

**MENTAL HEALTH RESOURCES LIST**

Provided by: Gulf Bend Center MHDD  
6502 Nursery Dr, Suite 100  
Victoria, TX 77904  
(361)-575-0611

NOTE: This is by no means a comprehensive list of resources in our community. The number to call 24 hours a day/7days a week for additional resources in your area is 211. For more, please visit the following website: [www.211texas.org](http://www.211texas.org)

**24-Hour Crisis Hotline:  
(877)-SAFEGBC or (877)-723-3422**

**No Cost Services Provided by Gulf Bend Center**

**Support Groups on Relationships**

Wednesdays at noon  
Gulf Bend Wellness Community  
1009 N Nimitz. St.  
Victoria, TX 77901  
(Meets in the Community room with Lane Johnson, LPC-S and Stanley Schweke)

**Substance Use Group Counseling**

Gulf Bend Center Group Counseling Room  
6502 Nursery Dr, Ste. 100  
Victoria, TX 77904  
Every Monday from 1:15-2:15 pm  
\*For more information, please text or call Ashley Surber, Substance Use Counselor, at 361-433-7478

**Community Support Group**

Christ’s Kitchen  
611 E Warren Ave  
Victoria, TX 77901  
Every Thursday from 1:30-2:30 pm  
\*A support group for any topic of interest. Community members are encouraged to join and share what’s on their mind.

**Seeking Safety Group**

Meets Thursdays from 10:00-11:30am  
Gulf Bend Center, Group Counseling Room  
6502 Nursery Dr, Ste. 100, Victoria, TX  
\*For more information, please contact Monica Nicholas, Substance Use Counselor, at 361-412-8262.

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# PSYCHIATRISTS

## **Victoria Psychiatric Associates**

### **Dr. R. Lyman**

2710 Hospital Drive, Suite 202, Victoria, TX 77901  
(361) 579-1388

\*Accepting private pay only. Accepting new patients (only over 18). The first visit is \$270, and all follow up appointments are a minimum of \$90.

## **Victoria VA clinic Outpatient**

311 Spring Green Blvd., Victoria, TX 77904

Hours: Monday-Friday 8 am to 4:30 pm

Phone: 361-582-7700

Phone (mental health care): (210)-617-5300

<https://www.va.gov/south-texas-health-care/locations/victoria-va-clinic/#health-care-offered-here>

\*\*\**Veteran's Crisis Hotline – 800-273-8255*\*\*\*

\*Services include laboratory & pathology testing, mental health care, nutrition & dietary care, primary care, social work, and telehealth. Must be enrolled in VA health care and registered as a patient at South Texas Veterans Health Care System before making an appointment.

## **Claudia Amador, PMHNP (Psychiatric Nurse Practitioner)**

101 W Goodwin Ave STE 901, Victoria, TX 77901  
(361) 576-9700

\*Ages 21 and up. Accepts most major medical insurance, Medicare, and cash pay. Does not accept Medicaid. (Does not see Dementia or Alzheimer).

## **Psychiatric Specialists of Texas-Victoria**

1402 Village Dr., Victoria, TX 77901  
(361) 452-1151

\*Provides services for children (3+) and adults. Clients can enroll on the portal using this link: <https://psychspecialistsoftx.com/new-patient-form-online/>. Accepts Medicaid, most major insurances, and self-pay; does not accept Humana. Does not provide counseling services.

## ***Psychiatrists Outside of Victoria***

### **Dr. John Hopper**

2726 Highway 35, Rockport, TX 78382  
(361) 729-5357

\*Sees adults and children (3 years and up). Accepts most private insurance, private pay, Medicare+Medicaid plans. No sliding scale.

## **Psychiatric Consulting Services**

### **Dr. N. Praderio**

1315 Santa Fe St, Corpus Christi, TX 78404  
(361) 887-9600

\*Accepts most major insurance, Medicare, Medicaid, and self-pay. Services are in-person. Requires a referral from primary care physician. Geriatric psychiatry specialty but sees ages 18 and up.

**Crossroads Psychiatry**

**Kourtne Roberts, MD**

3833 S. Staples St., STE N 215, Corpus Christi, TX 78411

(361)-703-5026

Email: [crossroadspsychiatry@outlook.com](mailto:crossroadspsychiatry@outlook.com)

\*Accepting new patients (only over 18). Cash pay only. Telemedicine services only.

**COUNSELORS & PSYCHOTHERAPISTS**

**Laurel Graham, LPC**

1501 E. Mockingbird Ln. #238

Victoria, TX 77904

Phone: (361) 575-4351

**Reflective Minds Counseling**

Mariselda Moreno

361-945-2523

[mmorenocounseling@gmail.com](mailto:mmorenocounseling@gmail.com)

1501 East Mockingbird, Suite 224 - Wells Fargo Tower,

Serving kids (5 and up), teens, adults, couples

Utilizing play therapy - certified sand tray therapist. Specializes in behaviors and emotional regulation.

Starting June 1, she is accepting self-pay customers; working on getting credentialing in place to accept Medicaid and private insurances like Aetna and BCBS.

**New Beginnings Counseling Services**

**Rick Torres, LPC (Bilingual)**

**Gail Spurgeon, LPC**

**Cheryl Green, LMSW-ACP**

**Danna Harrison, LPC**

**Laura J Wright, LCSW**

**Ashley Trevino, LCSW**

1501 E. Mockingbird, Suite 262

Victoria, TX 77904

(361) 570-8900

\*Accepts ages 8 and up (varies by provider). Accepts Medicaid, Medicare, and most major medical insurance. Bilingual Counseling available.

\*Currently accepting new clients.

**New Life Professional Counseling**

**Janie Odem M. ED. LPC, RPT (Bilingual)**

**Sonia Cantu-Gonzales, MAFP, LPC**

3904 John Stockbauer, Suite 111

Victoria, TX 77904

Phone: (361) 894-6830

<https://newlifeprofessionalcounseling.com/>

\*Accepts Aetna-Aetna Coventry, Ambetter, Blue Cross Blue Shield, CHIP/Children's Program, Cigna, Coventry, Deer Oaks, Humana, Medicaid, Optum, Superior HealthPlan, UMR, UnitedHealthcare UHC/UBH and self-pay (\$175 for intake session and \$125 for regular session). Sliding scale is available. Bilingual counseling available. Accepts ages 4 and up.

### **Reclamation Counseling Center**

506 Glasgow St., Victoria, TX 77904

Phone: (361) 576-3385

\*Accepts Medicaid and most major medical insurance. Anger management classes available. Accepts ages 3 and up.

\*Accepting new clients; play counselor has waitlist.

### **Gonik & Associates, Clinical Psychology and Behavioral Services**

**Uri Gonik, Ph.D.**

**Cleva Schoener, LPC**

1001 E Airline Rd., Victoria, TX 77901

(361) 575-5021

\*Ages 18 & above only/Accepts Medicaid, Medicare & Private Insurance.

\*Accepting new clients.

### **Renewed Hope Counseling**

Otilia Chavez MA, LPC, RPT, EMDR Trained

5606 N Navarro St. Suite 200 Victoria, TX 77904

Phone: (361) 579-3009

[otilia\\_chavez@outlook.com](mailto:otilia_chavez@outlook.com)

Therapy for children, teens, and adults.

\*Spanish and English

\*Accepts most major health insurance and Medicaid.

\*Accepting new clients.

### **Heritage Program GERO (Depression, Anxiety, Aging, and Loss of Independence) Groups**

Refugio Memorial Hospital--107 Swift, Refugio TX 78337

Phone for Refugio: (361) 526-2321, Ext 203

Jackson County Hospital--1013 South Wells St, Edna, TX 77957

Phone for Edna: (361)-782-7813

\*For Seniors, Age 65 and above, but will also see younger patients (18+), accepts Medicare and most private insurance.

\*Accepting new clients

### **Next Step Counseling and Education Center**

**Delores White, MA, LPC**

**Jacob Weishuhn, LPC**

4702 N. Laurent, Suite D, Victoria, TX 77904

(361) 572-0202

\*Accepts Medicaid, Blue Cross Blue Shield, and has an income based sliding scale—will not turn people away for ability to pay.

\*Accepting new clients

**Marsha L. Baumann, PLLC**

**Marsha L. Baumann, LPC**

1905 Leary Ln. Victoria TX

Phone: (361)-573-0731

\*Accepts Medicaid and most insurances. Self-pay is \$125 for the first session and \$105 per session after intake. Sliding scale fees are available.

\*Accepting new clients.

**Speak Freely Counseling Services, LLC**

**Brandie McCray, MA, LPC, LCDC**

5606 N. Navarro St. Ste 300H, Victoria TX 77904

Office:361-485-6645, Mobile: 361-465-2000

[brandiemccray@speakefreelycounseling.com](mailto:brandiemccray@speakefreelycounseling.com) or [www.speakefreelycounseling.com](http://www.speakefreelycounseling.com)

\*Accepts Aetna, Aetna Boon-Chapman, Cigna, BCBS of TX, United HealthCare, Oscar Healthcare, Oxford, and self-pay (\$120 for intake session, \$100 for individual session, and \$110 for a couple's session). No Medicaid or Medicare.

\*Accepting new clients.

**Stable Life Counseling Center, LLC**

**Shirley Johnson, LBSW, LPC**

32 Bailey Dr., Victoria, TX 77901

Phone: (361) 485-0899

<https://mysite.vagaro.com/stablelifecounselingcenterllc>

\*Private pay only (\$75 per session). Specializes in individual (18+), military, and couples counseling.

