

# Health and Human Services Commission

## **Form O**

### **Consolidated Local Service Plan**

Local Mental Health Authorities and  
Local Behavioral Health Authorities

**Fiscal Years 2022-2023**

Due Date: September 30, 2022

Submissions should be sent to:

[MHContracts@hhsc.state.tx.us](mailto:MHContracts@hhsc.state.tx.us) and [CrisisServices@hhsc.state.tx.us](mailto:CrisisServices@hhsc.state.tx.us)

## Contents

|  |    |
|--|----|
| Introduction .....   | 3  |
| Section I: Local Services and Needs.....   | 4  |
| I.A Mental Health Services and Sites.....  | 4  |
| I.B Mental Health Grant Program for Justice Involved Individuals .....   | 7  |
| I.C Community Mental Health Grant Program .....  | 7  |
| I.D Community Participation in Planning Activities .....   | 9  |
| Section II: Psychiatric Emergency Plan.....  | 15 |
| II.A Development of the Plan .....   | 16 |
| II.B Utilization of Hotline, Role of Mobile Crisis Outreach Teams, and Crisis Response Process .....                 | 17 |
| II.C Plan for local, short-term management of pre- and post-arrest patients who are incompetent to stand trial ..... | 25 |
| II.D Seamless Integration of emergent psychiatric, substance use, and physical healthcare treatment                  | 30 |
| II.E Communication Plans.....  | 31 |
| II.F Gaps in the Local Crisis Response System .....  | 31 |
| Section III: Plans and Priorities for System Development .....   | 32 |
| III.A Jail Diversion .....   | 32 |
| III.B Other Behavioral Health Strategic Priorities .....   | 38 |
| III.C Local Priorities and Plans .....   | 46 |
| III.D System Development and Identification of New Priorities.....   | 47 |
| Appendix A: Levels of Crisis Care.....   | 27 |
| Appendix B:<br>Acronyms.....   | 29 |

## Introduction

The Consolidated Local Service Plan (CLSP) encompasses all service planning requirements for local mental health authorities (LMHAs) and local behavioral health authorities (LBHAs). The CLSP has three sections: Local Services and Needs, the Psychiatric Emergency Plan, and Plans and Priorities for System Development.

The CLSP asks for information related to community stakeholder involvement in local planning efforts. The Health and Human Services Commission (HHSC) recognizes that community engagement is an ongoing activity and input received throughout the biennium will be reflected in the local plan. LMHAs and LBHAs may use a variety of methods to solicit additional stakeholder input specific to the local plan as needed. In completing the template, please provide concise answers, using bullet points. Only use the acronyms noted in Appendix B and language that the community will understand as this document is posted to LMHAs and LBHAs' websites. When necessary, add additional rows or replicate tables to provide space for a full response.

## **Section I: Local Services and Needs**

### **I.A Mental Health Services and Sites**

- *In the table below, list sites operated by the LMHA or LBHA (or a subcontractor organization) providing mental health services regardless of funding. Include clinics and other publicly listed service sites. Do not include addresses of individual practitioners, peers, or individuals that provide respite services in their homes.*
- *Add additional rows as needed.*
- *List the specific mental health services and programs provided at each site, including whether the services are for adults, adolescents, and children (if applicable):*
  - *Screening, assessment, and intake*
  - *Texas Resilience and Recovery (TRR) outpatient services: adults, adolescents, or children*
  - *Extended Observation or Crisis Stabilization Unit*
  - *Crisis Residential and/or Respite*
  - *Contracted inpatient beds*
  - *Services for co-occurring disorders*
  - *Substance abuse prevention, intervention, or treatment*
  - *Integrated healthcare: mental and physical health*
  - *Services for individuals with Intellectual Developmental Disorders (IDD)*
  - *Services for youth*
  - *Services for veterans*
  - *Other (please specify)*

| <b>Operator (LMHA/LBHA or Contractor Name)</b> | <b>Street Address, City, and Zip, Phone Number</b>                               | <b>County</b>                        | <b>Services &amp; Target Populations Served</b>   |
|--|--|--------------------------------------|---|
| Gulf Bend Center-LMHA                          | 6502 Nursery Drive, Ste 100<br>Victoria, 77904                                   | Victoria                             | <ul style="list-style-type: none"> <li>• Screening, assessment, and intake – Adult/Child</li> <li>• TRR outpatient services – Adult/Child</li> <li>• Psychiatric Medical Services</li> <li>• Crisis/MCOT – Adult/Child</li> <li>• Counseling – Adult/Child</li> <li>• Substance Use Disorder Services Program (SUD)</li> <li>• LIDDA services – eligibility screening/assessment, service coordination – Adult/Child</li> <li>• MH Deputy – Adult/Child</li> <li>• Community Response Team (CRT)</li> </ul> |
| Gulf Bend Center-Satellite Clinics             | Yoakum Outpatient Clinic<br><br>Jackson Hospital<br><br>Refugio Specialty Clinic | Dewitt<br><br>Jackson<br><br>Refugio | <ul style="list-style-type: none"> <li>• Intake Adult/Child</li> <li>• Psychiatric Medical Services</li> <li>• Care Coordination</li> <li>• Community Agency Referral</li> </ul>  |
| Gulf Bend Center – LMHA                        | The Wellness Community<br>1009 N. Nimitz<br>Victoria, 77901                      | Victoria                             | <ul style="list-style-type: none"> <li>• TRR outpatient services – Adult</li> <li>• Commercial – Adult</li> <li>• IDD Services- Adult</li> <li>• Food Pantry Adult/Child</li> <li>• Community Resource Center (CRC) Adult</li> </ul>  |
| The Harris Center for Mental Health and IDD    | 9401 Southwest Freeway<br>Houston, 77074   | Harris                               | <ul style="list-style-type: none"> <li>• Crisis Hotline – Adult/Child</li> </ul>  |

| <b>Operator (LMHA/LBHA or Contractor Name)</b>                               | <b>Street Address, City, and Zip, Phone Number</b>   | <b>County</b>           | <b>Services &amp; Target Populations Served</b>  |
|--|--|-------------------------|--|
| Cross Creek Psychiatric Hospital   | 8402 Cross Park Drive Austin, 78754  | Travis                  | <ul style="list-style-type: none"> <li>Contracted Inpatient Services – Adult/Child (6 &amp; up) – Substance Abuse and MH – Private Psychiatric Bed/Rapid Crisis Stabilization</li> </ul>           |
| SUN Behavioral Health Psychiatric Hospital                                   | 7601 Fannin Street Houston, 77054  | Harris                  | <ul style="list-style-type: none"> <li>Contracted Inpatient Services – Adult/Child (6 &amp; up) – Substance Abuse and MH – Private Psychiatric Bed/Rapid Crisis Stabilization</li> </ul>           |
| Westpark Springs Psychiatric Hospital  | 6902 S. Peek Rd Richmond, 77407  | Fort Bend               | <ul style="list-style-type: none"> <li>Contracted Inpatient Services – Adult/Child (13 &amp; up) – Substance Abuse and MH – Private Psychiatric Bed/Rapid Crisis Stabilization</li> </ul>          |
| Bluebonnet Trails Community Services<br><br>La Esperanza Crisis Respite Home | 1009 N. Georgetown St. Round Rock, 78664-3289<br><br>Respite Site- 1105 W. Court St. Seguin, Texas 78155 | Williamson<br>Guadalupe | <ul style="list-style-type: none"> <li>IDD Crisis Respite Services (18 &amp; up)- Adult</li> </ul>   |
| Mission Psychology   | 1380 Pantheon Way Suite 310 San Antonio, TX 78232  |                         | <ul style="list-style-type: none"> <li>Psychological Assessment- Adult/Child</li> <li>Psychological Testing – Adult/Child</li> <li>Intellectual Disability Determination – Adult/Child</li> </ul>  |
| Hatch Learning   | 4208 Retama Circle Victoria, Texas 77901   |                         | <ul style="list-style-type: none"> <li>Speech Therapy – Child</li> <li>Early intervention – Child</li> <li>Social Skills training – Child</li> <li>Physical therapy ABA therapy – Child</li> </ul> |

| <b>Operator (LMHA/LBHA or Contractor Name)</b> | <b>Street Address, City, and Zip, Phone Number</b>       | <b>County</b> | <b>Services &amp; Target Populations Served</b>  |
|--|--|---------------|--|
| One Heart One Sound Music Therapy Services LLC | 2298 Lower Mission Valley Rd. Victoria, Texas 77905-2407 |               | <ul style="list-style-type: none"> <li>• Music Therapy – YES Waiver - Child</li> </ul> |

### **I.B Mental Health Grant Program for Justice Involved Individuals**

The Mental Health Grant Program for Justice-Involved Individuals is a grant program authorized by Senate Bill (S.B.) 292, 85th Legislature, Regular Session, 2017, to reduce recidivism rates, arrests, and incarceration among individuals with mental illness, as well as reduce the wait time for individuals on forensic commitments. These grants support community programs by providing behavioral health care services to individuals with a mental illness encountering the criminal justice system and facilitate the local cross-agency coordination of behavioral health, physical health, and jail diversion services for individuals with mental illness involved in the criminal justice system.

