoria, TX
Phone: 361-578-3523

WIC Clinic-Victoria

Hours: Mon. – Thurs. from 8:00am – 5:30pm (Closed for lunch 12- 12:30 pm)
Friday from 8:00 a.m. – 12:00 noon
Extended Hours: 2nd & 4th Monday of the month 5:30pm to 7 pm and 2nd & 4th Saturday of the month 8am to 12 noon.
2805 N. Navarro, Victoria, TX
Phone: 361-578-2884
*Provides services for families from the time they find out the mother is pregnant to the child's 5th birthday. Some services include providing healthy foods, breastfeeding support, and nutrition classes. To schedule an appointment at the Victoria location or any of the satellite clinics, call the main line (361-578-2884)

VCAM (Victoria Christian Assistance Ministries)
Hours: Mon. – Fri. from 9:00am. – 12:00 noon
108 N. Liberty, Victoria, TX
Phone: 361-572-0048
*Provides food and clothing assistance. When funds are available, helps with gas cards (for medical appointments only), utilities (water and electric), and prescriptions (not currently providing utility, prescription, or gas assistance as of 2/1/24).

Christ's Kitchen
Hours: Mon. – Fri. from 7:00am – 1:00pm
611 E. Warren, Victoria, TX
Phone: 361-578-4233
*Provides one hot meal daily (Monday-Friday).

Food Bank of the Golden Crescent
801 S Laurent St., Victoria, TX
Hours: Mon.-Friday 8am to 12pm & 1pm to 4:30pm
https://www.tfbgc.org/
*Provides assistance with social services such as filling out SNAP, Medicaid, TANF, etc. Distributes food products to partner agencies—does not directly distribute food to individuals from site.

Meals On Wheels South Texas
603 E Murray, Victoria TX 77901
Phone: 361-576-2189
Hours: 8 am-2 pm (phone)
Connection Café: 10:30am -1:00pm *times and dates may change monthly due to activities.
*Serves seniors in Victoria County, Cuero, and Thomaston. Provides mobile meals, the Connection Café (meals and activities onsite daily from 9:30-11:30am. Reservation required), pet food and basic veterinary assistance, volunteers who check on clients' well-being, library 2 go (partnership with Victoria Public Library to bring clients library materials), and other programs and events.

Gulf Bend Center—Wellness Community
1009 N Nimitz St., Victoria, Tx 77901
Phone: 361-703-5161
Hours: Mon-Friday 8am-noon

*GBC Staff must complete an application with the client. Must schedule food bag/box pickup at least 24 hours in advance.

St. Mary's Church—St. Vincent de Paul Society Food Pantry
101 W. Convent St., Victoria, TX (Please line up along Convent St, beginning at the intersection of Main and Convent)
Phone: 361-572-8723
Food Distribution: Every Tuesday (except the 1st Tuesday of the month) from 2:30 pm to 4 pm.

St. Vincent de Paul Society
Phone: (361)-648-1867
*Provides assistance (food, rent, utilities, etc.) when funds are available. People must leave a voice message with their name and call back number between 10am and 3pm on Tuesdays & Thursdays. Volunteer staff will return the call once they are available.

C3 Victory Church
1604 E Crestwood, Victoria, TX
Phone: 361-573-5930
*Offers a food pantry on the 1st and 3rd Tuesdays of each month from 12 -3:30pm. Also offers free showers on Tuesdays and Thursdays from 8:30am to 11:30am.

Pirate Pantry
University of Houston-Victoria and Victoria College
3007 N Ben Wilson St, Jaguar Hall, Ste. 1135, Victoria, TX 77901
Hours: Wed & Thurs from 12:30pm to 3pm
*For currently enrolled UHV and VC students only. Free and anonymous resource to give students access to food and hygiene products at least once per week. Students can also place orders online through the JP's Market Pick-Up Order Form on JagSync. Please contact Molly Duke at 361-485-4457 for more information.