\*Accepting new clients

**New Horizons Counseling Center**

Yoakum Community Hospital

1200 Carl Ramer, Yoakum, Tx 77995

Phone: 361-293-2321, Ext. 464

\*Must have a referral and call ahead to verify insurance. Accepts ages 19+. Accepts Medicaid, Medicare, supplementary insurance, and most private insurance. A financial assistance program is available for those who qualify.

\*Accepting new clients.

**Barbara Bohman, MAC LPC NCC**

712 Terrell St, Cuero, Tx 77954

Phone: 361-243-0287

<https://www.barbarabohman.com/>

\*Therapy services include traditional counseling, video (telehealth) counseling, and journal therapy.

**Planted Roots Counseling Center**

**Allison Besio, MA, LPC-S**

Phone: 361-302-2219

Email: [plantedrootscounseling@gmail.com](mailto:plantedrootscounseling@gmail.com)

<https://www.allisonbesiotherapy.com/>

\*Modalities of therapy include CBT, Trauma-Focused Cognitive Behavioral Therapy, Person-Centered Therapy, Solution-Focused Therapy, but specializes in trauma survival and healing. Telehealth appointments available

\*Payment options: BCBS of Texas, Aetna, Cigna, Oxford, United Healthcare, Oscar Health, OR Private pay (\$120 per session), with sliding scale options available upon discussion with clinician.

\*Accepting new clients.

### **Counseling4Life, LLC**

303 E. Airline Rd. Ste 2, Victoria, TX 77901

Phone: 210-209-0642

Therapy | San Antonio, San Angelo, and Victoria, Texas | Counseling4Life, LLC |

<https://www.counseling4lifellc.com/>

\*Offers individual (ages 2 years through adult), couple/relationship, family, and group counseling services with daytime, evening, and weekend availability. Our clinicians utilize a variety of treatment modalities including CBT, Trauma-Focused CBT, EMDR, play therapy, solution-focused, Emotion Focused Therapy, etc.

\* Insurances accepted: Ambetter, BlueCross Blue Shield, Cigna, Humana, Optum, Aetna, Oscar Health, UMR, United Healthcare, Gilsbar, and Medicare (starting 2024). Private Pay Rates: \$140 (intake session)/\$130 (regular session) for fully licensed, \$80 (intake session)/\$70 (regular session) for associates, \$50 (intake session)/ \$40 (regular session) for students.

\*Accepting new clients.

### **Evergreen Counseling**

**Sandra Miller, M.A., LPC**

**Joesph Smullen, LCSW-S**

5606 N. Navarro St., Ste 302B

Victoria, TX 77904

<https://evergreencounselor.com/>

Office: 361-210-6898

\*Accepts ages 13 and up.

### **The Emmaus Center Catholic Diocese**

1508 E Airline Rd.

Victoria, TX

Phone: 361-212-0830

<https://emmauscounselingcenter.com/>

\*Offers: individual therapy, EMDR therapy, couples and marital therapy, family therapy, and play therapy (ages 10+). Bilingual counseling services are available. Each session is \$50, but if you can contribute more, they welcome donations. Sliding scale fees or financial assistance are offered.

\*Accepting new clients.

### **Reflective Minds Counseling**

Mariselda Moreno

361-945-2523

[mmorenocounseling@gmail.com](mailto:mmorenocounseling@gmail.com)

1501 East Mockingbird, Suite 224 - Wells Fargo Tower,

Mariselda Moreno

Serving kids (5 and up), teens, adults, couples

Utilizing play therapy - certified sand tray therapist.

Starting June 1, only accepting self-pay; working on credentialing in place to accept Medicaid and private insurances like Aetna and BCBS.

Specializes in behaviors and emotional regulation.

### **Program Hope**

815 North Virginia Street

Port Lavaca, TX 77979

Phone: 361-552-0798

\*Must have a referral. Senior Behavioral Health Program-outpatient program that provides individualized treatment for older adults (50+) who suffer from emotional and psychiatric disorders. The program includes group, individual, or family therapy. Medicare and most insurance plans are accepted. Does not accept Medicaid.

\*Accepting new clients. No referral needed.

### **Charlie Health**

Virtual Intensive Outpatient Program

Phone: (986) 206-0414

Website: <https://www.charliehealth.com/>

\*Virtual Intensive outpatient program-designed for teens and young adults (11 to 33 years old). Offers support groups, family therapy, and individual therapy.

\*Accepts most major insurance providers and can work with Medicaid. Also has a financial hardship program available for those who are eligible and tries to work with families on a case-by-case basis.

\*Accepting new clients

### **Mind Connection Behavioral Health**

Telepsychiatry services for ages 12 and up

Phone: (888)-575-8046

Email: [info@mindconnectionbh.com](mailto:info@mindconnectionbh.com)

[www.mindconnectionbh.com](http://www.mindconnectionbh.com)

\*Services include telepsychiatry, psychotherapy, medication management, and comprehensive psychiatric evaluation (all appointments are via telehealth/video consult).

\*Accepted insurances include: Aetna, Allegiance, All Well, Ambetter, Anthem, Beacon Health, BSBS PPO/HMO, Cigna, Humana, Magellan, Medicare, Traditional Medicare, Optum, Superior Health Care, Value Options, United Healthcare.

\*Accepting new clients. No Referral needed.

### **Crescent Counseling**

Ashley Moulton, M.A., LPC, LCDC, EMDR-Trained

Phone: (361)-208-2894

Email: [ashleymoulton@crescentcounseling.net](mailto:ashleymoulton@crescentcounseling.net)

\*Offers individual, EMDR, couples, and ADHD counseling services. All services are telehealth/virtual.

\*Accepts Cigna, Blue Cross Blue Shield, Oscar Health, United Health Care, Oxford, & Aetna. Now accepting new clients.

### **Trail Glass Counseling**

Mary Heryford, LPC-Associate  
Supervised by Lane Johnson, LPC-S

<https://www.trailglasscounseling.com/>

\*Offers individual telehealth counseling for adults and adolescents (13+). Charges \$100 per session.

### **No/Low Charge Counseling Services**

#### **The South Texas Children's Home-Family Ministry**

**Lorraine Turner, MA-LPC (Director)**

Multiple Counselors

1905 Salem Rd, Victoria, TX 77904

Phone: 361-575-5151

[www.stch.org](http://www.stch.org)

\*Christian counseling services for ages 4 and up. Provides short-term Individual, Marriage, & Family Therapy—Play therapy available for children.

\*Does not accept insurance. Has a suggested donation of \$40 per session, but they will provide services regardless of ability to pay. Must call first to determine eligibility.

\*Accepting new clients, but typically has a waitlist of around 2-3 weeks.

### **Methodist HealthCare Ministries-Counseling Services**

**Stephanie Espinosa, LCSW (Bilingual)**

Phone: 361-739-3891

\*Call for local Address: Offices are located in Victoria, Edna, Palacios, and Port Lavaca. Offers no charge counseling services for those without insurance or those with insurance who are unable to pay copays/deductibles.

### **Behavioral Health Centers**

#### **Empower Behavioral Health**

4800 N Navarro Ste. 500, Victoria TX 77904

361-208-7423

<https://www.empowerbh.com/>

Empower Behavioral Health focuses on helping individuals with autism build independence, communication abilities, social skills, and everyday functioning through customized ABA-based interventions.

\*Services offered: ABA Therapy, Day Programs, Parent Training and Family Support, and Specialized Skill Development.

Accept most insurances.

### **Inpatient hospitals**

#### **Corpus Christi**

##### **Bayview Behavioral Hospital**

6629 Woolridge Rd. Corpus Christi, TX 78414

361-986-8200  
Fax: 361-986-8280  
Ages: 10-17, 18-54, 55+  
Co-Occurring Disorders

**Oceans Behavioral Hospital**

600 Elizebeth St. Building B, 4<sup>th</sup> floor Corpus Christi, TX 78404  
361-371-8933  
\*Adults and Seniors

**Richmond**

**Westpark Springs**

6902 S. Peek Rd. Richmond, TX 77407  
832-535-2770  
Fax: 832-757-1006  
Ages: 12+

**GBC CONTRACT HOSPITAL**

\*Services include substance use and mental health treatment.