*In the table below, describe the LMHA or LBHA S.B. 292 projects; indicate N/A if the LMHA or LBHA does not receive funding. Number served per year should reflect reports for the previous fiscal year. Add additional rows, if needed.*

| <b>Fiscal Year</b> | <b>Project Title (include brief description)</b> | <b>County(s)</b> | <b>Population Served</b> | <b>Number Served per Year</b> |
|--------------------|--|------------------|--------------------------|-------------------------------|
|                    | <b>N/A</b>                                       | •                | •                        | •                             |

## **I.C Community Mental Health Grant Program - Projects related to Jail Diversion, Justice Involved Individuals, and Mental Health Deputies**

The Community Mental Health Grant Program is a grant program authorized by House Bill (H.B.) 13, 85th Legislature, Regular Session, 2017. H.B. 13 directs HHSC to establish a state-funded grant program to support communities providing and coordinating mental health treatment and services with transition or supportive services for persons experiencing mental illness. The Community Mental Health Grant Program is designed to support comprehensive, data-driven mental health systems that promote both wellness and recovery by funding community-partnership efforts that provide mental health treatment, prevention, early intervention, and/or recovery services, and assist with persons with transitioning between or remaining in mental health treatment, services, and supports.

*In the table below, describe the LMHA or LBHA H.B. 13 projects related to jail diversion, justice involved individuals and mental health deputies; indicate N/A if the LMHA or LBHA does not receive funding. Number served per year should reflect reports for the previous fiscal year. Add additional rows if needed.*



| <b>Fiscal Year</b> | <b>Project Title (include brief description)</b>  | <b>County</b>   | <b>Population Served</b> | <b>Number Served per Year</b> |
|--------------------|---|---|--------------------------|-------------------------------|
| <b>FY21</b>        | Community Response Team: Divert individuals with mental illness from unnecessary incarceration, inpatient psychiatric hospitalization, and emergency departments visits to more effective treatment | Calhoun<br>Dewitt<br>Goliad<br>Jackson<br>Lavaca<br>Refugio<br>Victoria | MH                       | 500 unduplicated per year     |
|                    |   |   |                          |                               |
|                    |   |   |                          |                               |

**I.D Community Participation in Planning Activities**

*Identify community stakeholders who participated in comprehensive local service planning activities.*

| <b>Stakeholder Type</b>  | <b>Stakeholder Type</b>                                       |
|--|---|
| <input checked="" type="checkbox"/> Consumers                        | <input checked="" type="checkbox"/> Family members            |
| <input checked="" type="checkbox"/> Advocates (children and adult)   | <input checked="" type="checkbox"/> Concerned citizens/others |
| <input checked="" type="checkbox"/> Local psychiatric hospital staff | <input checked="" type="checkbox"/> State hospital staff      |

## Stakeholder Type

*\*List the psychiatric hospitals that participated:*

- Cross Creek Hospital, Austin, TX
- Sun Behavioral Hospital, Houston, TX
- West Park Springs Hospital Richmond, TX

Mental health service providers

Prevention services providers

County officials

*\*List the county and the official name and title of participants:*

- Gary Burns, Victoria County Commissioner

Federally Qualified Health Center and other primary care providers

- Gabriel Gallardo, CHC of South-Central Texas

## Stakeholder Type

*\*List the hospital and the staff that participated:*

- Marc Graham, San Antonio State Hospital (SASH)

Substance abuse treatment providers

- Billy T. Cattan, Recovery Outreach (BTCRO)

Outreach, Screening, Assessment, and Referral Centers

- Tropical Texas
- The Center for Healthcare

City officials

*\*List the city and the official name and title of participants:*

- Jesus Garza City of Victoria Manager
- Jeff Bauknight City of Victoria, Mayor

Local health departments

- 
- David Gonzalez, Victoria Public Health Director
  - Delilah Perez Victoria Public Health Dept.

## Stakeholder Type

## Stakeholder Type

### LMHAs/LBHAs

*\*List the LMHAs/LBHAs and the staff that participated:*

- Jeff Tunnell, ED
- Darlyn Williams, COO
- Lane Johnson, Chief Clinical Officer
- Kasie Mundine, CFO
- Nicole Way, Director of Program Operations
- Lauren Becker, Director of Substance Use Services
- Tracy Chase, Director of Behavioral Health Services
- Linda Rodriguez, Waiver Project Coordinator

- Hospital emergency room personnel
  - Jeff Payne, ED Manager Citizen's Medical Center (CMC)
  - Lisa Price, DeTar ED Manager
  - Jody Trevino, Assistant Manager CMC ED
  - Angie Burgis, ED Manager, DeTar North Hospital
  - Kyle Daniel, ED Manager, Memorial Medical Center

- Emergency responders
  - Robert "Tracy" Fox, Chief Victoria Fire Dept.

## Stakeholder Type

- Faith-based organizations
  - Branden Cahill, Bishop for Victoria Diocese
  - Tim Brewer, Pastor Methodist Church
- Probation department representatives
  - Kathy Imes, Adult Probation Officer
  - Stacy Murry, Adult Probation Officer
  - Susan Longoria, Adult Probation Officer
- Court representatives (Judges, District Attorneys, public defenders)  
*\*List the county and the official name and title of participants:*
  - Mark Myers, Lavaca County Judge
  - Daryl L. Fowler, DeWitt County Judge
  - Jill Sklar, Jackson County Judge
  - Dennis Simons, Jackson County Judge
  - Michael J. Pfeifer, Calhoun County Judge
  - Mike Bennett, Goliad County Judge
  - Robert Blaschke, Refugio County Judge
  - Ben Zeller, Victoria County Judge

## Stakeholder Type

- Community health & human service providers
- Parole department representatives
- Law enforcement  
*\*List the county/city and the official name and title of participants:*
  - Sheriff Bobbie Vickery, Calhoun County
  - Sheriff Micah Harmon, Lavaca County
  - Sheriff Justin Marr, Victoria County
  - Interim Sheriff Kelly Janica, Jackson County
  - Sheriff Carl Bowen, DeWitt County
  - Sheriff Pinky Gonzales, Refugio County
  - Sheriff Roy Boyd, Goliad County
  - Chief Robert Arrendondo, Victoria Police Department (VPD)
  - First Deputy Chief Mark Jameson, VPD
  - Chuck Young, VPD

## Stakeholder Type

- Daniel Gilliam, Victoria County District Judge
- Constance Filley Johnson, Victoria District Attorney

### Education representatives

- Dr. Karen Parsonson, UHV Asst. Prof. of Forensic Psychology
- Dr. Beverly Tomac, Assoc. Provost Dean of Univ. College Assoc. Professor of History
- Dr. Paul Hamilton, UHV Professor
- Brooke Garcia, UHV

### Planning and Network Advisory Committee

- Phyllis Hamilton, Reg. III Ed. Svc. Center
- Beth Parson, Family Rep
- Shan Skipper, Family Rep.
- Nora Garcia, Community Rep.
- Deborah Escalante, Family Rep.
- David Coffey
- Jamie Happel
- Robyn Garza

### Peer Specialists

- Stanley Schweke, MH Peer Spec.
- Derek Thrash, MH Peer Spec.