El Roi Community Outreach
Contact Stephanie Cadengo: 361-582-9509
https://elroioutreach.org/

Victoria Farmer's Market
2805 N. Navarro St, Victoria, TX
Phone: (361)-218-9246
Hours: Wednesdays & Saturdays from 9am to 12pm
*Local vendors sell produce, meats, and other food & homemade products. SNAP/EBT funds are now accepted.
*Double up food bucks program. Match up to $25 of SNAP/EBT for credit at the farmers market.

Our Savior's Lutheran Church
4102 N. Ben Jordan, Victoria, TX
Phone: (361)-575-4305
Hours: 2nd and 4th Tuesday 4:00pm-5:00pm
JUNE–SEPTEMBER: 10:00–11:00 AM OCTOBER–MAY: 4:00–5:00 PM

Faith Family Church
2002 E. Mockingbird Lane, Victoria, TX
Phone: 361-573-2484
Hours: Sunday 8:30am – 12:30pm
Monday, Tuesday, Thursday 12:00pm - 3:00pm
Wednesday 12:00pm - 7:00pm

For His Glory Outreach Ministry
Pastor Mary Price
Phones: (361)-655-6266 & (361)-703-3417
Email: 4HzGloryORM@gmail.com
*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

City Harvest Food Pantry
2802 Lone Tree Rd, Victoria, 77901
361-576-9966
*1st Tuesday of the month 1:00pm – 3:00pm

Rushing Winds Food Pantry
1008 N. Laurent #D Victoria, 77901
Monday – Wednesday 10:00am to 1:00pm

Salvation Army Food Pantry
1304 N. Louis St, Victoria 77901
Monday and Friday 9:00am – 3:00pm

Victory Christian Life Center
1604 E. Crestwood Dr, Victoria, 77901
1st and 3rd Tuesday of the month 1:00pm to 3:00pm

Victoria County

Bloomington St. Patrick's Church
13316 State HWY 185, Bloomington TX, 77951
1st Thursday of the month 8:30am -11am

Telferner United Methodist Church
127 East St. Victoria, TX 77905
*Provides a food pantry on the 3rd Friday of each month from 3pm to 5:30pm. People must reside in Telferner or in the surrounding area to enroll in the food pantry.

Calhoun County
Calhoun County Community Ministries
331 Alcoa Dr., Port Lavaca, TX 77979
Phone: 361-552-1722
*Provides food pantry and emergency assistance services.

WIC Satellite Clinic-Port Lavaca
17 N. Ash St., Port Lavaca, TX 77979

Hours: 1st, 2nd, and 3rd Monday & 1st and 3rd Wednesday of each month-9am to 4pm (closed 12pm to 12:30pm for lunch)
Phone: 361-578-2884

Bayside Community Church Food Pantry
25080 JWY 172 Olivia, 77979
*2nd Thursday of the month 4:00pm - 6:00pm

Feed My Sheep @ FUMC Seadrift
104 W Baltimore Ave, Seadrift 77983
361-524-8111
*3rd Tuesday of the month 8:30am -10:00 am

First United Methodist Church Seadrift Food Pantry
601 S 2nd St, Seadrift, TX
Phone: (361)-433-5778
Food distribution: 3rd Tuesday of each month from 9am to 10:30 am

Goliad County

Goliad County Outreach Food Pantry
611 E End St, Goliad, TX
Phone: (361)-484-1562
Food distribution: 1st & 3rd Thursdays of the month from 8am to 10am
*People do not need to register beforehand, but they must be residents of Goliad County.