**San Antonio**

**San Antonio Behavioral Health**

8550 Huebner Rd. San Antonio, TX 78240  
Phone: 210-541-5300  
Fax: 210-541-5366  
Ages 9-17, 18+  
(Dementia patients accepted on a case-by-case basis)

**Laurel Ridge Hospital**

17720 Corporate Woods Dr. San Antonio, TX 78259  
Phone: 210-491-9400  
Fax: 210-491-3554  
Ages 4-12, 13-17, 18+  
(No dementia or memory conditions)

**Methodist Specialty Hospital**

8038 Wurzbach Rd. Suite 320 San Antonio, TX 78229  
210-575-0509  
Ages 18+ (geriatric unit available)  
(No dementia patients, no detox)  
\*For patients stable on medication but need psychotherapy intervention

**Audie L. Murphy VA Hospital- Veterans Only**

7400 Merton Minter San Antonio, TX 78229  
Phone: 210-617-5300 x15617  
\*Requires voluntary admission, but occasional EDW accepted- call to verify

**Austin**

**Austin Oaks Hospital**

1407 W. Stassney Ln. Austin, TX 78745  
Phone: 512-440-4800  
Fax: 512-440-4840  
Ages 12+

**Cross Creek Hospital**

8402 Cross Park Dr. Austin, TX 78754  
Phone: 512-823-0570 or 888-238-1567  
Ages: 12+ (geriatric unit available)  
(Dementia patients accepted on case-by-case basis)

**GBC CONTRACT HOSPITAL**

Jodie Jude (Community Liaison): (512)-638-9325

**Cypress****Lonestar Behavioral Health**

16303 Grant Rd. Cypress, TX 77429  
281-516-6200  
Fax: 281-516-6206  
(Facility will do their own assessment before acceptance)  
Adults 18+  
EDW's accepted  
(No dementia)

**Memorial Herman Medical Group Cypress**

1314 Fm 1960 suite 120, Houston TX 77065  
281-890-6446

**Houston****West Oaks Hospital**

6500 Hornwood Houston, TX 77074  
Phone: 713-589-7945  
Ages 5+  
(no geriatric unit, no dementia patients)

**Cypress Creek Hospital**

17750 Cali Dr. Houston, TX 77090  
Phone: 281-586-7600  
Fax: 281-586-5903  
Ages 13+  
EDW's accepted  
(Geriatric unit available, but no dementia)

**SUN Behavioral Houston**

7601 Fannin St. Houston, TX 77054  
Phone: 713-766-5918  
Fax: 832-323-1030

Ages 6+

Substance use and psychiatric services available

**GBC CONTRACT HOSPITAL**

Tobey B. (Vice President of Development) (832)-610-9191

**Menninger Clinic**

12301 Main St. Houston, TX 77035

Phone: 713-589-5860

Fax: 713-275-5107

Ages 12+

(No EDW/PON)

(Dementia case by case basis, no active eating disorders)

**Behavioral Hospital of Bellaire**

5314 Dashwood Dr. STE 300 Houston, TX 77081

713-600-9500

Fax: 713-600-9576

Ages 12+ (geriatric unit available)

EDW's accepted

**Bayes Achievement Center**

7517 TX-75, Huntsville, TX 77340

Phone: 936-291-3391

Monica Bayes Criswell 936-714-5783

\*Residential treatment center and day school program for special needs students with significant behavioral difficulties (ages 6-22 years old).

**OPI Houston**

10514 Oberrehder Road, Needville, TX 77461

Phone: 979-985-3359

\*Treatment to transition program that helps young adults (ages 18-28) develop life skills.

**Kingwood**

**Kingwood Pines Hospital**

2001 Ladbrook Dr., Kingwood, TX 77339

Phone: (281)-402-3341 Fax: (281)-404-1081

\*Provides inpatient and outpatient services for ages 8 and up. Open 24/7 and takes walk-ins.

**Sugar Land**

**Pam Voyages Behavioral Health**

11931 S. Texas 6, Sugar Land, TX 77498

Phone: (281)-896-0112

<https://voyageshealth.com/>

\*Provides inpatient services for mental health and substance use disorders for those aged 18 years and older. Walk-in evaluations are available 24/7.

## **SUBSTANCE USE TREATMENT**

### **Local Agencies:**

#### **Gulf Bend Center**

6502 Nursery Dr, Suite 100, Victoria, TX 77904

Phone: (361)-575-0611

\*Provides mental health, intellectual and developmental disability, and substance use (outpatient) services to individuals residing in the following counties: Victoria, DeWitt, Calhoun, Lavaca, Jackson, Goliad, and Refugio. Intake screenings are completed on a walk-in basis Mon.-Fri. from 8 am to 4 pm.

#### **Treatment Associates**

107 Cozzi Circle, Victoria, TX 77901

Phone: (361) 572-3006

\* *Parole and probation referrals only.* Substance abuse treatment, half-way house Residential short-term TX (30 days or less), Residential long-term TX (more than 30 days), outpatient. Private pay only. Spanish speaking available.

#### **Billy T. Cattan Recovery Outreach, Inc. – seen by appointment ONLY**

**OSAR-** (Tammy – 210-627-3066)

802 E. Crestwood, Victoria, TX 77901

Phone: (361) 576-HOPE (4673)

Hours of Operation: Monday-Thursday 9 am to 6 pm

\*Outpatient treatment

#### **Best Recovery Health Care, Inc.**

1708 N. Laurent, Victoria, 77901

Phone: (361)-572-9122

\*Methadone Clinic (Lortab, Heroin, etc.). Private pay only

#### **UTHealth Texas Integrated Community Opioid Network**

Community Health liaison: Mikayla Dinkins

[Mikayla.Dinkins@uth.tmc.edu](mailto:Mikayla.Dinkins@uth.tmc.edu)

Cell: (361)-281-4126

\*Offers education, harm reduction, and prevention services for substance use disorder. Improves access to treatment providers and modalities and acts as a liaison to local agencies to address the needs of those with substance use disorder.

### **Regional Agencies:**

#### **La Hacienda Treatment Center (Hill Country Area)**

145 La Hacienda Way Southwest, Hunt, TX 78024

Phone: (844)-975-0190

[www.lahacienda.com](http://www.lahacienda.com)

\*Residential facility for alcohol and drug rehabilitation.

#### **Starlite Drug Rehab & Alcohol Rehabilitation (Hill Country Area) – Detox and Rehab Service, no referral required, Adults (Male & Female)**

230 Mesa Verde Dr. E  
Center Point, TX 78010  
Phone: (855)-956-5769

<https://www.starliterecovery.com/admissions/>

\*Accepts most major insurance, private pay, and some Medicaid. NO Medicare.

**Promises Behavioral Health** (Brazos Valley) –  
3550 Normand Drive; College Station, TX 77845  
Phone: (979)-426-0119

\*Offers inpatient and outpatient rehabilitation for those challenged with substance use or co-occurring mental health disorders. Accepts most major insurances.

### **Hospitals with SUD Programs:**

#### **Cross Creek Hospital**

8402 Cross Park Dr. Austin, TX 78754  
Phone: 512-823-0570 or 888-238-1567

Ages: 12+ (geriatric unit available)

(Dementia patients accepted on case-by-case basis)

#### **GBC CONTRACT HOSPITAL**

Jodie Jude (Community Liaison): (512)-638-9325

#### **SUN Behavioral**

7601 Fannin St. Houston, TX 77054

Phone: 713-766-5918

Fax: 832-323-1030

Ages 6+

Substance use and psychiatric services available

#### **GBC CONTRACT HOSPITAL**

Tobey B. (Vice President of Development) (832)-610-9191

#### **West Park Springs**

6902 S. Peek Rd. Richmond, TX 77407

832-586-8569

Fax: 832-757-1006

Ages: 12+

#### **GBC CONTRACT HOSPITAL**

\*Services include substance use and mental health treatment.

### **Children and Adolescents:**

#### **Local Agencies:**

#### **Mid-Coast Family Services—Youth Prevention Services**

2010 N Navarro Ste. A

Victoria Tx 77901

Phone: 361-575-7842

\*Provides drug and alcohol prevention services in Calhoun, DeWitt, Gonzales, Jackson, Lavaca, and Victoria counties. Education is facilitated through curriculum-based support groups for ages 6-12.

## **Independent Living**

### **Administration for Community Living**

Eldercare Locator Hotline: 800-677-1116

Disability Information Access Hotline: 888-677-1199

<https://acl.gov/help/getting-started>

\*Supports the needs of the aging and disability populations and improves long-term and health care services.

### **Affectionate Arms Adult Care**

3802 John Stockbour Dr. Victoria TX

361-578-9067

[affectionatearms@sbcglobal.net](mailto:affectionatearms@sbcglobal.net)

\*Adult daycare for vets, elderly/disabled adults.

\*offers health and social services.

## **Eating Disorder Treatment**

### **Eating Recovery Center Dallas/Plano**

5120 Legacy Dr., Plano Tx 75024

Phone: (469)-613-1722

\*Services include treatment for eating disorders, orthorexia, anorexia nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, OSFED for adults, children, and adolescents. Levels of care include inpatient, on-site intensive outpatient, partial hospitalization, and residential.

### **Eating Recovery Center Dallas/Plano-Baylor Campus**

4708 Alliance Blvd #300, Plano, TX 75093 & 4716 Alliance Blvd #400, Plano, TX 75093

Phone: (972)476-0800

\*Services include treatment for eating disorders, orthorexia, anorexia nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, OSFED for adults, children, and adolescents. Levels of care include inpatient, partial hospitalization, and residential.

### **Center for Discovery Eating Disorder Treatment Addison**

14131 Midway Rd. STE. #112, Addison, TX 75001

Phone: 888-491-4738

\*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

### **Center for Discovery Eating Disorder Treatment Plano**

5124 Corinthian Bay Dr., Plano, TX 75093

Phone: 888-491-4738

\*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 9-18 years old. Level of care is residential treatment.

**Eating Recovery Center Austin**

12221 Renfert Way #250, Austin, TX 78758

Phone: (512)-814-8255

\*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

**Center for Discovery Eating Disorder Treatment Austin**

1717 West 6th St. STE 300, Austin, TX 78703

Phone: 855-967-2788

\*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

**Eating Recovery Center Houston**

7515 S Main St. #400, Houston, TX 77030

Phone: (713)-750-9607

\*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

**Eating Recovery Center The Woodlands**

17350 St Lukes Way STE 220, The Woodlands, TX 77384

Phone: (281)-465-9229

\*Services include treatment for eating disorders, orthorexia, anorexia, nervosa, ARFID, atypical anorexia, bulimia nervosa, compulsive overeating, diabulimia, and OSFED for adults, children, and adolescents. Levels of care include on-site intensive outpatient and partial hospitalization.