## Stakeholder Type

### Employers/business leaders

- Carmen Herrera-Lara, Workforce Solutions Director
- Ward Wyatt, VSO Communications
- Steve Hipes, Sr. Leader of Prosperity Bank
- Leo Rios, Rios Advantage Training Services

### Local consumer peer-led organizations

### IDD Providers

## Stakeholder Type

Foster care/Child placing agencies

Veterans' organizations

- Oscar Pulido, Veteran Peer Spec.

## Stakeholder Type

Community Resource Coordination Groups  
Bethany Castro, United Way  
Jodie Sandoval, Community Health Workers  
of The HOGG Foundation Rep./Be Well  
Victoria  
Jill Blucher, Community Engagement  
Coordinator  
Angie Stafford, Tx Home Visiting Program  
Manager VCPHD  
Johanna Rohan, GCRPC Aging & Community  
Service Coordinator  
Dale Fowler, Director of Victoria Economic  
Development  
Debbie & John Ellsworth, American Red Cross  
Program Managers  
Kathy Frels, Methodist Hospital Nurse  
Katrina Ledwig, Community Investment  
Manager  
Chris Yanas, Dir. Of Governmental Affairs

Other:

---

*Describe the key methods and activities used to obtain stakeholder input over the past year, including efforts to ensure all relevant stakeholders participate in the planning process.*

|  |
|--|
| • Regional and local collaborative meetings with stakeholders, e.g. law enforcement agencies, hospitals, probation, Judges, and faith-based organizations. |
| • Customer Surveys   |
| • Community Assessment sent to Board Members and members of the Gulf Bend Regional Collaborative   |
| • Community conversation and counselor meetings with schools.  |
| • Provision of Trainings to school staff and parents   |
| • PNAC meetings  |

*List the key issues and concerns identified by stakeholders, including unmet service needs. Only include items raised by multiple stakeholders and/or had broad support.*

|  |
|--|
| • Lack of nearby psychiatric inpatient services                        |
| • Transportation   |
| • Judiciary system involvement-lack of a Mental Health Court           |
| • Jail/criminal justice diversion of individuals with a mental illness |
| • Reduce recidivism  |
| • Limited staffing after hours for MCOT                                |

## **Section II: Psychiatric Emergency Plan**

The Psychiatric Emergency Plan is intended to ensure stakeholders with a direct role in psychiatric emergencies have a shared understanding of the roles, responsibilities, and procedures enabling them to coordinate efforts and effectively use available resources. The Psychiatric Emergency Plan entails a collaborative review of existing crisis response activities and development of a coordinated plan for how the community will respond to psychiatric emergencies in a way that is responsive to the needs and

priorities of consumers and their families. The planning effort also provides an opportunity to identify and prioritize critical gaps in the community's emergency response system.

The following stakeholder groups are essential participants in developing the Psychiatric Emergency Plan:

- Law enforcement (police/sheriff and jails)
- Hospitals/emergency departments
- Judiciary, including mental health and probate courts
- Prosecutors and public defenders
- Other crisis service providers (to include neighboring LMHAs and LBHAs)
- Users of crisis services and their family members
- Sub-contractors

Most LMHAs and LBHAs are actively engaged with these stakeholders on an ongoing basis, and the plan will reflect and build upon these continuing conversations.

Given the size and diversity of many local service areas, some aspects of the plan may not be uniform across the entire service area. *If applicable, include separate answers for different geographic areas to ensure all parts of the local service area are covered.*

## **II.A Development of the Plan**

*Describe the process implemented to collaborate with stakeholders to develop the Psychiatric Emergency Plan, including, but not limited to, the following:*

Ensuring all key stakeholders were involved or represented, to include contractors where applicable;



- Collaborative meetings were held with emergency departments (ED) in our 7county region to provide education on services, collect data and monitor time an individual spent in ED.
- Gulf Bend Regional collaborative meetings with Sheriff's Departments, Police Departments, Probation, Hospitals, Judges, and faith-based representatives from all seven counties to discuss community mental health needs related to crisis services, jail diversion and psychiatric hospitalization.

Ensuring the entire service area was represented; and

- Community Conversation to discuss how we can create a health information exchange (HIE) for our region.

Soliciting input.

- Solicitation of input and involvement of PNAC and ETBHN's Regional PNAC.

## **II.B Utilization of the Crisis Hotline, Role of Mobile Crisis Outreach Teams (MCOT), and the Crisis Response Process**

### 1. How is the Crisis Hotline staffed?

During business hours

- 24 Hours a day – 7 days a week

After business hours

- 24 Hours a day – 7 days a week

Weekends/holidays

- 24 Hours a day – 7 days a week

2. Does the LMHA/LBHA have a sub-contractor to provide the Crisis Hotline services? If, yes, please list the contractor:

- The Harris Center

3. How is the MCOT staffed?

During business hours

- 8:00 a.m. to 5:00 p.m. 8 QMHP's, 1 Crisis Team Lead, 1 Crisis Mgr., 1 Director of Behavioral Health/LPHA Weekends/holidays.

After business hours

- 1 MCOT QMHP; 1 Crisis Team Lead (available by phone), 1 Crisis Mgr. (available by phone), 1 Director of Behavioral Health/LPHA (available by phone)

Weekend/holidays

- 1 MCOT QMHP; 1 Crisis Team Lead (available by phone); 1 Crisis Mgr. (available by phone), 1 Director of Behavioral Health/LPHA (available by phone)

4. Does the LMHA/LBHA have a sub-contractor to provide MCOT services? If yes, please list the contractor:

- No

5. Provide information on the type of follow up MCOT provides (phone calls, face to face visits, case management, skills training, etc.).

- Phone calls
- Face to Face
- Tele video

6. Do emergency room staff and law enforcement routinely contact the LMHA/LBHA when an individual in crisis is identified? If so, please describe MCOT's role for:

Emergency Rooms:

- The hotline utilizes the protocol to contact MCOT when an individual present in a psychiatric crisis at the local emergency departments (EDs) to assist in coordination of services. Gulf Bend Center MCOT maintain a working relationship with all emergency departments

Law Enforcement:

- Protocol includes law enforcement accompaniment being required when MCOT is responding to a crisis at a residence of an unknown individual or when a scene needs to be secured due to elevated threat of violence
- Safety will always be considered before activating MCOT during a psychiatric crisis and law enforcement accompaniment will be requested. Although the MCOT may transport an individual for the purpose of obtaining crisis services, if the MCOT determines that they cannot transport the individual safely, they may arrange for or coordinate transportation with law enforcement

7. What is the process for MCOT to respond to screening requests at state hospitals, specifically for walk-ins?

- N/A

8. What steps should emergency rooms and law enforcement take when an inpatient level of care is needed?

During business hours:

- Contact GBC Crisis Hotline who will contact MCOT staff. MCOT staff will call appropriate ED staff/Law Enforcement/Crisis Case Mgr. and speak directly with caller to determine individual's current level of crisis and need for further assistance and safety of MCOT worker.

After business hours:

- Contact GBC Crisis Hotline who will contact the on call MCOT staff. MCOT staff will call appropriate ED staff/Law Enforcement/ Crisis Case Mgr. and speak directly with caller to determine individual's current level of crisis and need for further assistance and safety of MCOT worker.

Weekends/holidays:

- Contact GBC Crisis Hotline who will contact the on call MCOT staff. MCOT staff will call appropriate ED staff/Law Enforcement/Crisis Case Mgr. and speak directly with caller to determine individual's current level of crisis and need for further assistance and safety of MCOT worker.

9. What is the procedure if an individual cannot be stabilized at the site of the crisis and needs further assessment or crisis stabilization in a facility setting?

