



Community Resource List

CRISIS (DISTRESS) CENTER	ER or Gulf Bend
SUICIDE PREVENTION CENTER	988 - National Suicide and Crisis Lifeline
RAPE/SEXUAL ASSULT CENTER	National Sexual Assault Hotline 1-800-656-4673
TEEN LINE	Teen Line 1-800-852-8336 or text 'TEEN' to 839863. Texas Youth Helpline 1-877-678-8644
DOMESTIC VIOLENCE HOTLINE	Mid-Coast Family Services 1-800-870-0368
SEXUAL ABUSE HOTLINE	DFPS 1-800-252-5400 or Hope Child Advocacy Center 361-573-HOPE
CHILD ABUSE HOTLINE	DFPS 1-800-252-5400 OR HTTPS://www.txabusehotline.org/
MENTAL HEALTH CRISIS/RESPONSE	Gulf Bend Center 1-877-SAFE GBC or 1-877-723-3422
EMERGENCY SHELTERS	Salvation Army 361-575-1297 , Perpetual Help Home 361-575-5335
YOUTH SHELTER	Texas Youth Helpline 1-877-678-8644
STUDENT SERVICES	VISD Connections 361-788-9909 or 361-576-3131
CHILD CARE REFERRALS	Workforce Solutions 361-578-0341
PARENT TRAINING	MidCoast FAYS Virtual Parent Group Text 'FAYSZOOM' to 361-489-0970
FAMILY SUPPORT SERVICES	MidCoast Family Services FAYS 361-575-7842
SELF HELP GROUPS	Coastal Bend area Narcotics Anonymous www.cbana.org 361-992-2113
SUBSTANCE ABUSE COUNSELING	Billy T. Cattan 361-576-HOPE (4673 or MidCoast Family Services or Gulf Bend Center
RELIGIOUS/SPIRITUAL SUPPORT	Faith Family Church 361-573-2484 https://myffc.ocm/celebrate-recovery The South Texas Children's Home-Family Ministry 361-575-5151 Emmaus Center Catholic Diocese 361-212-0830 Methodist Health Care Ministries 361-7393891
The Trevor Project-LGBTQ support/crisis	1-866-488-7386 Or text 678-678
Help for children for human trafficking or prostitution	Children of the Night 1-800-551-1300
VETERAN'S Crisis and Suicide Hotline	1-800-273-8255
GULF BEND SERVICES	361-575-0611



MENTAL HEALTH FIRST AID

Helpers in your community: Schedule a Mental Health First Aid Training with Gulf Bend Center. Did you know over 4 million people have become a "Mental Health First Aider". Find out how you can too at MHFA@gulfbend.org or call 361-575-0611