**Center for Discovery Eating Disorder Treatment Houston**

8588 Katy Freeway STE 440, Houston, TX 77024

Phone: 888-491-4738

\*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 10+. Levels of care include intensive outpatient and partial hospitalization.

**Center for Discovery Eating Disorder Treatment Cypress**

17515 Swansbury Dr., Cypress, TX 77429

Phone: 888-491-4738

\*Services include treatment for anorexia nervosa, bulimia nervosa, binge eating disorder, orthorexia nervosa, ARFID, OSFED, co-occurring disorders, and primary mental health diagnoses for ages 16-23 years old. Level of care is residential treatment.

**Esperanza Eating Disorders Center**

140 Heimer Rd #400, San Antonio, TX 78232

Phone: (210)-253-9763

\*Services include treatment for anorexia, bulimia, binge eating disorder, ARFID, and OSFED for adults and adolescents. Levels of care include partial hospitalization, intensive outpatient, and outpatient.

### **Eating Recovery Center Texas-Virtual Programs**

Virtual Programming

Phone: (866)-489-5497

\*Services include treatment for eating disorders and binge eating disorders for adults, children, and adolescents. Level of care is virtual intensive outpatient.

## **SUPPORT GROUPS (Alcohol)**

### **North Loop Group Alcoholics Anonymous**

Holy Family Catholic Church

704 Mallet Dr., St. Donald Hall-Bldg B

Tuesdays, 7-8 pm

### **Mainstream Alcoholics Anonymous**

St. Francis Episcopal Church

3002 Miori Lane Victoria, TX 77901

Monday-Thursday and Saturday at noon

### **Cuero Burning Desire**

Meets Mondays and Fridays at 7 pm

Cuero Public Library

207 E Main St, Cuero, TX 77954

Phone: (361)-275-2864

## **SUPPORT GROUPS (Al-anon)**

[www.texas-al-anon.org](http://www.texas-al-anon.org)

Best site for meetings all over the area – Cuero, Yoakum, Edna, Hallettsville, etc

### **Live and Let Live AFG**

Fridays at 7:00 pm

Grace Presbyterian Church

3604 N Ben Jordan St. Victoria, Tx 77901

\*In library of the Fellowship Hall

Park Avenue AFG

Tuesdays at 12 pm

First English Lutheran Church Office Building

516 N Main St. Victoria, TX 77901

### **AA Meeting**

BW Revision: 6/30/2026

Meets on Mondays, Thursdays, and Saturdays at 7 pm  
Christ the Victor Lutheran Church, Friendship Room (enter through the side door)  
202 Stanley, Victoria TX  
Phone: (361) 575-4363  
\*Zoom is also available. Meeting ID: 6626211099, Passcode: 218223

### **SUPPORT GROUPS (Substance Use)**

Mondays at 7 pm  
Grace Presbyterian Church  
3604 Ben Jordan

Tuesdays at 7 pm (Women's meeting)  
Sisters Seeking Solutions  
401 S. Moody, Victoria, TX

Tuesdays at 7 pm  
St. Francis Church  
3002 Miori Ln. Victoria, TX

Wednesdays at 7 pm  
St. Francis Church  
3002 Miori Ln, Victoria, TX

Thursdays at 7 pm  
Salvation Army  
1302 N Louis St, Victoria, TX

Thursday at 7 pm  
St. Francis Church 3002 Miori Ln. Victoria, TX

Fridays at 7 pm  
St. Francis Church  
3002 Miroi Ln, Victoria, TX

Saturday 12 pm  
St. Francis Church  
3002 Miroi Ln, Victoria, TX

Sundays at 6 pm  
St. Francis Church  
3002 Miori Ln, Victoria, TX

\*Helpline: 361-992-2113  
\*Visit [www.cbana.org](http://www.cbana.org) for up-to-date meeting schedules

**Substance Use Group Counseling**  
Meets Monday from 1:15-2:15pm  
Gulf Bend Center, Group Counseling Room  
6502 Nursery Dr, Ste. 100, Victoria, TX

\*For more information, please text or call Ashley Surber, Substance Use Counselor, at 361-433-7478

### **Seeking Safety Group**

Meets Thursdays from 10:0-11:30pm  
Gulf Bend Center, Group Counseling Room  
6502 Nursery Dr, Ste. 100, Victoria, TX

\*For more information, please text or call Monica Nicholas, Substance Use Counselor, at 361-412-8262

## **SUPPORT GROUPS (other addictions)**

### **Sex Addicts Anonymous**

[www.sexaa.org](http://www.sexaa.org)

## **SUPPORT GROUPS (Alzheimer's)**

### **Alzheimer's Support Group (Victoria)**

Morada Vicotria  
9606 NE Zac Lentz Parkway  
Phone: 361-582-2100

\*Call if interested in meeting times.

## **SUPPORT GROUPS (grief)**

### **Widows, Widowers, and Bereavement Support Group (also open to divorcees)**

Usually meets on the 1<sup>st</sup> Tuesday of the month at 3:30 pm (call for exact dates)  
Our Lady of Sorrows, Trinity Hall  
208 W River St, Victoria, TX

\*For more information, contact 361-575-2293

### **Hospice of South Texas Grief Support Group**

Please call to register to attend.

Phone: 361-572-4300  
605 E Locust, Victoria, TX

\*Meetings are open and held on Tuesdays from 10 am-11:15 am. Meetings are free and provided for all who have experienced a loss.

<https://hospice-vic.org/how-we-help/grief-support/>

\*online individual and group counseling available

## **Support Groups (General)**

### **Parkway Church—Pathway Groups, Help for Hurting People**

Meets on Mondays at 6:30 pm  
Parkway Victoria, 4802 N. John Stockbauer Dr, Victoria, TX

Meets on Tuesdays at 6:30 pm  
Parkway Port Lavaca, 2400 Highway 35 S, Port Lavaca, TX

Phone: 361-572-8340

## **CELEBRATE RECOVERY**

### **Faith Family Church**

Meetings are on Thursday evenings starting at 7 pm (complimentary meal at 6 pm)

2002 East Mockingbird, Victoria, TX 77901

Phone: 361-573-2484

\*Free childcare is available for those who attend classes. There are different celebrate recovery groups including for teens, women's step study, and men's step study.

<https://myffc.com/celebrate-recovery>

## **TEENS SUPPORT GROUPS**

### **Faith Family Church**

Meetings are on Thursday evenings starting at 7 pm (complimentary meal at 6 pm)

2002 East Mockingbird, Victoria, TX 77901

Phone: 361-573-2484

\*Free childcare is available for those who attend classes. There are different celebrate recovery groups including for teens, women's step study, and men's step study.

<https://myffc.com/celebrate-recovery>

## **Infant Loss & Miscarriages Support Group**

### **Little Bears of Comfort Foundation**

Email: [littlebearsofcomfort@gmail.com](mailto:littlebearsofcomfort@gmail.com)

<https://www.littlebearsofcomfortfoundation.org/>

\*Nonprofit that offers support to anyone (women, men, or children) who has experienced a miscarriage or the loss of an infant (does not have to be recent). Offers in-person and virtual support group meetings, guidance, and support surround the grief associated with infant loss and miscarriage.

## **VICTIMS OF ASSAULT**

### **The Harbor, Children's Alliance & Victim Center**

Phone: 361-552-5683

**24/7 Crisis Hotline: 361-552-4357**

**Report Abuse: 1-800-252-5400**

215 W Railroad, Port Lavaca, TX 77979

\*Services include children's/family/individual advocacy services, sexual assault crisis services, family violence services, counseling, case management, and legal services.

### **Mid-Coast Family Services**

Phone: 361-575-7842 or 1-800-870-0368

**24/7 Hotline- 361-573-4357**

2010 N Navarro Suite A, Victoria, TX 77901

\*Services include battering intervention & prevention, family violence prevention and services (including a domestic violence shelter), sexual assault services, housing & rental assistance, youth services, and FAYS (family and youth success) services.

**Legal Aid for Survivors of Sexual Assault (LASSA)**

Phone: (844)303-7233, Option 1

Monday-Friday 9 am-7 pm

<https://lassatexas.org/>

\*Free and confidential legal services for survivors of sexual assault. Attorneys answer all calls. Callers can remain anonymous and may reach out if they have not reported to law enforcement.

**Victoria Police Department, Victim Services**

306 S Bridge St., Victoria, TX

Phone: (361)-485-3700

<https://www.victoriatx.gov/554/Victim-Services>

**Hope of South Texas**

3805 E Rio Grande, Victoria, Texas 77901

Mon-Fri 8:30 am to 5:30 pm

Phone: 361-573-4673

Email: [info@hopecenterstx.org](mailto:info@hopecenterstx.org)

<https://hopecenterstx.org/what-we-do/>

\*Provides a safe, child-friendly environment where law enforcement, child protective services, prosecution, medical, and mental health professionals may share information and develop effective, coordinated strategies sensitive to the needs of each unique case and child.

**Military Supports**

**Veteran Services Office**

Victoria County Public Health building

2805 North Navarro Street, Rm. 501, Victoria, Texas, TX 77901

Phone: (361) 582-5810

Monday-Thursday: 8 am-4 pm

Friday: 8 am-3 pm

Closed: Lunch- 12 pm-1 pm, Weekends, and Holidays

<https://www.vctx.org/page/veterans>

**Endeavors**

602 North Staples St., STE 190, Corpus Christi, TX 78401 (closest location)

Phone: (361)-356-3649 or (210)-431-6466

<https://endeavors.org/>

\*Provides services for Veterans and their families including rental assistance, housing search and placement, temporary financial assistance, referrals to community resources, outreach, and connection to VA benefits and services. Based in San Antonio, but services Victoria and surrounding counties.