- Voluntary clients: Individual's family/support person transports individual to local ER.
- Involuntary clients: Law enforcement is called to assist with transporting individual to local ER or inpatient facility for psychiatric hospitalization.

10. Describe the community's process if an individual requires further evaluation and/or medical clearance.

- Voluntary clients: Individual's family/support person transports individual to local ER.
- Involuntary clients: Law enforcement is called to assist with transporting individual to local ER or inpatient facility for psychiatric hospitalization.

11. Describe the process if an individual needs admission to a psychiatric hospital.

- MCOT will make recommendation for hospitalization based on crisis assessment.
- Uninsured individuals: If no State Hospital beds available. MCOT will utilize contracted bed days through PPB or PESC.
- Insured individuals: ER staff will initiate hospital to hospital transfer.
- Involuntary individuals will be transported to the inpatient facility by EDW
- 

12. Describe the process if an individual needs facility-based crisis stabilization (i.e., other than psychiatric hospitalization and may include crisis respite, crisis residential, extended observation, or crisis stabilization unit).

- There are no resources in Center's service area for crisis respite, residential or extended observation services.
- We utilize our contracted Crisis Respite program for individuals with IDD needing respite.

13. Describe the process for crisis assessments requiring MCOT to go into a home or alternate location such as a parking lot, office building, school, under a bridge or other community-based location.

- Crisis Hotline will contact MCOT. MCOT will be accompanied to the home or alternate location with Law Enforcement/Mental Health Officer (MHO) to complete a crisis assessment. MHO's do not accompany MCOT to schools for crisis assessments.

14. If an inpatient bed at a psychiatric hospital is not available:

Where does the individual wait for a bed?

- If at ER, individual will remain there.
- If in the community, development of a safety plan is an option for voluntary Individual if can be made safely (pending placement). If Involuntary, law enforcement will assist with getting a warrant to detain individual until placement is available.

15. Who is responsible for providing ongoing crisis intervention services until the crisis is resolved or the individual is placed in a clinically appropriate environment at the LMHA/LBHA?

- Gulf Bend Center MCOT/ Community Response Team (CRT)

16. Who is responsible for transportation in cases not involving emergency detention?

- Family, friends, or EMS.

## Crisis Stabilization

What alternatives does the local service area have for facility-based crisis stabilization services (excluding inpatient services)? *Indicate N/A if the LMHA or LBHA does not have any facility-based crisis stabilization services. Replicate the table below for each alternative.*

|   |       |
|---|-------|
| <b>Name of Facility</b>   | None. |
| <b>Location (city and county)</b>   |       |
| <b>Phone number</b>   |       |
| <b>Type of Facility (see Appendix A)</b>  |       |
| <b>Key admission criteria (type of individual accepted)</b>                     |       |
| <b>Circumstances under which medical clearance is required before admission</b> |       |
| <b>Service area limitations, if any</b>   |       |
| <b>Other relevant admission information for first responders</b>                |       |
| <b>Accepts emergency detentions?</b>  |       |
| <b>Number of Beds</b>   |       |
| <b>HHSC Funding Allocation</b>  |       |

## Inpatient Care

What alternatives to the state hospital does the local service area have for psychiatric inpatient care for uninsured or underinsured individuals?

*Replicate the table below for each alternative.*

|   |   |
|---|---|
| <b>Name of Facility</b>   | Cross Creek Psychiatric Hospital                              |
| <b>Location (city and county)</b>   | Austin, Texas Travis County                                   |
| <b>Phone number</b>   | 512-215-3900  |
| <b>Key admission criteria</b>   | 6 years of age and older                                      |
| <b>Service area limitations, if any</b>   | N/A   |
| <b>Other relevant admission information for first responders</b>  | Transportation provided by Law Enforcement or family/friends. |
| <b>Number of Beds</b>   | 90  |
| <b>Is the facility currently under contract with the LMHA/LBHA to purchase beds?</b>  | Yes   |
| <b>If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center</b> | Yes   |



|  |  |
|--|--|
| <b>contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?</b> |  |
| <b>If under contract, are beds purchased as a guaranteed set or on an as needed basis?</b>   | PESC- as needed PPB guaranteed set (2)     |
| <b>If under contract, what is the bed day rate paid to the contracted facility?</b>  | \$600/day                                  |
| <b>If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?</b>   | N/A  |
| <b>If not under contract, what is the bed day rate paid to the facility for single-case agreements?</b>  | N/A  |
|  |  |
| <b>Name of Facility</b>  | SUN Behavioral Health Psychiatric Hospital |
| <b>Location (city and county)</b>  | Houston, Texas – Harris County             |
| <b>Phone number</b>  | 713-796-2273                               |
| <b>Key admission criteria</b>  | 6 years of age and older                   |

|   |  |
|---|--|
| <b>Service area limitations, if any</b>   | N/A  |
| <b>Other relevant admission information for first responders</b>  | *Transportation provided by Law Enforcement or family/friends. |
| <b>Number of Beds</b>   | 148  |
| <b>Is the facility currently under contract with the LMHA/LBHA to purchase beds?</b>  | yes  |
| <b>If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?</b> | yes  |
| <b>If under contract, are beds purchased as a guaranteed set or on an as needed basis?</b>  | PESC- as needed<br>PPB- guaranteed set (2)                     |
| <b>If under contract, what is the bed day rate paid to the contracted facility?</b>   | \$600/day  |
| <b>If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?</b>  | N/A  |

|   |   |
|---|---|
| <b>If not under contract, what is the bed day rate paid to the facility for single-case agreements?</b>   | N/A   |
| <b>Name of Facility</b>   | West Park Springs   |
| <b>Location (city and county)</b>   | Richmond, Texas – Fort Bend County                            |
| <b>Phone number</b>   | 832-535-2770  |
| <b>Key admission criteria</b>   | 13 years of age and older.                                    |
| <b>Service area limitations, if any</b>   | N/A   |
| <b>Other relevant admission information for first responders</b>  | *Transportation provided by Law Enforcement or family/friends |
| <b>Number of Beds</b>   | 72  |
| <b>Is the facility currently under contract with the LMHA/LBHA to purchase beds?</b>  | yes   |
| <b>If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?</b> | yes   |

|  |  |
|--|--|
| <b>If under contract, are beds purchased as a guaranteed set or on an as needed basis?</b>                   | PESC- as needed<br>PPB- guaranteed set (2) |
| <b>If under contract, what is the bed day rate paid to the contracted facility?</b>                          | \$600/day                                  |
| <b>If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?</b> | N/A  |
| <b>If not under contract, what is the bed day rate paid to the facility for single-case agreements?</b>      | N/A  |

**II.C Plan for local, short-term management of pre- and post-arrest individuals who are deemed incompetent to stand trial**

What local inpatient or outpatient alternatives to the state hospital does the local service area currently have for competency restoration? *If not applicable, enter N/A.*

Identify and briefly describe available alternatives.

- N/A

What barriers or issues limit access or utilization to local inpatient or outpatient alternatives?

- N/A

Does the LMHA or LBHA have a dedicated jail liaison position? If so, what is the role of the jail liaison and at what point is the jail liaison engaged? Identify the name(s)/title(s) of employees who operate as the jail liaison.

- Yes. We have Continuity of Care (COC) Case Managers. Nicole Janke and Stephen Halbrook are both Diversion Case Managers. One is assigned to Victoria County jail, and one is assigned to the 6 outlying county jails. Their role includes assisting individuals who will be released from jail with transitioning to the community and linking to local resources. They become engaged with inmates with identified needs after booking through referrals from jail staff and/or GBC staff.

If the LMHA or LBHA does not have a dedicated jail liaison, identify the title(s) of employees who operate as a liaison between the LMHA or LBHA and the jail.

- In the absence of the dedicated COC, Gulf Bend Center's MCOT, Crisis Team Lead, Crisis Manager, Director Behavioral Health.

What plans, if any, are being developed over the next two years to maximize access and utilization of local alternatives for competency restoration?