Fannin Methodist Food Pantry
9852 U.S. HWY 59 N, Fannin, 77960
Emergency assistance available 2nd Tuesday 9am – 11am

St. Phillip's Episcopal Food Pantry
45 S. Saratoga, Berclair, 78107
1st Tuesday 8am – 11am
*must be a Berclair resident

WIC Satellite Clinic-Goliad
360 N. Fort, Goliad, TX 77963 (inside Goliad Housing Authority Office Building)
Hours: 2nd Wednesday of the month 9:30am to 1pm
Phone: 361-578-2884

Lavaca County

Lavaca Assistance Ministry Body-Manna Food Pantry
1429 E Fourth St., Hallettsville, TX
Hours: Tuesdays from 9am to noon (Closed on the 5th Tuesday of the month)

First Baptist Church Yoakum
202 E. Grand, Yoakum 77995
361-293-2319
Every Tuesday 1:30pm -4pm

*Organized by last name
1st Tuesday: A-F
2nd Tuesday: G-L
3rd Tuesday: M-R
4th Tuesday: S-Z

First United Methodist Church Shiner
102 W. Church, Shiner, 77984
361-594-3830
Thursdays 9am – 11am

WIC Satellite Clinic-Yoakum
206 W. Hugo St., Yoakum, TX 77995 (inside the Yoakum Community Hospital Annex)
Hours: 3rd Tuesday of each month 9am to 4pm (closed 12pm to 12:30pm for lunch)
Phone: 361-578-2884

DeWitt County

Cuero Area Ministerial Alliance (CAMAL) House
209 W. Main St., Cuero, TX
Phone: (361)-275-5022
Food Distribution: 2nd Thursday of each month from 9am to 10:30am for seniors 60+ & 2pm to 6pm for all ages
4th Thursday of each month from 9am to 1pm for all ages

Yorktown Assistance Ministry
123N. Church, Yorktown, 78164
1st and 2nd Wednesday 9:00am – 12pm

WIC Satellite Clinic-Cuero
201 Leonard Roy Harmon Dr., Cuero, TX 77954 (inside Cuero Park Clubhouse)
Hours: 1st and 3rd Wednesday of each month 9am to 4pm (closed 12pm to 12:30pm for lunch)
Phone: 361-578-2884

WIC Satellite Clinic-Yorktown
7th St (at Eckhardt), Yorktown, TX 78164 (inside the Yorktown Housing Authority Community Room)
Hours: 1st Tuesday of each month 9:30am to 12:30pm
Phone: 361-578-2884

Jackson County

Bayside Community Church Food Pantry Top Hand Event Center
8936 US HWY 59N, GANADO, 77962
4th Thursday 4:00pm to 6:00pm

More Food Pantry Locations
https://www.tfbgc.org/food-assistance

HOUSING/SHELTER

Victoria County

Mid Coast Family Services

2010 N Navarro STE. A, Victoria, TX 77901
Phone: (361) 575-7842
http://midcoastfamily.org/
*Provides housing and rental assistance for people who are homeless or at risk. Also has services for youth, sexual assault survivors, domestic violence survivors, and a community resource hub. Serves Victoria, Calhoun, DeWitt, Goliad, Gonzalez, Jackson, and Lavaca counties.

Victoria Housing Authority
4001 Halsey, Victoria, TX
Phone: (361) 575-3682
Hours: Mon-Thurs from 8am to 4pm, Fri. by appointment only
*Must submit a pre-application in person on Tuesdays and Thursdays (except the first 7 days of each month) between 9am and 3pm. Must bring valid ID, birth certificate, and social security card with pre-application. Once people turn in their pre-application, they are placed on a waitlist until it is their turn to complete the full application.

Salvation Army (Men only)
1302 N. Louis, Victoria, TX
Phone: (361) 576-1297
*Emergency homeless shelter for men. Call for availability. Requires ID at intake.

Promise Pointe
8550 US -59
Victoria, TX 77905
Phone: (361)- 571-2589
https://promisepointe.org/
*Long term homeless housing/ Permanent affordable tiny homes. For the chronically homeless only. Single occupancy, no families.

Mid-Coast Family Services Women's Crisis Shelter (abused/domestic violence)
Phone: (361) 573-4357 or 1-800-870-0368

Perpetual Help Home (homeless women only)
705 E Santa Rosa, Victoria, TX
Phone: (361) 575-5335
Hours: Mon-Thur 8a to 6p; Fri 8:30am to 11:30am
https://www.perpetualhelphome.org/
*Accepts families (women with children). However, does not allow boys over the age of 12. Call for more information and availability.