**Victoria VA clinic Outpatient**

311 Spring Green Blvd., Victoria, TX 77904

Hours: Monday-Friday 8 am to 4:30 pm

Phone: 361-582-7700

Phone (mental health care): (210)-617-5300

<https://www.va.gov/south-texas-health-care/locations/victoria-va-clinic/#health-care-offered-here>

**\*\*\*Veteran's Crisis Hotline – 800-273-8255\*\*\***

\*Services include laboratory & pathology testing, mental health care, nutrition & dietary care, podiatry, primary care, social work, and telehealth. Must be enrolled in VA health care and registered as a patient at South Texas Veterans Health Care System before making an appointment.

### **Military Veteran Peer Network**

Oscar Pulido, Peer Support Specialist (Victoria, Calhoun, Lavaca, Refugio, Jackson, DeWitt, and Goliad counties)

Phone: 361-935-0753

## **PARENTING**

### **Mid-Coast Family Services—FAYS Services**

Phone: 361-575-7842 or 1-800-870-0368

**24/7 Hotline- 361-573-4357**

2010 N Navarro Suite A, Victoria, TX 77901

\*Services include battering intervention & prevention, family violence prevention and services (including a domestic violence shelter), sexual assault services, housing & rental assistance, youth services, and FAYS (family and youth success) services.

### **VISD Connections**

3002 E. North St. Ste. J, Victoria, TX

Phone: 361-788-9909

Monday-Friday 8 am-4:45 pm (closed for VISD holidays/breaks)

\*Provides assistance to VISD students, families, and employees with clothing, hygiene items, food, and referrals for other community resources. Assistance is on a case-by-case basis.

### **Victoria County Public Health Department-WIC of Victoria**

2805 N. Navarro St., Victoria, TX

Phone: (361)-578-2884

<https://www.vcphd.org/page/health.wic.home>

\*Serves eligible families from the moment they find out they're pregnant to the child's 5th birthday. Provides services such as providing healthy foods, breastfeeding support, nutrition classes, etc. to Calhoun, DeWitt, Jackson, Goliad, Lavaca, and Victoria counties.

### **Victoria County Public Health Department-Texas Home Visiting**

2805 N. Navarro St., Victoria, TX 77901

Phone: (361)-578-6281, Ext. 3808

<https://www.vcphd.org/page/health.home.visiting.home>

\*Serves eligible families in Victoria county with parenting education and support including any questions about parenting and local resources. Provides services to anyone (including parents, grandparent, foster parents, or other caregivers) who is expecting a child or who has a child who has not started kindergarten yet.

### **Victoria County-Family Connects**

S.T.A.R.S. Clinic

4208 Retama Cir., Victoria, TX 77901

Phone: (361)-575-0681

Hours: Mon-Thurs 9a to 4p

<https://www.vcphd.org/page/health.home.visiting.family.connects>

\*Nurse home visiting program for families with newborns 3-12 weeks old in Victoria County. Nurses can address several of the family's needs such as baby weight checks, mom health checks, postpartum depression screenings, childcare options, financial resources, parent support groups, etc.

### **Golden Crescent MOMS—Texas A&M College of Nursing**

Phone: 979-324-5085

Fax: 361-576-6557

Email: [gc-moms@tamu.edu](mailto:gc-moms@tamu.edu)

[nursing.tamu.edu/gc-moms](http://nursing.tamu.edu/gc-moms)

\*Provides a free educational home visiting program to women who are pregnant or have given birth within 1 year in DeWitt, Calhoun, Jackson, and Lavaca counties. To be eligible for services, women must meet any of these needs: receive government assistance, be uninsured, be unhoused, have had an adolescent pregnancy, have mental health needs, or had exposure to substance use.

## **RELATIONSHIPS**

### **Support Group on Relationships**

Wednesdays at noon

Gulf Bend Wellness Community

1009 Nimitz.

Victoria, TX 77904

(Meets in the Community Room with Lane Johnson, M. Div., LCP-S and Stanley Schweke)

No charge

## **GAY, LESBIAN, BISEXUAL & TRANSGENDER**

### **Montrose Counseling Center**

401 Branard St., Houston, TX 77006

Phone: 713-529-0037

24-hour helpline: 713-529-3211

[www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)

\*Provides counseling and other social services for LGBTQ and HIV+ individuals. Services include case management, counseling, gender-affirming care, housing assistance, and substance use treatment.

**The Trevor Project**

24-hour helpline: 1-866-488-7386

Text “START” to 678-678

<https://www.thetrevorproject.org/>

\*Crisis support for LGBTQ young people.

**AUTISM**

**Victoria Association for Citizens with Disabilities**

P.O. Box 7164, Victoria, TX 77903

\*Provides social support and events for members. The membership fee is \$12 per member. People can join VACD during the yearly membership drive, which usually occurs during the months of September and October. Letters and notes can be sent to VACD through their PO Box—be sure to include a valid mailing address and/or phone number for VACD personnel to reach you.

**Driscoll Children’s Hospital—Developmental Pediatric Medicine**

3533 S. Alameda St., Sloan Bldg. 4<sup>th</sup> floor, Corpus Christi, TX 78411

Phone: 361-694-5650

\*Offers testing for: autism, cognitive abilities, academics, language development, and memory functions. Must have referral from primary care physician to schedule an evaluation.

**CRISIS HOTLINES**

**Suicide and Crisis Hotline**

988

\*Offers 24/7 call and text access to trained crisis counselors.

**Gulf Bend Center MHDD**

24/7 Crisis Hotline: 1-877-SAFE-GBC (1-877-723-3422)

**Mid Coast Family Services**

Domestic Violence and Sexual Assault Hotline: (361)-573-HELP(4357) or (800)-870-0368

**The Harbor**

24-hour Crisis Hotline: (361) 552-5683

\*Domestic violence, sexual assault, abuse, etc.

**Department of Protective and Regulatory Services Child Protective Services (CPS)  
Adult Protective Services (APS)**

Phone: 1-800-252-5400

**VA (Veteran’s) Crisis & Suicide Hotline**

Call 988 and select 1

Text 838255

If you have hearing loss, call TTY: 800-799-4889

**Trans Lifeline**

Peer support hotline ran by trans people for trans and questioning people: 877-565-8860

<https://translifeline.org/>

**NAMI National Warmlines Directory**

A Warmlines is a peer-run hotline that offers callers emotional support and is staffed by trained peers and volunteers who have been through their own mental health struggles and know what it’s like to need help. Warmlines are free and confidential.

<https://www.nami.org/wp-content/uploads/2025/11/Warmlines-Directory-as-of-Nov-20-2025.pdf>

Warmlines:

The Crisis Contact Line – (615)-244-7444 (calling) or (615)-502-4373 (24/7, Spanish speakers available)

An Ear to Listen and a Passion to Care: (844) 755-4673 (M-F 12 noon - 10pm-CST, Spanish speakers available)

TX MHA Texas Warm Line - (817) 546-7826 (M-F 8am - 5pm CST)

**HEALTH DEPARTMENTS**

**Dewitt County (361) 275-0920**

**Victoria County (361) 578-6281**

**TEXAS HIV/STD**

**Victoria County Public Health Department—HARP (HIV/AIDS Resource Program)**

2805 N Navarro St., Victoria, TX 77901

Phone: (361)-578-6281, Ext. 3801

Hours of Operation: Mon.-Thurs., 8 am-5:30 pm (closed for lunch 12 noon-1 pm); Friday 7:30 am-1:30 pm

<https://www.vcphd.org/page/health.harp.home>

\*Provides resources and services for individuals living with HIV/AIDS.

**Victoria County Public Health Department—Public Health Nursing**

2805 N Navarro St., Victoria, TX 77901

Phone: (361)-578-6281, option 3

Hours of Operation: Mon.-Thurs., 8 am-5:30 pm (closed for lunch 12 noon-1 pm); Friday 7:30 am-1:30 pm

<https://www.vctx.org/page/health.nursing.stds>

\*Offers testing and treatment for HIV, Syphilis, Gonorrhea, Chlamydia for \$50 (14 years and older).

### **TEXAS HIV/STD INFOLINES**

**CDC:** 1-800-CDC-INFO (1-800-232-4636)

#### **Texas HIV/AIDS Hotlines:**

737-255-4300

1-800-299-AIDS

1-800-299-2437 (en Espanol)

[www.dshs.state.tx.us/hivstd](http://www.dshs.state.tx.us/hivstd)

### **PREGNANCY**

#### **The Gabriel Project of the Crossroads**

Phone (24/7 line): (361)-576-1156

\*Provides services to pregnant women 18 years and older throughout their pregnancy.

These services can include educational assistance, materials (e.g. car seats), and one-on-one point of contact for the duration of their pregnancy. The Bethlehem Maternity Home is also available for homeless pregnant women until their child is 1 year old. Call phone number listed to begin receiving services.

#### **Golden Crescent MOMS—Texas A&M College of Nursing**

Phone: 979-324-5085

Fax: 361-576-6557

Email: [gc-moms@tamu.edu](mailto:gc-moms@tamu.edu)

[nursing.tamu.edu/gc-moms](http://nursing.tamu.edu/gc-moms)

\*Provides a free educational home visiting program to women who are pregnant or have given birth within 1 year in DeWitt, Calhoun, Jackson, and Lavaca counties. To be eligible for services, women must meet any of these needs: receive government assistance, be uninsured, be unhoused, have had an adolescent pregnancy, have mental health needs, or had exposure to substance use.