- Gulf Bend Center is participating in a pilot program to provide services and restore competency to those waiting for inpatient restoration in Jackson County jail. If successful, the program plans to expand to the other five jails in our service area.

Does the community have a need for new alternatives for competency restoration? If so, what kind of program would be suitable (i.e., Outpatient Competency Restoration Program inpatient competency restoration, Jail-based Competency Restoration, etc.)?

- Yes. Jail based competency restoration (local) for 7 county regions.

What is needed for implementation? Include resources and barriers that must be resolved.

- More funding/dollars, psychiatrist/physicians, counselors.
- Continued collaboration and participation by all law enforcement agencies and judiciary system.

#### **II.D Seamless Integration of emergent psychiatric, substance use, and physical healthcare treatment and the development of Certified Community Behavioral Health Clinics (CCBHCs)**

1. What steps have been taken to integrate emergency psychiatric, substance use, and physical healthcare services? Who did the LMHA/LBHA collaborate with in these efforts?

- Referrals are made to Billy T. Cattan for substance abuse services. Billy T. Cattan contracts with designated OSAR for the Region.
- MOU with Billy T. Cattan for outpatient substance abuse services.
- Referrals are made to community providers, DeTar Residency Clinic, and local Federally Qualified Healthcare Clinic (FQHC).

2. What are the plans for the next two years to further coordinate and integrate these services?

- Use current resources available.
- Continue to apply for grants to help growth and financial assistance needed to better serve the community.
- Collaboration with community stakeholders to partner.
- Will retain certification to be a Certified Community Behavioral Health Clinic (CCBHC)
- Expand service to include substance use services and primary care screenings to better serve the community.

## II.E Communication Plans

1. What steps have been taken to ensure key information from the Psychiatric Emergency Plan is shared with emergency responders and other community stakeholders?

- Brochures that describe Crisis services
- Center's website page that describes Crisis services and the steps to take to access crisis services.
- Ongoing meetings with emergency responders/ law enforcement in all seven counties within service area.
- Offering to provide speakers at various meetings of community stakeholders throughout the service area, (e.g. Lions Club, Rotary, Chamber of Commerce, health fairs, schools, hospitals, etc.)
- Social Media- Gulf Bend's Facebook page that describes how to access crisis services and advertising available trainings.

2. How will the LMHA or LBHA ensure staff (including MCOT, hotline, and staff receiving incoming telephone calls) have the information and training to implement the plan?

- Provision of ongoing trainings (one on one, online tutorials)
- Team Meetings to review plan and discuss implementation of plan
- Development/availability of protocols/ manuals that describe processes to implement the plan

## II.F Gaps in the Local Crisis Response System

What are the critical gaps in the local crisis emergency response system? *Consider needs in all parts of the local service area, including those specific to certain counties.*

| County             | Service System Gaps   | Recommendations to Address the Gaps  |
|--------------------|---|--|
| All seven counties | <ul style="list-style-type: none"> <li>Budget limitations within Center and law enforcement agencies</li> </ul> | <ul style="list-style-type: none"> <li>Continue to apply for grants. Lobby in the next legislative session.</li> </ul>   |
| All seven counties | <ul style="list-style-type: none"> <li>Proximity of inpatient psychiatric services</li> </ul>                   | <ul style="list-style-type: none"> <li>Executive Leadership participated in All Texas Access and proposed a regional hub: 20 bed inpatient unit in our service area. Other LMHA's in our region will be able to utilize the unit as well.</li> </ul> |
| All seven counties | <ul style="list-style-type: none"> <li>Transportation of individuals to inpatient facilities</li> </ul>         | <ul style="list-style-type: none"> <li>Contracts with LE agencies for off duty officers to provide transportation to inpatient facilities.</li> </ul>  |
| All seven counties | <ul style="list-style-type: none"> <li>Additional psychiatrists (shortage/rural area)</li> </ul>                | <ul style="list-style-type: none"> <li>Continued recruiting efforts</li> </ul>   |

### **Section III: Plans and Priorities for System Development**

#### **III.A Jail Diversion**

The Sequential Intercept Model (SIM) informs community-based responses to the involvement of individuals with mental and substance use disorders in the criminal justice system. The model is most effective when used as a community strategic planning tool to assess available resources, determine gaps in services, and plan for community change.

A link to the SIM can be accessed here:

<https://www.prainc.com/wp-content/uploads/2017/08/SIM-Brochure-Redesign0824.pdf>



*In the tables below, indicate the strategies used in each intercept to divert individuals from the criminal justice system and indicate the counties in the service area where the strategies are applicable. List current activities and any plans for the next two years. If not applicable, enter N/A.*

| <b>Intercept 0: Community Services<br/>Current Programs and<br/>Initiatives:</b>  | <b>County(s)</b>  | <b>Plans for upcoming two<br/>years:</b>   |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Crisis Hotline – 24/7 crisis hotline services for screening and triage</li> </ul>  | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue utilizing Harris County hotline services.</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Pathway program – provide services to individuals moderate to high risk of suicide.</li> </ul>   | <ul style="list-style-type: none"> <li>• All 7 counties</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue Pathway program</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Mobile Crisis Outreach Team – 8 QMHPs available 24/7 to respond to crisis events</li> </ul>  | <ul style="list-style-type: none"> <li>• All 7 counties</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue MCOT program</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Community Response Team responds to crisis call in our 7-county region through dispatch in Victoria County. Four CRTs are able to perform crisis assessment and make appropriate recommendations for diversion.</li> </ul> | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue ongoing communication and building relationships with EDs and law enforcement via ongoing face-to-face meetings in the community.</li> </ul> |
| <ul style="list-style-type: none"> <li>• Mental Health Officers – 2 MHOs provide wellness &amp; prevention checks and also assist MCOT team as needed.</li> </ul>   | <ul style="list-style-type: none"> <li>• Victoria County</li> </ul> | <ul style="list-style-type: none"> <li>• Continue MHO program with available funding through PESC program.</li> </ul>  |

| <b>Intercept 1: Law Enforcement Current Programs and Initiatives:</b>  | <b>County(s)</b>   | <b>Plans for upcoming two years:</b>  |
|--|--|---|
| <ul style="list-style-type: none"> <li>Mental Health First Aid is being provided to local law enforcement personnel.</li> </ul>  | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>Expand training to include first responder and dispatch.</li> </ul>  |
| <ul style="list-style-type: none"> <li>Mental Health Officers will respond to crisis calls through local dispatch to conduct wellness checks and assess situation to determine if MCOT needs to be contacted</li> </ul>                                    | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>Sustain current CRT of a Mental Health Officer and a Mental Health Case Manager that are deployed to address crisis situations in the 7-county region.</li> <li>Sustain current MHO program through local police department</li> </ul> |
| <ul style="list-style-type: none"> <li>Community Response Team responds to crisis call in our 7-county region through dispatch in Victoria County. CRT is able to perform crisis assessment and make appropriate recommendations for diversion.</li> </ul> | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>Continue ongoing communication and building relationships with EDs and law enforcement via ongoing face-to-face meetings in the community.</li> </ul>  |
| <ul style="list-style-type: none"> <li>MCOT staff provide mobile crisis services in the community with law enforcement at the scene, as determined by assessment.</li> </ul>   | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>Implement ZEST initiative with all law enforcement agencies in catchment area.</li> </ul>  |
| <ul style="list-style-type: none"> <li>One-hour response to calls from jails to conduct</li> </ul>   | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>Develop MH court.</li> </ul>   |

|  |  |   |
|--|--|---|
| assessment to determine if appropriate for services.   |  |   |
| <ul style="list-style-type: none"> <li>• MCOT/CRT staff provide follow-up services for individuals who have not been hospitalized. If individual is active, assigned case manager will follow-up.</li> </ul> | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>•</li> </ul> |
| <ul style="list-style-type: none"> <li>• Psychological First Aid training to the Office of Emergency Management (OEM).</li> </ul>  | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>•</li> </ul> |