La Dominion Apts.
3602 E. Juan Linn, Victoria, TX
Phone: (361) 572-4566

Hours: M-F 9am to 5pm
https://ladominionapts.com/
*Accepts Section 8 vouchers. 3 bedroom/1 bath apartment homes for $950/mo. $350 deposit and $40 non-refundable application fee.

Bretton Village Apartments
1503 Victoria Station Dr, Victoria, TX
Phone: 361-572-8213
*Low Income housing for elderly and disabled adults who require features of an accessible apartment (e.g. wheelchair accessible). 1-bedroom apartments only.

Briarfield West Apartments
1707 Beauvoir St., Victoria, TX 77901
Phone: (361)-573-9801

Fox Run Apts.
2008 Sam Houston, Victoria, TX
Phone: (361) 578-2954
https://prosperahcs.org/portfolio-posts/fox-run-apartments/
*Apartments for limited income individuals and families. 1-, 2-, and 3- bedrooms available. Apply on Tuesdays 9:30am -11:00am & 1:00pm-3:00pm to get on the waitlist.

Caney Run Estate Apts.
101 S Ben Jordan, Victoria, TX 77901
Phone: 361-579-0324
*Income based, 2- and 3-bedroom apartments. $25 application fee.

Victoria Trails Apartments
5609 John Stockbauer, Victoria, TX 77904
Phone: 361-580-2901
https://www.greystonerents.com/communities/victoria-trails/
*Income based. 2-, 3-, & 4-bedroom apartments. $22 application fee.

The Brownson Home
1616 Lone Tree Rd, Victoria, TX
Phone: 361-573-7161
http://brownsonhome.org/
*Voluntary housing placement for children 2-18 (boys and girls) that for whatever reason cannot be cared for by their parents. The mission of The Brownson Home is to provide a nurturing family home for children in need so that they may have hope and stability and develop values and skills for life.

Colonial Greens Apartments
305 E Brazos & 1507 N Wheeler, Victoria, TX
Phone: 361-578-1258
*Accepts section 8 vouchers and Mid-Coast funds. 1-bedroom apartments.

Juan Linn Apartments
601 E Juan Linn, Victoria, TX
Phone: 361-572-4566

*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

The Landing
1202 Mallette Dr, Victoria, TX
Phone: 361-576-4915
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

Houston House Apartments
103 Cornwall Dr, Victoria, TX
Phone: 361-578-2914
*Apartments for limited income individuals and families. 1-, 2-, and 3-bedroom apartments. Apply on Tuesdays from 9am to 3pm to be placed on the waitlist.

Mockingbird Plaza Apartments
2501 Mockingbird Ln., Victoria, TX
Phone: 877-373-1291
*Apartments for limited income individuals and families. 1-, 2-, 3-, and 4-bedroom apartments.

North Street Apartments
1109 E North St, Victoria, TX
Phone: 361-573-2224

Pinnacle Pointe Apartments
702 Salem Rd, Victoria, TX
Phone: 361-214-5918
*Apartments for limited income individuals and families. 2- and 3-bedroom apartments.

Sage Creek Apartments
607 Fillmore Ave, Victoria, TX
Phone: 361-573-1666
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

Salem Village Apartments
5201 John Stockbauer, Victoria, TX
Phone: 361-576-6170
*Accepts section 8 vouchers. 1-, 2-, 3-, and 4-bedroom apartments.

Thomas Ninke Senior Village
1907 Lova Dr, Victoria, TX
Phone: 361-573-2224
https://www.thomasninkeseniorvillage.com/
*Accepts section 8 vouchers. 1- and 2-bedroom apartments. Applications can be submitted online.

Victoria Place Apartments
701 E Airline, Victoria, TX
Phone: 361-576-5852
*May accept section 8 vouchers. 1- and 2-bedroom apartments.