#### **Victoria County Public Health Department-WIC of Victoria**

2805 N. Navarro St., Victoria, TX

Phone: (361)-578-2884

<https://www.vcphd.org/page/health.wic.home>

\*Serves eligible families from the moment they find out they're pregnant to the child's 5th birthday. Provides services such as providing healthy foods, breastfeeding support, nutrition classes, etc. to Calhoun, DeWitt, Jackson, Goliad, Lavaca, and Victoria counties.

#### **Victoria County Public Health Department-Texas Home Visiting**

2805 N. Navarro St., Victoria, TX 77901

Phone: (361)-578-6281, Ext. 3808

<https://www.vcphd.org/page/health.home.visiting.home>

\*Serves eligible families in Victoria county with parenting education and support including any questions about parenting and local resources. Provides services to anyone (including parents, grandparents, foster parents, or other caregivers) who is expecting a child or who has a child who has not started kindergarten yet.

### **DNA TESTING**

#### **Any Lab Test Now**

5309 N Navarro St, Victoria, TX 77904

Phone: 361-252-9581

Hours: M-F 8:30 am to 4:30 pm

\*Offers tests for DNA, STDs, general health, and drugs and alcohol. Pricing varies depending on the tests.

Pricing: <https://www.anylabtestnow.com/victoria-77904/>

### **Area Primary Care Providers**

#### **DeTar Family Medicine Center (Residency Clinic)**

501 E Colorado St.

Phone: (361)-579-8300

Hours: M-Th 8a to 5p & Fri 8a to noon

Website: <https://www.mydetardoctor.com/doctors-providers>

\*Currently accepting new patients. Accepts all major insurances, Medicaid, and Medicare.

Dr. Steve Huffman, M.D.

Dr. Karim Heras, M.D.

Dr. Amanda Arauz Tobar, M.D.

Dr. Mark Apopot, M.D.

Dr. Victoria Oneill, M.D.

Dr. Kenneth Roca, M.D.

Dr. Pauline Roxas, M.D.

Dr. Sergio Mejia, M.D.

Dr. Rabia Shahid, M.D.

Dr. Stella Fedele, M.D.

Dr. Amal Mohamed M.D.

#### **DeTar Medical Group Primary Care-South**

601 E San Antonio St., Ste. 203 W, Victoria, TX 77901

Phone: (361) 575-8585

Hours: M-Th 8a to 4:30p & Fri 8a to noon

Website: <https://www.mydetardoctor.com/doctors-providers>

\*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare.

Providers:

Dr. Jasvinder Sidhu, M.D.

**DeTar Medical Group Primary Care-North**

9006 N. Navarro St., Ste. B, Victoria, TX 77904

Phone: (361)-485-0500

Hours: M-Th 8a to 6p

Website: <https://www.mydetardocor.com/doctors-providers>

\*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare. Provider is fluent in Spanish.

Provider:

Jared Nielson N.P.

**Citizens Medical Center Convenient Care**

2603 Hospital Dr., Victoria, TX 77901

Phone: (361)-582-5685

Hours: M-Th 8a to 5p & Fri 8a to noon

Website: <https://www.citizensmedicalcenter.org/page/convenient-care>

\*Currently accepting new clients. Accepts most major insurances, Medicaid, and Medicare.

Has a provider who is fluent in Spanish.

Provider:

Dr. Julia Flores, MD (Spanish speaking)

**WellMed at Victoria Station**

4502 N Laurent St., Victoria, TX 77901

Phone: 361-580-1111

Hours: M-F 8a to 5p

\*Currently only accepting Medicare and Medicare advantage patients. Accepts BCBS, United Healthcare, Aetna, Medicare, and some Medicare Advantage plans.

Providers:

Dr. Kishan Chand, MD

Kurt Killebrew

**Sleep and Family Medicine**

202 James Coleman Dr., Victoria, TX 77904

Phone: 361-573-4000

Hours: M-F 8a to 5p

Website: <https://sleepandfamily.com/>

\*Currently accepting new patients, but not those with Medicaid or self-pay. Accepts most major insurances and Medicare. Has providers fluent in Spanish.

Providers:

Dr. Gustavo Sandigo (Spanish speaking)

Dr. Grant Henry

Dr. Eliezer Castaneda (Spanish speaking)

Dr. Rasendu Vasavada

**Crossroads Health Center**

4504 North Laurent Street, Victoria, Texas 77901

Phone: (361) 573-9999

Hours: M-F 8a to 6p; Sat 9a to 4p; Sun 9a to 2p

\*Currently accepting new patients. Accepts most major insurances, Medicaid, and Medicare.

Providers:

Dr. John Van Metre, M.D.

Dr. Sanjeev Bhatia

**Pillar Family Health Care**

303 E. Airline Rd., Ste. 1, Victoria, TX

Phone: (361)-649-3451

Hours: M-F 8a to 5p

\*Currently one provider is accepting new clients (Beverly Martin). Accepts most major insurance (no WellMed) and Medicare.

Providers:

Kerri Pillar, APRN, FNP-C

Beverly Martin, APRN, FNP-C

**American Regional Health Center**

102 Springwood Dr., Victoria, TX, 77904

Phone: (361)-576-2222

Hours: M-F 8a to 5p

\*Currently accepting new clients. Accepts most major insurances, Medicaid (only for clients under 40 y/o), and Medicare. Has providers who are fluent in Spanish.

Providers:

Dr. Kathleen Steiner, MD

Dr. Veronica Guel-Valdivia, MD (Spanish speaking)

Dr. Angela Klawitter, MD

Dr. Braden J. Coleman, MD

Dr. W. Jacob Cobb, MD (Spanish Speaking)

**Community Health Centers of South-Victoria Community Health Center**

4206 Retama Circle, Victoria, TX 77901

Phone: (361)-576-2110

Hours: M, W, Th, & F 8a to 5p and Tues. 8a to 8p

<https://communityhealthtx.com/clinics/victoria/>

\*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.

Providers:

Dr. Jay Siu, MD

Dr. Jose Castaneda M.D. (Spanish Speaking)

**AREA DOCTORS that accept Medicaid**

**Airline Pediatrics**

601 Airline Rd., Victoria, TX 77901

Phone: (361) 575-8500

\*Provides care for newborns, children, and adolescents. Accepts Medicaid and most private insurance.

**Coastal Skin Care & Wellness Center (Dermatology)**

2705 Hospital Dr Ste 100 (across from Citizens Hospital), Victoria, TX 77901

Phone: (361) 579-4700

Hours: M-T: 8a to 5p; Fri: 8a to 1p

<https://www.coastalskincenter.com/>

\*Accepts Medicaid and Medicare.

**American Regional Health Center**

102 Springwood Dr., Victoria, TX 77904

Phone: (361) 576-2222

Hours: Monday-Friday 8am-5pm

\*Family medicine practice. Accepts Medicaid and most insurance.

**Community Health Centers of South-Victoria Community Health Center**

4206 Retama Circle, Victoria, TX 77901

Phone: (361)-576-2110

Hours: Mon., Wed., Thur., Fri.—8 am to 5 pm & Tues.—8 am to 8 pm

<https://communityhealthtx.com/clinics/victoria/>

\*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.

**DeTar Family Medicine Center (Residency Clinic)**

501 E Colorado St.

Phone: (361)-579-8300

Website: <https://www.mydetardocor.com/doctors-providers>

\*Currently accepting new patients. Accepts all major insurances, Medicaid, and Medicare.

**Sleep and Family Medicine**

202 James Coleman Dr., Victoria, TX 77904

Phone: 361-573-4000

Website: <https://sleepandfamily.com/>

\*Currently accepting new patients, but not those with Medicaid or self-pay. Accepts most major insurances and Medicare. Has providers fluent in Spanish.

**Crossroads Health Center**

4504 North Laurent Street, Victoria, Texas 77901

Phone: (361) 573-9999

\*Currently accepting new patients. Accepts most major insurances, Medicaid, and Medicare.

**Citizens Medical Center Convenient Care**

2603 Hospital Dr., Victoria, TX 77901

Phone: (361)-582-5685

Website: <https://www.citizensmedicalcenter.org/page/convenient-care>

\*Currently accepting new clients. Accepts most major insurances, Medicaid, and Medicare. Has a provider who is fluent in Spanish.

**DeTar Medical Group Primary Care-South**

601 E San Antonio St., Ste. 203 W, Victoria, TX 77901

Phone: (361) 575-8585

Website: <https://www.mydetardocor.com/doctors-providers>

\*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare.

**DeTar Medical Group Primary Care-North**

9006 N. Navarro St., Ste. B, Victoria, TX 77904

Phone: (361)-485-0500

Website: <https://www.mydetardoctor.com/doctors-providers>

\*Currently accepting new patients. Accepts most major insurances, some Medicaid plans, and Medicare. Provider is fluent in Spanish.

### Area Dentists that accept Medicaid

#### **Community Health Centers of South-Victoria Community Health Center**

4206 Retama Circle, Victoria, TX 77901

Phone: (361)-576-2110

Hours: Mon., Wed., Thur., Fri.—8 am to 5 pm & Tues.—8 am to 8 pm

<https://communityhealthtx.com/clinics/victoria/>

\*Services provided include medical (adults only—no pediatrics), behavioral health, and dental (both pediatric and adult). Accepting new patients for all services. Accepts Medicaid & Medicare. Sliding scale available. No one will be turned away due to inability to pay.