| <b>Intercept 2: Post Arrest; Initial Detention and Initial Hearings<br/>Current Programs and Initiatives:</b>   | <b>County(s)</b>   | <b>Plans for upcoming two years:</b>  |
|---|--|---|
| <ul style="list-style-type: none"> <li>• Continuity of Care services to assist individuals released from jail with transitioning to community and linking to local resources</li> </ul> | <ul style="list-style-type: none"> <li>• All 7 counties</li> </ul> | <ul style="list-style-type: none"> <li>• Sustain funding for this program.</li> </ul> |
| <ul style="list-style-type: none"> <li>• Screening and Diagnostic services for inmates requesting Gulf Bend Center services</li> </ul>  | <ul style="list-style-type: none"> <li>• All 7 counties</li> </ul> | <ul style="list-style-type: none"> <li>• Continue services in all jails</li> </ul>    |
| <ul style="list-style-type: none"> <li>•</li> </ul>   | <ul style="list-style-type: none"> <li>•</li> </ul>                | <ul style="list-style-type: none"> <li>•</li> </ul>                                   |
| <ul style="list-style-type: none"> <li>•</li> </ul>   | <ul style="list-style-type: none"> <li>•</li> </ul>                | <ul style="list-style-type: none"> <li>•</li> </ul>                                   |
| <ul style="list-style-type: none"> <li>•</li> </ul>   | <ul style="list-style-type: none"> <li>•</li> </ul>                | <ul style="list-style-type: none"> <li>•</li> </ul>                                   |

|   |   |   |
|---|---|---|
| • | • | • |
| • | • | • |

| <b>Intercept 3: Jails/Courts<br/>Current Programs and<br/>Initiatives:</b>  | <b>County(s)</b>   | <b>Plans for upcoming two<br/>years:</b>   |
|---|--|--|
| <ul style="list-style-type: none"> <li>• Staff assigned to DUI court</li> </ul>   | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>• Collaborate with community stakeholders to develop MH court, Drug Court, and Veteran’s court.</li> </ul>          |
| <ul style="list-style-type: none"> <li>• Routine screenings completed to determine mental illness eligibility.</li> </ul>   | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>• Look for funding opportunities to enhance and sustain our crisis response and jail diversion services.</li> </ul> |
| <ul style="list-style-type: none"> <li>• Availability of evaluation by forensic psychiatrist through tele video provided by GBC. This is contracted by the Sheriff’s office.</li> </ul> | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>• More communication measures with jail to identify opportunities for diversion.</li> </ul>                         |
| <ul style="list-style-type: none"> <li>• Provide Crisis services to inmates.</li> </ul>   | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>• Continuation of current activities.</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Continuity of Care Services to assist individuals released from jail with transitioning to</li> </ul>  | <ul style="list-style-type: none"> <li>• All 7 Counties</li> </ul> | <ul style="list-style-type: none"> <li>• Sustain funding for this program.</li> </ul>  |

|   |  |  |
|---|--|--|
| community and linking to local resources. |  |  |
|---|--|--|

| <b>Intercept 4: Reentry Current Programs and Initiatives:</b>  | <b>County(s)</b>  | <b>Plans for upcoming two years:</b>  |
|--|---|---|
| <ul style="list-style-type: none"> <li>Center operates TCOOMMI program that includes 3 QMHPs.</li> </ul>   | <ul style="list-style-type: none"> <li>Probation: Victoria and Lavaca counties</li> <li>Parole: All 7 counties</li> </ul> | <ul style="list-style-type: none"> <li>Continue contract with TDCJ</li> </ul>       |
| <ul style="list-style-type: none"> <li>Continuity of Care services to assist individuals released from jail with transitioning to community and linking to local resources.</li> </ul>   | <ul style="list-style-type: none"> <li>All 7 counties</li> </ul>  | <ul style="list-style-type: none"> <li>Sustain funding for this program.</li> </ul> |
| <ul style="list-style-type: none"> <li>Utilize Mental Health Officers and/or Mental Health Case Mgr.'s to conduct follow ups on individuals to ensure continuity of services.</li> </ul> | <ul style="list-style-type: none"> <li>All 7 Counties</li> </ul>  | <ul style="list-style-type: none"> <li>Sustain funding for this program.</li> </ul> |
| <ul style="list-style-type: none"> <li></li> </ul>   | <ul style="list-style-type: none"> <li></li> </ul>  | <ul style="list-style-type: none"> <li></li> </ul>                                  |
| <ul style="list-style-type: none"> <li></li> </ul>   | <ul style="list-style-type: none"> <li></li> </ul>  | <ul style="list-style-type: none"> <li></li> </ul>                                  |
| <ul style="list-style-type: none"> <li></li> </ul>   | <ul style="list-style-type: none"> <li></li> </ul>  | <ul style="list-style-type: none"> <li></li> </ul>                                  |
| <ul style="list-style-type: none"> <li></li> </ul>   | <ul style="list-style-type: none"> <li></li> </ul>  | <ul style="list-style-type: none"> <li></li> </ul>                                  |

| <b>Intercept 5: Community Corrections Current Programs and Initiatives:</b>  | <b>County(s)</b>   | <b>Plans for upcoming two years:</b>            |
|--|--|---|
| • TRR Services   | • All 7 counties   | • Continuation of current activities.           |
| • TRR Case Mgmt. Services  | • All 7 counties   | • Continuation of current activities.           |
| Provides continuity of care services to assist individuals recently released from jail with accessing services/treatment to prevent future arrests | • All 7 counties   | Maintain the funding to provide these services. |
| Center operates TCOOMMI program that includes 3 QMHPs.   | • Victoria and Lavaca counties for probation and all 7 counties for parole | Continue with TCOOMMI grant                     |
| •  | •  | •   |
| •  | •  | •   |
| •  | •  | •   |

### III.B Other Behavioral Health Strategic Priorities

The [Texas Statewide Behavioral Health Strategic Plan](#) identifies other significant gaps and goals in the state’s behavioral health services system. The gaps identified in the plan are:

- Gap 1: Access to appropriate behavioral health services
- Gap 2: Behavioral health needs S public school students

- Gap 3: Coordination across state agencies
- Gap 4: Supports for Service Members, Veterans, and their families
- Gap 5: Continuity of care for people of all ages involved in the Justice System
- Gap 6: Access to timely treatment services
- Gap 7: Implementation of evidence-based practices
- Gap 8: Use of peer services
- Gap 9: Behavioral health services for people with intellectual and developmental disabilities
- Gap 10: Social determinants of health and other barriers to care
- Gap 11: Prevention and early intervention services
- Gap 12: Access to supported housing and employment
- Gap 13: Behavioral health workforce shortage
- Gap 14: Shared and usable data

The goals identified in the plan are:

- Goal 1: Program and Service Coordination - Promote and support behavioral health program and service coordination to ensure continuity of services and access points across state agencies.
- Goal 2: Program and Service Delivery - Ensure optimal program and service delivery to maximize resources to effectively meet the diverse needs of people and communities.
- Goal 3: Prevention and Early Intervention Services - Maximize behavioral health prevention and early intervention services across state agencies.
- Goal 4: Financial Alignment - Ensure that the financial alignment of behavioral health funding best meets the needs across Texas.
- Goal 5: Statewide Data Collaboration – Compare statewide data across state agencies on results and effectiveness.