Victorian Village Apartments
1903 Lawndale St, Victoria, TX
Phone: 361-485-1260
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

Vista Del Sol Apartments
212 Sam Houston, Victoria, TX
Phone: 361-578-6822
https://vistadelsolvictoria.com/
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

Calhoun Co.
Port Lavaca Housing Authority
672 George St. #147, Port Lavaca, TX
Phone: 361-552-8831
Hours: Mon-Thurs from 7 am to 3 pm

Sea Breeze Village Apartments
233 Alcoa Dr., Port Lavaca, TX
Phone: 361-553-8553
*2- and 3-bedroom apartments.

Sea Greens Apartments
202 Seashell Dr., Port Lavaca, TX
Phone: 361-552-6457
*3-bedroom apartments

DeWitt Co.
Cuero Housing Authority
203 W Church St., Cuero, TX
Phone: 361-275-6127
Hours: Mon-Thurs from 7am to 4:30pm

Yorktown Housing Authority
406 Eckhardt St., Yorktown, TX
Phone: 361-564-3132
Hours: Mon, Wed, and Fri 10am-4pm.

Bailey Square Apartments
1501 N Valley St., Cuero, TX
Phone: 361-524-5410
https://dmabaileysquare.com/
*1-, 2-, and 3-bedroom apartments

Kate's Place Apartments
2305 N McLeod St., Cuero, TX
Phone: 361-275-8865
https://www.katesplacecuero.com/
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

The Oaks Apartments
501 N Terry St., Cuero, TX
Phone: 361-275-8865
*Accepts section 8 vouchers. 1-, 2-, and 3-bedroom apartments.

Lavaca Co.
Yoakum Housing Authority
712 Forrest St., Yoakum, TX
Phone: 361-293-5241
https://kenedyhousing.info/
Hours: Mon-Thurs from 9am to 5pm.
*Must submit application online at https://kenedyhousing.info/.

Hallettsville Housing Authority
103 Village Dr., Hallettsville, TX
Phone: 361-798-5845
https://hallettsvillehousingauthority.info/
Hours: Monday-Thursday from 8:30am to 3:30pm (closed for lunch 11:30-12:30)

Leatherwood Terrace Apts.
105 Ellen May Rd., Yoakum, TX 77995
Phone: 361-293-5122

Colonial Manor
705 Lavaca St, Yoakum, TX
Phone: 361-293-5500
Hours: Mon-Fri from 10am to 5pm
*Accepts section 8 vouchers. 1-, 2-, and 3-bedroom apartments.

Lavaca Landing Apartments
1134 Donna Dr., Hallettsville, TX
Phone: 361-798-4228
*Apartments for limited income individuals and families. 1-, 2-, 3-bedroom apartments.

Pecan Chase Apartments
106 Walnut Dr., Hallettsville, TX
Phone: 361-798-3165
*Apartments for limited income individuals and families. 1- and 2-bedroom apartments.

Goliad Co.
Goliad Housing Authority
360 N. Fort, Goliad, TX
Phone: 361-645-2774
Hours: Tues., Wed., & Thurs. from 9am to 4pm
*Applications can be dropped off when the office is open or in the drop box (must have all required documents).

Fenner Square Apts.
555 S. Burke St., Goliad, TX 77963
Phone: (361) 645-3393

*1-, 2-, & 3- bedroom apartments.

Refugio Co.

Refugio Elderly Housing
602 W. Commons St., Refugio, TX 78377
Phone: (361) 526-4014
Hours: Mon., Wed., & Fri. from 8:30am to 1:30pm
*Apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

Jackson Co.

Edna Housing Authority, Mauritz Village Apartments
600 N Kleas St, Edna, TX
Phone: 361-782-3842
Hours: Mon-Fri from 8am to 4:30pm
*Applications can be picked up at any time the office is open, but are only accepted on Tuesdays and Thursdays

Texana Apartments
307 S Bryan St., Edna, TX
Phone: 361-782-2929
Hours: Mon-Fri 8am to 3pm
*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

Miracle Manor
1207 Miracle Dr., Edna, TX
Phone: 361-782-2019
https://rhf.org/miracle-manor/
*Subsidized housing for seniors over 62 years old and those with mobility or visual impairments. Rent is approximately 30% of residents' income. Call the office if interested in applying.