### GENERAL DENTAL ASSISTANCE

#### **Affordable Dentures and Implants**

4002 S. Padre Island Dr., STE #104, Corpus Christi, TX 78411

Phone: (361)-761-8717

\*Offers affordable dental services including dentures, extractions, and implants. First consultation visit is free and offers financing options. Does not file insurance claims.

### AREA HOSPITALS/CLINICS

#### **Victoria County**

Citizens Medical Center	(361) 573-9181
Detar Hospital	(361) 575-7441
Detar North	(361)-573-6100

#### **Jackson County**

Jackson County Hospital	(361) 782-7800
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#### **Dewitt County**

Cuero Regional Hospital	(361) 275-6191
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#### **Lavaca County**

Yoakum Community Hospital	(361) 293-2321
Lavaca Medical Center	(361) 798-3671

#### **Calhoun County**

Memorial Medical Center	(361) 552-6713
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#### **Refugio County**

Refugio Co. Memorial Hospital (361) 526-2321

**Goliad County**

Goliad Family Practice (361) 645-8235

**CPR and First Aid Training**

**Victoria College**

Heartsaver (First Aid, CPR, and AED for non-healthcare providers)-\$70

Basic Life Support for Healthcare Providers-\$90

2200 E. Red River St. Victoria TX 77901

Allied Health Building Room 112

Phone: 361-582-2412

\*Pre-registration is required and can be done by stopping by the office or at

<https://www.victoriacollege.edu/Explore/ProgramsCourses/HealthCareers/AlliedHealthCE>.

**Citizens Medical Center**

Heartsaver First Aid Class (for non-healthcare providers)-\$40

Heartsaver CPR/AED (for non-healthcare providers)-\$45

Heartsaver Class (for healthcare providers)-\$60

Safe Sitter Babysitting Class

2701 Hospital Dr. Victoria, TX 77901

Phone: (361)-570-7277

\*Must call ahead to register and pay.

**PRESCRIPTION ASSISTANCE**

**Many local hospitals have indigent programs and/or patient assistance programs available throughout the county.**

**Pharmaceutical companies can also be contacted directly for assistance.**

**First United Methodist Church**

407 N. Bridge, Victoria, TX 77901

Phone: 361-578-2701 or 361-576-5553

\*Call either of the phone numbers above to request prescription assistance. There is also a free clinic through DeTar and FUMC every month. People must call ahead to schedule an appointment with the clinic.

**Calhoun County Indigent Health Care Program**

Memorial Medical Center

815 N. Virginia St., Port Lavaca, TX 77979

Phone: (361) 552-6713

**Prescription Assistance Program – Dewitt Co/Cuero**

106 W Reuss Blvd, Ste C, Cuero, TX

361-275-3103

First and Third Wednesday 8:30-12

**First United Methodist Church –Edna**

216 W Main, Edna, TX

Phone: 361-333-5516

\*Provides prescription assistance for the uninsured and underinsured. Does not assist with narcotics.

**Healthy South Texas—Medication Assistance Program**

Phone: 1-866-524-1408

<https://healthytexas.tamu.edu/medication-assistance-2/>

\*Helps people without insurance or limited prescription coverage. Call to schedule an appointment. Must have a state ID, social security card, proof of income, and a prescribing physician.

St. Vincent de Paul

<https://www.svdpdallas.org/pharmacy/st-vincent-pharmacy>

(469)-232-9902

\*provides help paying for prescriptions state wide.

**Pfizer RxPathways Assistance Program**

1-844-989-PATH (7284)

[www.pfizerxpathways.com](http://www.pfizerxpathways.com)

\*Provides free Pfizer medicines to eligible patients. To be eligible, must have valid prescription, be uninsured or government insured and unable to afford copay, meet income guidelines (varies per medicine), and be treated by a healthcare provider licensed in the US.

**Healthwell Foundation**

Phone: 800-675-8416

Hours: Mon.-Fri. 9 am to 5 pm EST

<https://www.healthwellfoundation.org/about/what-we-do/>

\*Provides financial assistance for prescription copays, premiums, deductibles, coinsurance, pediatric treatment cost, travel costs, and behavioral health services for those who are underinsured with chronic or life-altering diseases. Must apply online or on the phone system.

**Novartis Patient Assistance**

Phone: 800-277-2254

<https://www.novartis.com/us-en/patients-and-caregivers/patient-assistance/patient-assistance-foundation-enrollment>

\*Provides Novartis medications to eligible patients at no cost. To be eligible, patient must live in the US, be treated by a provider on an out-patient basis, and meet income guidelines. Must complete an enrollment application, which can be found on Novartis website.

**El Roi Community Outreach**

Contact Stephania Cadengo: 361-582-9509

<https://elroioutreach.org/>

### **Medicare Part D Extra Help Program**

Phone: 1-800-772-1213

<https://www.ssa.gov/medicare/part-d-extra-help>

\*Helps eligible Medicare Part D recipients with the cost of prescription drugs (deductibles and copays). Must provide income and resource information when applying to determine eligibility.

### **PAN Foundation**

Phone: 866-316-7263

<https://www.panfoundation.org/>

\*Provides financial assistance for treatment costs and education on specific diseases that are listed in their current disease fund. To be eligible, people must fall below the federal poverty level listed in their specific disease fund, treatment/medication must be covered by disease fund, and have health insurance that covers treatment.

### **Patient Advocate Foundation**

Phone: 1-866-512-3861

<https://copays.org/patients-family/>

\*Provides financial assistance for copays, coinsurance, and deductibles to eligible people with diseases in the current disease fund. Must complete application for assistance via online or phone. Once complete, the person will know immediately if they are approved or denied.

## **FOOD**

### **Victoria**

#### **Texas Health and Human Services (food stamps office)**

Hours: Mon – Fri from 8:00 am – 5:00 pm

2306 Leary Ln, Victoria, TX

Phone: 361-578-3523

#### **WIC Clinic-Victoria**

Hours: Mon. – Thurs. from 8:00 a.m. – 5:30 p.m (Closed for lunch 12- 12:30 pm)

Friday from 8:00 a.m. – 12:00 noon

Extended Hours: 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month-5:30 pm to 7 pm and 2<sup>nd</sup> & 4<sup>th</sup> Saturday of the month-8 am to 12 noon.

2805 N. Navarro, Victoria, TX

Phone: 361-578-2884

\*Provides services for families from the time they find out the mother is pregnant to the child's 5<sup>th</sup> birthday. Some services include providing healthy foods, breastfeeding support, and nutrition classes. To schedule an appointment at the Victoria location or any of the satellite clinics, call the main line (361-578-2884)

#### **VCAM (Victoria Christian Assistance Ministries)**

Hours: Mon. – Fri. from 9:00 a.m. – 12:00 noon

108 N. Liberty, Victoria, TX

Phone: 361-572-0048

\*Provides food and clothing assistance. When funds are available, helps with gas cards (for medical appointments only), utilities (water and electric), and prescriptions (not currently providing utility, prescription, or gas assistance as of 2/1/24).

### **Christ's Kitchen**

Hours: Mon. – Fri. from 11:00 a.m. – 1:00 p.m.

611 E. Warren, Victoria, TX

Phone: 361-578-4233

\*Provides one hot meal daily (Monday-Friday).

### **Food Bank of the Golden Crescent**

801 S Laurent St., Victoria, TX

Hours: Mon.-Friday 8 am to 12 pm & 1 pm-4:30 pm

<https://www.tfbgc.org/>

\*Provides assistance with social services such as filling out SNAP, Medicaid, TANF, etc. Distributes food products to partner agencies—does not directly distribute food to individuals from site.

### **Meals On Wheels South Texas**

603 E Murray, Victoria TX 77901

Phone: 361-576-2189

Hours: 8 am-2 pm (phone) & 9:30 am-11:30 am (Café)

\*Serves seniors in Victoria County, Cuero, and Thomaston. Provides mobile meals, the Connection Café (meals and activities onsite daily from 9:30-11:30 am. Reservation required), pet food and basic veterinary assistance, volunteers who check on clients' well-being, library 2 go (partnership with Victoria Public Library to bring clients library materials), and other programs and events.

### **Gulf Bend Center—Wellness Community**

1009 N Nimitz St., Victoria, Tx 77901

Phone: 361-703-5161

Hours: Mon-Friday 8 am-noon

\*GBC Staff must complete an application with the client. Must schedule food bag/box pickup at least 24 hours in advance.

### **St. Mary's Church—St. Vincent de Paul Society Food Pantry**

101 W. Convent St., Victoria, TX (Please line up along Convent St, beginning at the intersection of Main and Convent)

Phone: 361-572-8723

Food Distribution: Every Tuesday (except the 1<sup>st</sup> Tuesday of the month) from 2:30 pm to 4 pm.

### **St. Vincent de Paul Society**

Phone: (361)-648-1867

\*Provides assistance (food, rent, utilities, etc.) when funds are available. People must leave a voice message with their name and call back number between 10 am and 3 pm on Tuesdays & Thursdays. Volunteer staff will return the call once they are available.

### **C3 Victory Church**

1604 E Crestwood, Victoria, TX

Phone: 361-573-5930

\*Offers a food pantry on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month from 1-3 pm. Also offers free showers on Tuesdays and Thursdays from 8:30 am to 11:30 am.

### **JP's Market**

University of Houston-Victoria and Victoria College

3007 N Ben Wilson St, Jaguar Hall, Ste. 1135, Victoria, TX 77901

Hours: Wed & Thurs from 12:30 pm to 3 pm

\*For currently enrolled UHV and VC students only. Free and anonymous resource to give students access to food and hygiene products at least once per week. Students can also place orders online through the JP's Market Pick-Up Order Form on JagSync. Please contact Molly Duke at 361-485-4457 for more information.