*In the table below briefly describe the status of each area of focus as identified in the plan (key accomplishments, challenges, and current activities), and then summarize objectives and activities planned for the next two years.*

| <b>Area of Focus</b>  | <b>Related Gaps and Goals from Strategic Plan</b>                                | <b>Current Status</b>  | <b>Plans</b>  |
|---|--|--|---|
| Improving access to timely outpatient services  | <ul style="list-style-type: none"> <li>• Gap 6</li> <li>• Goal 2</li> </ul>      | <ul style="list-style-type: none"> <li>• Using Just in Time scheduling process.</li> <li>• Hiring/contracting with more psychiatrists.</li> <li>• Additional LPHA added for diagnostic evaluations.</li> <li>• Contract with ETBHN for timely authorizations.</li> </ul> | <ul style="list-style-type: none"> <li>• Continue to support current status.</li> </ul>                         |
| Improving continuity of care between inpatient care and community services and reducing hospital readmissions | <ul style="list-style-type: none"> <li>• Gap 1</li> <li>• Goals 1,2,4</li> </ul> | <ul style="list-style-type: none"> <li>• Assigned Continuity of Care Worker who works with State hospital staff to ensure transition between inpatient care and community. Meeting with SASH Medical Director to improve COC process.</li> </ul>                         | <ul style="list-style-type: none"> <li>• Continue to improve GBC post-discharge follow-up procedures</li> </ul> |



| Area of Focus  | Related Gaps and Goals from Strategic Plan                                      | Current Status  | Plans   |
|--|---|---|---|
|  |   | <ul style="list-style-type: none"> <li>• Contracts with hospitals identify what the hospital's responsibility is with continuity of care back to Gulf Bend Center.</li> <li>• GBC staff conduct seven-day follow-up with clients upon discharge from State Hospital and contract hospitals.</li> <li>•</li> </ul> |   |
| Transitioning long-term state hospital patients who no longer need an inpatient level of care to the community and reducing other state hospital utilization | <ul style="list-style-type: none"> <li>• Gap 14</li> <li>• Goals 1,4</li> </ul> | <ul style="list-style-type: none"> <li>• No current status</li> </ul>   | <ul style="list-style-type: none"> <li>• Look into options for services for transitioning long-term state hospital patients back into the community.</li> </ul> |
| Implementing and ensuring fidelity with evidence-based practices   | <ul style="list-style-type: none"> <li>• Gap 7</li> <li>• Goal 2</li> </ul>     | <ul style="list-style-type: none"> <li>• Ensuring provider staff are trained in the DSHS approved evidence-based practices prior to</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue ongoing training of staff in evidence-based practices.</li> </ul>   |

| Area of Focus  | Related Gaps and Goals from Strategic Plan                                     | Current Status  | Plans  |
|--|--|---|--|
|  |  | provision of the services (e.g. Assertive Community Treatment, IMR).<br>•   | <ul style="list-style-type: none"> <li>• Regular oversight of compliance through internal monitoring.</li> </ul>   |
| Transition to a recovery-oriented system of care, including use of peer support services | <ul style="list-style-type: none"> <li>• Gap 8</li> <li>• Goals 2,3</li> </ul> | <ul style="list-style-type: none"> <li>• Participation in Peer certification training</li> <li>• Two full-time peer support specialist(s)</li> <li>• Using volunteer peer support specialist</li> <li>• Recruiting for a Family Partner for children services</li> <li>• Recruiting a Peer Recovery Coach for substance use services.</li> <li>• Client/client family members appointed to PNAC</li> <li>• All direct care staff have received</li> </ul> | <ul style="list-style-type: none"> <li>• Employ Family Partner.</li> <li>• Employ Peer Recovery Coach</li> <li>• Enhance peer support specialist program.</li> <li>• Continue with training in PCRCP.</li> </ul> |

| Area of Focus   | Related Gaps and Goals from Strategic Plan   | Current Status  | Plans   |
|---|--|---|---|
|   |  | training in the Person-Centered Recovery Planning. <ul style="list-style-type: none"> <li>•</li> </ul>  |   |
| Addressing the needs of consumers with co-occurring substance use disorders | <ul style="list-style-type: none"> <li>• Gaps 1,14</li> <li>• Goals 1,2</li> </ul> | <ul style="list-style-type: none"> <li>• COPSD Training provided for all provider staff.</li> <li>• Inclusion of COPSD in recovery plans</li> <li>• Provision of psychosocial rehabilitation services to COPSD individuals.</li> <li>• Referrals to community providers (e.g. Billy T. Cattan).</li> <li>• Employed an LCDC to provide individual and group SUD therapy</li> <li>• Recruit more LCDC's</li> <li>• Provide medication assistant treatment (MAT)</li> </ul> | <ul style="list-style-type: none"> <li>• Continue communications with Billy T. Cattan for substance abuse services</li> <li>• Establish protocols for referring GBC clients to local resources for easier/smoothier transitions.</li> <li>• Attain SUD licensure</li> <li>• Continue to enhance SUD services</li> </ul> |

| Area of Focus   | Related Gaps and Goals from Strategic Plan                                  | Current Status  | Plans  |
|---|---|---|--|
|   |   | <ul style="list-style-type: none"> <li>Submitted application for SUD licensure.</li> </ul>  |  |
| Integrating behavioral health and primary care services and meeting physical healthcare needs of consumers. | <ul style="list-style-type: none"> <li>Gap 1</li> <li>Goals 1,2</li> </ul>  | <ul style="list-style-type: none"> <li>Refer individuals to community primary healthcare providers.</li> <li>Coordinate with local FQHC regarding identification of mutual consumers.</li> </ul>  | <ul style="list-style-type: none"> <li>Continue to develop coordination and partnership with FQHC.</li> <li></li> </ul>                                  |
| Consumer transportation and access to treatment in remote areas   | <ul style="list-style-type: none"> <li>Gap 10</li> <li>Goal 2</li> </ul>    | <ul style="list-style-type: none"> <li>Provide tele video psychiatric and crisis services for individuals in remote/rural areas.</li> <li>Three satellite offices in Lavaca, Refugio, and Jackson County</li> <li>Have to full time transporters</li> </ul> | <ul style="list-style-type: none"> <li>Continue to develop and coordinate access.</li> <li>Expand satellite offices to all outlying counties.</li> </ul> |
| Addressing the behavioral health needs of consumers with Intellectual Disabilities                          | <ul style="list-style-type: none"> <li>Gap 14</li> <li>Goals 2,4</li> </ul> | <ul style="list-style-type: none"> <li>PASSRR program in place to provide behavioral services</li> </ul>  | <ul style="list-style-type: none"> <li>Continue to develop and coordinate access.</li> </ul>   |

| Area of Focus                                      | Related Gaps and Goals from Strategic Plan                                     | Current Status  | Plans  |
|--|--|---|--|
|  |  | <p>for nursing home residents.</p> <ul style="list-style-type: none"> <li>• Employed a Crisis Intervention Specialist to provide crisis services for IDD individuals.</li> <li>• Contract with Camino Real and Bluebonnet Trails for provision of Crisis Respite Services.</li> <li>• Provision of psychiatric medical services for IDD individuals.</li> </ul> |  |
| Addressing the behavioral health needs of veterans | <ul style="list-style-type: none"> <li>• Gap 4</li> <li>• Goals 2,3</li> </ul> | <ul style="list-style-type: none"> <li>• Contract for Veterans Program in place through HHSC. Employing a Veteran’s Peer Support through the contract.</li> <li>•</li> </ul>  | <ul style="list-style-type: none"> <li>• Continue current status.</li> </ul> |

### III.C Local Priorities and Plans

*Based on identification of unmet needs, stakeholder input, and internal assessment, identify the top local priorities for the next two years. These might include changes in the array of services, allocation of resources, implementation of new strategies or initiatives, service enhancements, quality improvements, etc.*