Rose Villa Apartments
306 Mary Rose, Ganado, TX
Phone: 361-782-2929
Hours: Mon-Fri 8am to 3pm
*Accepts Section 8 vouchers. 2-bedroom apartments.

Home Repair/Modification Assistance

Community Action Committee
4007 Halsey St, Victoria, TX
Phone: 361-578-2989
Hours: Mon-Thurs 8am to 3pm & Fri. 8am-noon
https://www.cacv.us/
*Services include utility assistance, weatherization (might include insulating attics, walls, or floors and minor repairs to floors, walls, and some appliances) housing assistance, medication assistance, and tax assistance. Serves Victoria, Refugio, Lavaca, Jackson, Gonzales, Goliad, DeWitt, Calhoun, and Aransas counties.

Golden Crescent Habitat for Humanity
4103 N Navarro, Victoria, TX 77901
Phone: (361)-570-4700
Hours: Mon-Fri 8:30am to 4:30pm
https://goldencrescenthabitat.org/
*Offers home repair services (weatherization, minor repairs, painting, landscaping, and services to preserve home exteriors) to eligible homeowners. Serves DeWitt, Goliad, Jackson, Lavaca, and Victoria counties.

Victoria Fire Department-Smoke Alarms
Phone: 361-485-3460
https://www.victoriatx.gov/421/Smoke-Alarms
*Provides free smoke alarms and installation. To request a smoke alarm either call the Fire Marshal's Office or submit a request online at https://www.victoriatx.gov/FormCenter/Fire-Department-10/Request-A-Smoke-Alarm-56.

UTILITIES

Community Action Committee
4007 Halsey, Victoria, TX 77901
Phone: 361-578-2989
*Provides utility assistance, rental assistance, and weatherization services. Applicants for rental assistance must call to schedule an appointment for services. Applications for utility assistance and weatherization can be found/completed online.

St. Vincent de Paul Society
Phone: (361)-648-1867
*Provides assistance (food, rent, utilities, etc.) when funds are available. People must leave a voice message with their name and call back number between 10am and 3pm on Tuesdays & Thursdays. Volunteer staff will return the call once they are available.

El Roi Community Outreach
Contact Stephanie Cadengo: 361-582-9509

CLOTHING ASSISTANCE

Mid-Coast Family Treasures Thrift Stores
2101 N Navarro St., Victoria, TX 77901
Phone: 361-894-8926

3406 Sam Houston Dr., Victoria, TX 77901
Phone: 361-572-3820

709 Hwy 35 S Ste. C, Port Lavaca, TX 77979
Hours for all stores: Mon.-Fri. from 10am to 6pm & Sat. from 10 am to 5 pm

Outpost Resale Shop by Calhoun County Senior Citizens Association, Inc.
2110 W. Austin St., Port Lavaca, TX 77979
Phone: 361-553-6276

Hours: Mon.-Fri. from 9am to 5pm, last donations accepted at 4 pm.

VCAM Victoria Christian Assistance Ministries
108 N Liberty St., Victoria, TX 77901
Phone: 361-572-0048
Hours: Mon.-Fri. from 9am to 12pm (noon)
*Provides food, clothing, and hygiene (when available) assistance. When funds are available, provides assistance with gas cards (for medical appointments), utilities, and prescriptions.

Restoration House Ministries Gleanings Resale Shop
1204 N Moody St, Victoria, TX 77901
Phone: (361)-485-0123
Hours: Tues-Sat: 8:30am to 3pm
*Provides clothing, household goods, furniture, and appliances for a discounted rate. People who are experiencing homelessness can shop for clothes and shoes at no cost and shower at the "Showers of Grace" Tuesday through Saturday from 10 am to 2 pm.

For His Glory Outreach Ministry
Pastor Mary Price
Phones: (361)-655-6266 & (361)-703-3417
Email: 4HzGloryORM@gmail.com
*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

HYGIENE ASSISTANCE

Community Action Committee of Victoria & Superior HealthPlan Hygiene Closet
4007 Halsey St., Victoria, TX 77901
Phone: 361-578-2989
*Free service for anyone who needs it. Offered monthly on the 2nd Wednesday of each month from 10am to 12 noon. Some items available at the closet include soap, shampoo/conditioner, toilet paper, dental products, and deodorant.

VCAM Victoria Christian Assistance Ministries
108 N Liberty St., Victoria, TX 77901
Phone: 361-572-0048
Hours: Mon.-Fri. from 9am to 12 pm (noon)
*Provides food, clothing, and hygiene (when available) assistance. When funds are available, provides assistance with gas cards (for medical appointments), utilities, and prescriptions (not currently providing utility, prescription, or gas assistance as of Sept. 2024).

For His Glory Outreach Ministry
Pastor Mary Price
Phones: (361)-655-6266 & (361)-703-3417
Email: 4HzGloryORM@gmail.com

*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

Mid-Coast Family Services Resource Hub
2103 Depot, Victoria, TX 77901
Phone: (361)-575-7842
*Offers showers, laundry, locker storage, community mail hub, free WiFi, community agency workers, and access to MCFS services.

TRANSPORTATION

Medicaid Van
1-877-633-8747 (877-MED-TRIP)
*Transportation to medical appointments for Medicaid members. Must call 48 hours in advance. Have your Medicaid number available when you call.

Golden Crescent Regional Planning Commission—Victoria Transit
1908 N Laurent St., Victoria, TX 77901
Phone: 361-578-8775

RTransit- Calhoun County……..361-552-3350
RTransit- DeWitt County……361-578-8775
RTransit- Goliad County…….361-645-2144
RTransit- Gonzales County ……830-672-7014
RTransit- Jackson County……. .361-782-5543
RTransit- Lavaca County…….....361-798-4198
RTransit- Victoria/DeWitt……...361-578-8775

Most local Senior Citizens Centers also provide transportation to local seniors.

OnRamp
CoastalBend@onramptx.org
Faith based nonprofit that specializes in coaching individuals through a 9-step support program to gift participants a car. Can only be nominated by a caregiver from an organization recognized by OnRamp. Applicants must go through an in-depth interview, have the necessary income and ID to maintain a vehicle, and complete the program before receiving a car.

SOCIAL SECURITY ASSISTANCE

Social security Office
8208 Zac Lentz Pkwy, Victoria, TX 77904
877-229-3536
www.ssa.gov
*Order social security cards and apply for benefits.

Education/GED/ESL

English as a Second Language & GED classes
Victoria College
Adult Education

2200 E Red River, Victoria, TX 77901
Phone: (361) 573-7323
https://victoriacollege.edu/Explore/ProgramsCourses/AdultEducation

Free Books
Free books in the copier room on the first floor of GBC (near the docking stations)

Employment Assistance

Texas Workforce Solutions-Golden Crescent
1905 Leary Ln, Victoria, TX 77901
Phone: (361) 578-0341
https://www.gcworkforce.org/Home%20Page
*Serves Victoria, DeWitt, Goliad, Jackson, Calhoun, Lavaca, and Gonzales counties. Provides one-on-one services for employment search, training programs, and specialty programs for older workers, disabled persons (physical, mental, or emotional), veterans, and youth (ages 14-12 years old). Also hosts job fairs and has a mobile workforce center that travels to different locations regularly. For the most up-to-date information, check the Workforce Solutions Golden Crescent Facebook page.

Texas Workforce Solutions in Surrounding Areas

Cuero—1137 N Esplanade, Cuero, TX 77954
Phone: (361)-277-8870
Hours: Mon.-Fri. 8am to 5pm

Port Lavaca—1800 S. Highway 35, STE H, Port Lavaca, TX 77979
Phone: (361)-552-1563
Hours: Mon.-Fri 8am to 5pm

Goliad—329 W Franklin, Goliad, TX 77963
Phone: (361)-645-2703
Hours: Open on a limited basis—call ahead

Hallettsville—727 S. Promenade, Hallettsville, TX 77964
Phone: (361)-798-1046
Hours: Open on a limited basis—call ahead

Yoakum—307 Crittenden, Yoakum TX, 77995
Phone: (361)-741-5100
Hours: Open on a limited basis—call ahead

Staffing Companies.