*List at least one but no more than five priorities.*

*For each priority, briefly describe current activities and achievements and summarize plans for the next two years. If local priorities are addressed in the table above, list the local priority and enter "see above" in the remaining two cells.*

| Local Priority   | Current Status   | Plans   |
|--|--|---|
| Psychiatric inpatient services and transportation (to and from inpatient facilities) | <ul style="list-style-type: none"> <li>• Shortage of psychiatric inpatient facilities/beds for the local service area and statewide.</li> <li>• Transportation provided to hospital by law enforcement or family. Return to community by bus.</li> </ul> | <ul style="list-style-type: none"> <li>• Improved continuity with the state and private hospitals.</li> <li>• Implement local program for GBC staff to coordinate with Psychiatric Inpatient facilities to potentially pick up discharged inpatient consumers.</li> </ul> |
| Improve Judiciary system involvement.  | <ul style="list-style-type: none"> <li>• Lack of a Mental Health Court; lack of timely processing of EDWs</li> </ul>   | <ul style="list-style-type: none"> <li>• Work with community stakeholders for options.</li> </ul>   |
| Increasing knowledge and skill related to suicide                                    | <ul style="list-style-type: none"> <li>• Trained the trainers</li> </ul>   | <ul style="list-style-type: none"> <li>• Continue provision of staff training.</li> </ul>   |

| Local Priority                            | Current Status  | Plans   |
|---|---|---|
| prevention, intervention and postvention. | in ASIST (Applied Suicide Intervention Skills Training), Safe TALK, ASK and CALM <ul style="list-style-type: none"> <li>• Trained direct care and support staff in Suicide Prevention.</li> <li>• Provided training to school counselors.</li> <li>• Provided training to law enforcement.</li> </ul> | <ul style="list-style-type: none"> <li>• Continue to educate and inform community.</li> </ul>   |
| Mental Health Officer                     | <ul style="list-style-type: none"> <li>• Two MHOs in place for Victoria County.</li> <li>• Two part time MHOs in place for Jackson County.</li> </ul>   | <ul style="list-style-type: none"> <li>• Submitted a proposal to HHSC to expand the MHO Officer Program to all 7 counties utilizing off duty officers.</li> </ul> |
|   | <ul style="list-style-type: none"> <li>•</li> </ul>   | <ul style="list-style-type: none"> <li>•</li> </ul>   |

### III.D System Development and Identification of New Priorities

Development of the local plans should include a process to identify local priorities and needs and the resources required for implementation. The priorities should reflect the input of key stakeholders involved in development of the Psychiatric Emergency Plan as well as the broader community. This builds on the ongoing communication and collaboration LMHAs and LBHAs have with local stakeholders. The primary purpose is to support local planning, collaboration, and resource development. The information provides a clear picture of needs across the state and support planning at the state level.

*In the table below, identify the local service area’s priorities for use of any new funding should it become available in the future. Do not include planned services and projects that have an identified source of funding. Consider regional needs and potential use of robust transportation and alternatives to hospital care. Examples of alternatives to hospital care include residential facilities for non-restorable individuals, outpatient commitments, and other individuals needing long-term care, including geriatric patients with mental health needs. Also consider services needed to improve community tenure and avoid hospitalization.*

*Provide as much detail as practical for long-term planning and:*

- Assign a priority level of 1, 2, or 3 to each item, with 1 being the highest priority;*
- Identify the general need;*
- Describe how the resources would be used—what items/components would be funded, including estimated quantity when applicable; and*
- Estimate the funding needed, listing the key components and costs (for recurring/ongoing costs, such as staffing, state the annual cost.*

| <b>Priority</b> | <b>Need</b>                                  | <b>Brief description of how resources would be used</b>  | <b>Estimated Cost</b> |
|-----------------|--|--|-----------------------|
| <i>1</i>        | <i><b>Example:</b><br/>Detox Beds</i>        | <i>• Establish a 6-bed detox unit at ABC Hospital.</i>   | <i>•</i>              |
| <i>2</i>        | <i><b>Example:</b><br/>Nursing home care</i> | <i>• Fund positions for a part-time psychiatrist and part-time mental health professionals to support staff at ABC Nursing Home in caring for residents with mental illness.</i> | <i>•</i>              |



|   |                   |  |   |
|---|-------------------|--|---|
|   |                   | <ul style="list-style-type: none"> <li>• <i>Install telemedicine equipment in ABC Nursing Facility to support long-distance psychiatric consultation.</i></li> </ul> |   |
| 1 | Detox Beds        | <ul style="list-style-type: none"> <li>• Contract with inpatient substance abuse treatment facility</li> </ul>   | <ul style="list-style-type: none"> <li>• Contract @ \$650.00 per day</li> </ul> |
| 2 | MH Crisis Respite | <ul style="list-style-type: none"> <li>• Fund additional QMHP, LPHA, and RN positions to provide crisis respite services in our region.</li> </ul>                   | <ul style="list-style-type: none"> <li>• \$500,000 per fiscal year</li> </ul>   |

## **Appendix B: Acronyms**

**Admission criteria** – Admission into services is determined by the individual’s level of care as determined by the TRR Assessment found [here](#) for adults or [here](#) for children and adolescents. The TRR assessment tool is comprised of several modules used in the behavioral health system to support care planning and level of care decision making. High scores on the TRR Assessment module, such as items of Risk Behavior (Suicide Risk and Danger to Others) or Life Domain Functioning and Behavior Health Needs (Cognition), trigger a score that indicates the need for crisis services.

**Crisis Hotline** – The Crisis Hotline is a 24/7 telephone service that provides information, support, referrals, screening, and intervention. The hotline serves as the first point of contact for mental health crisis in the community, providing confidential telephone triage to determine the immediate level of need and to mobilize emergency services if necessary. The hotline facilitates referrals to 911, MCOT, or other crisis services.

**Crisis Residential Units**– provide community-based residential crisis treatment to individuals with a moderate to mild risk of harm to self or others, who may have fairly severe functional impairment, and

whose symptoms cannot be stabilized in a less intensive setting. Crisis residential facilities are not authorized to accept individuals on involuntary status.

**Crisis Respite Units** – provide community-based residential crisis treatment for individuals who have low risk of harm to self or others, and who may have some functional impairment. Services may occur over a brief period of time, such as two hours, and generally serve individuals with housing challenges or assist caretakers who need short-term housing or supervision for the persons they care for to avoid mental health crisis. Crisis respite facilities are not authorized to accept individuals on involuntary status.

**Crisis Services** – Crisis services are brief interventions provided in the community that ameliorate the crisis and prevent utilization of more intensive services such as hospitalization. The desired outcome is resolution of the crisis and avoidance of intensive and restrictive intervention or relapse.

**Crisis Stabilization Units (CSU)** – are the only licensed facilities on the crisis continuum and may accept individuals on emergency detention or orders of protective custody. CSUs offer the most intensive mental health services on the crisis facility continuum by providing short-term crisis treatment to reduce acute symptoms of mental illness in individuals with a high to moderate risk of harm to self or others.

**Extended Observation Units (EOU)** – provide up to 48-hours of emergency services to individuals in mental health crisis who may pose a high to moderate risk of harm to self or others. EOUs may accept individuals on emergency detention.

**Mobile Crisis Outreach Team (MCOT)** – MCOTs are clinically staffed mobile treatment teams that provide 24/7, prompt face-to-face crisis assessment, crisis intervention services, crisis follow-up, and relapse prevention services for individuals in the community.

**Psychiatric Emergency Service Center (PESC)** – PESC provide immediate access to assessment, triage, and a continuum of stabilizing treatment for individuals with behavioral health crisis. PESC projects include rapid crisis stabilization beds within a licensed hospital, extended observation units,

crisis stabilization units, psychiatric emergency service centers, crisis residential, and crisis respite and are staffed by medical personnel and mental health professionals that provide care 24/7. PESCs may be co-located within a licensed hospital or CSU or be within proximity to a licensed hospital. The array of projects available in a service area is based on the local needs and characteristics of the community and is dependent upon LMHA/LBHA funding.

**Rapid Crisis Stabilization and Private Psychiatric Beds** – Hospital services staffed with medical and nursing professionals who provide 24/7 professional monitoring, supervision, and assistance in an environment designed to provide safety and security during acute behavioral health crisis. Staff provides intensive interventions designed to relieve acute symptomatology and restore the individual’s ability to function in a less restrictive setting.

## **Appendix B: Acronyms**

|             |                                      |
|-------------|--------------------------------------|
| <b>CSU</b>  | Crisis Stabilization Unit            |
| <b>EOU</b>  | Extended Observation Units           |
| <b>HHSC</b> | Health and Human Services Commission |
| <b>LMHA</b> | Local Mental Health Authority        |
| <b>LBHA</b> | Local Behavioral Health Authority    |
| <b>MCOT</b> | Mobile Crisis Outreach Team          |
| <b>PESC</b> | Psychiatric Emergency Service Center |