LaborMax Staffing
4905 N Navarro St, Victoria, TX 77904
Phone: 361-894-6440
https://www.labormax.net/Offices/OfficeDetail/feb47ea2-f8f6-4a70-a738-03eb0ca78321

APS Personnel Service

5605 N Navarro St. STE 300A, Victoria, TX 77904
Phone: 361-572-0022
https://www.apspersonnel.com/

Goodwin Personnel Consultants
2306 N Navarro St, Victoria, TX 777901
Phone: 361-578-3636
https://www.goodwinpersonnel.com/

Childcare Assistance

Workforce Solutions of the Golden Crescent-Childcare Services
120 S. Main, STE. 110, Victoria, TX 77901
Phone: 361-578-0341
https://www.gcworkforce.org/
*To qualify for this program, people must: live in Goliad, DeWitt, Lavaca, Gonzales, Calhoun, Jackson, or Victoria County; be employed, in school, or in training; meet the income guidelines for your family size; have children under the age of 13 years (or children with special needs under the age of 19 years).

Birth Certificate/ID

Birth Certificate
https://www.dshs.texas.gov/vital-statistics
*Official Birth Certificates for Texans, processed in 4-6 weeks $22.00 by mail. Must have valid ID.

Victoria City Hall
105 W Juan Linn St, Victoria, TX
Phone: (361)-485-3000
*Must have valid ID. Must be born in Texas. Certified copies of birth certificates are $23.

Identification Cards
Texas Department of Public Safety
8802 N Navarro St, Victoria, TX
Phone: 361-578-3450
*Bring birth certificate, proof of address, social security card, etc.
www.dps.texas.gov/driverLicense

Be Well Victoria
2805 N Navarro St. Victoria, TX
Phone: 361-578-6281
Email: bewell@vctx.org
*Help with financial assistance obtaining identification (birth certificate, social security card, ID, etc.)

Sleep Disorder Clinics

Premier Sleep Disorders Center
111 North Park Victoria, TX 77901
124 E Walters St. Shiner, TX 77984

1811-A Broadway Rockport, TX 78382
Phone: (361) 572-9654
Fax: (361) 485-2233
*Accepts almost all insurance, Medicaid, Medicare, Private Pay

Walk-In Clinics

NextCare Urgent Care
3002 Sam Houston Drive, Victoria, TX 77904
Phone: (361)-578-5730
Hours: Mon.-Fri. 8am to 8pm and Sat. & Sun. 8am to 4pm
***Offers services for illnesses, injuries, immunizations, physicals, pediatrics, STD & lab testing, and X-rays. Accepts most private insurance, Medicaid, and Medicare.**

NextCare Urgent Care
108 Twin Fountains Dr, Victoria, TX 77904
Phone: (361) 578-3363
https://nextcare.com/locations/tx/victoria-tx-twin-fountains-dr-urgent-care-2/
Hours: Open 7 days a week-**9am to 9pm**
***Offers services for illnesses, injuries, immunizations, physicals, pediatrics, STD & lab testing, and X-rays. Accepts most private insurance, Medicaid, and Medicare.**

Texas Health Center
4804 N. Navarro St., Victoria, TX
Phone: (361)-576-0330
Hours: Mon.-Fri. 7:30am to 5pm
Does not accept assigned Medicare, however, will file with Medicare. Patients with Medicare must pay upfront.

Vision and Hearing Impaired

Computers for the Blind
Phone:(214) 340-6328
https://computersfortheblind.org/
*Low-Cost Computing for People Who Are Blind or Visually Impaired

Digital Resources

https://www.safespace.vibrant.org/en/
*Website containing information on coping skills, calming exercises, distraction activities such as digital coloring pages and music.