### **El Roi Community Outreach**

Contact Stephanie Cadengo: 361-582-9509

<https://elroioutreach.org/>

### **Victoria Farmer's Market**

2805 N. Navarro St, Victoria, TX

Phone: (361)-218-9246

Hours: Wednesdays & Saturdays from 9 am to 12 pm

\*Local vendors sell produce, meats, and other food & homemade products. SNAP/EBT funds are now accepted.

\*Double up food bucks program. Match up to \$25 of SNAP/EBT for credit at the farmers market.

### **Telferner United Methodist Church**

127 East St. Victoria, TX 77905

\*Provides a food pantry on the 3<sup>rd</sup> Friday of each month from 3 pm to 5:30 pm. People must reside in Telferner or in the surrounding area to enroll in the food pantry.

### **Our Savior's Lutheran Church**

4102 N. Ben Jordan, Victoria, TX

Phone: (361)-575-4305

Hours: 2nd and 4th Tuesday 4:00pm-5:00pm

### **Faith Family Church**

2002 E. Mockingbird Lane, Victoria, TX

Phone: 361-573-2484

Hours: Sunday 8:30am-12:30pm

Monday, Tuesday, Thursday 12:00pm - 3:00pm

Wednesday 12:00pm - 7:00pm

### **For His Glory Outreach Ministry**

Pastor Mary Price

Phones: (361)-655-6266 & (361)-703-3417

Email: [4HzGloryORM@gmail.com](mailto:4HzGloryORM@gmail.com)

\*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

### **Calhoun**

#### **Calhoun County Community Ministries**

331 Alcoa Dr., Port Lavaca, TX 77979

Phone: 361-552-1722

\*Provides food pantry and emergency assistance services.

#### **WIC Satellite Clinic-Port Lavaca**

17 N. Ash St., Port Lavaca, TX 77979

Hours: 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Monday & 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month-9 am to 4 pm  
(closed 12 pm to 12:30 pm for lunch)

Phone: 361-578-2884

### **Goliad**

#### **Goliad County Outreach Food Pantry**

611 E End St, Goliad, TX

Phone: (361)-484-1562

Food distribution: 1<sup>st</sup> & 3<sup>rd</sup> Thursdays of the month from 8 am to 10 am

\*People do not need to register beforehand, but they must be residents of Goliad County.

#### **WIC Satellite Clinic-Goliad**

360 N. Fort, Goliad, TX 77963 (inside Goliad Housing Authority Office Building)

Hours: 2<sup>nd</sup> Wednesday of the month-9:30 am to 1 pm

Phone: 361-578-2884

### **Hallettsville**

#### **Lavaca Assistance Ministry Body-Manna Food Pantry**

1429 E Fourth St., Hallettsville, TX

Hours: Tuesdays from 9 am to noon (Closed on the 5<sup>th</sup> Tuesday of the month)

### **Seadrift**

#### **First United Methodist Church Seadrift Food Pantry**

601 S 2<sup>nd</sup> St, Seadrift, TX

Phone: (361)-433-5778

Food distribution: 3<sup>rd</sup> Tuesday of each month from 9am to 10:30 am

### **DeWitt**

#### **Cuero Area Ministerial Alliance (CAMAL) House**

209 W. Main St., Cuero, TX

Phone: (361)-275-5022

Food Distribution: 2<sup>nd</sup> Thursday of each month from 9 am to 10:30 am for seniors 60+ &  
2 pm to 6 pm for all ages

4<sup>th</sup> Thursday of each month from 9 am to 1 pm for all ages

#### **WIC Satellite Clinic-Cuero**

201 Leonard Roy Harmon Dr., Cuero, TX 77954 (inside Cuero Park Clubhouse)

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month-9 am to 4 pm (closed 12 pm to 12:30 pm for lunch)

Phone: 361-578-2884

**WIC Satellite Clinic-Yoakum**

206 W. Hugo St., Yoakum, TX 77995 (inside the Yoakum Community Hospital Annex)  
Hours: 3<sup>rd</sup> Tuesday of each month-9 am to 4 pm (closed 12 pm to 12:30 pm for lunch)  
Phone: 361-578-2884

**WIC Satellite Clinic-Yorktown**

7<sup>th</sup> St (at Eckhardt), Yorktown, TX 78164 (inside the Yorktown Housing Authority Community Room)  
Hours: 1<sup>st</sup> Tuesday of each month-9:30 am to 12:30 pm  
Phone: 361-578-2884

**HOUSING/SHELTER****Victoria County****Mid Coast Family Services**

2010 N Navarro STE. A, Victoria, TX 77901  
Phone: (361) 575-7842  
<http://midcoastfamily.org/>

\*Provides housing and rental assistance for people who are homeless or at risk. Also has services for youth, sexual assault survivors, domestic violence survivors, and a community resource hub. Serves Victoria, Calhoun, DeWitt, Goliad, Gonzalez, Jackson, and Lavaca counties.

**Victoria Housing Authority**

4001 Halsey, Victoria, TX  
Phone: (361) 575-3682

Hours: Mon-Thurs from 8 am to 4 pm, Fri. by appointment only

\*Must submit a pre-application in person on Tuesdays and Thursdays (except the first 7 days of each month) between 9 am and 3 pm. Must bring valid ID, birth certificate, and social security card with pre-application. Once people turn in their pre-application, they are placed on a waitlist until it is their turn to complete the full application.

**Salvation Army (Men only)**

1302 N. Louis, Victoria, TX  
Phone: (361) 576-1297

\*Emergency homeless shelter for men. Call for availability. Requires ID at intake.

**Promise Pointe**

8550 US -59  
Victoria, TX 77905  
Phone: (361)- 571-2589  
<https://promisepointe.org/>

\*Long term homeless housing/ Permanent affordable tiny homes. For the chronically homeless only. Single occupancy, no families.

**Mid-Coast Family Services Women's Crisis Shelter (abused/domestic violence)**

Phone: (361) 573-4357 or 1-800-870-0368

**Perpetual Help Home (homeless women only)**

705 E Santa Rosa, Victoria, TX

Phone: (361) 575-5335

Hours: Mon-Thur 8a to 6p; Fri 8:30a to 11:30a

<https://www.perpetualhelphome.org/>

\*Accepts families (women with children). However, does not allow boys over the age of 12. Call for more information and availability.

**La Dominion Apts.**

3602 E. Juan Linn, Victoria, TX

Phone: (361) 572-4566

Hours: M-F 9 am to 5 pm

<https://ladominionapts.com/>

\*Accepts Section 8 vouchers. 3 bedroom/1 bath apartment homes for \$950/mo. \$350 deposit and \$40 non-refundable application fee.

**Bretton Village Apartments**

1503 Victoria Station Dr, Victoria, TX

Phone: 361-572-8213

\*Low Income housing for elderly and disabled adults who require features of an accessible apartment (e.g. wheelchair accessible). 1-bedroom apartments only.

**Briarfield West Apartments**

1707 Beauvoir St., Victoria, TX 77901

Phone: (361)-573-9801

**Fox Run Apts.**

2008 Sam Houston, Victoria, TX

Phone: (361) 578-2954

<https://prosperahcs.org/portfolio-posts/fox-run-apartments/>

\*Apartments for limited income individuals and families. 1-, 2-, and 3- bedrooms available. Apply on Tuesdays 9:30am-11:00am & 1:00 pm-3:00pm to get on the waitlist.

**Caney Run Estate Apts.**

101 S Ben Jordan, Victoria, TX 77901

Phone: 361-579-0324

\*Income based, 2- and 3-bedroom apartments. \$25 application fee.

**Victoria Trails Apartments**

5609 John Stockbauer, Victoria, TX 77904

Phone: 361-580-2901

<https://www.greystonerents.com/communities/victoria-trails/>

\*Income based. 2-, 3-, & 4-bedroom apartments. \$22 application fee.

**The Brownson Home**

1616 Lone Tree Rd, Victoria, TX

Phone: 361-573-7161

<http://brownsonhome.org/>

\*Voluntary housing placement for children 2-18 (boys and girls) that for whatever reason cannot be cared for by their parents. The mission of The Brownson Home is to provide a

nurturing family home for children in need so that they may have hope and stability and develop values and skills for life.

**Colonial Greens Apartments**

305 E Brazos & 1507 N Wheeler, Victoria, TX

Phone: 361-578-1258

\*Accepts section 8 vouchers and Mid-Coast funds. 1-bedroom apartments.

**Juan Linn Apartments**

601 E Juan Linn, Victoria, TX

Phone: 361-572-4566

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**The Landing**

1202 Mallette Dr, Victoria, TX

Phone: 361-576-4915

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**Houston House Apartments**

103 Cornwall Dr, Victoria, TX

Phone: 361-578-2914

\*Apartments for limited income individuals and families. 1-, 2-, and 3-bedroom apartments. Apply on Tuesdays from 9 am to 3 pm to be placed on the waitlist.

**Mockingbird Plaza Apartments**

2501 Mockingbird Ln., Victoria, TX

Phone: 877-373-1291

\*Apartments for limited income individuals and families. 1-, 2-, 3-, and 4-bedroom apartments.

**North Street Apartments**

1109 E North St, Victoria, TX

Phone: 361-573-2224

**Pinnacle Pointe Apartments**

702 Salem Rd, Victoria, TX

Phone: 361-214-5918

\*Apartments for limited income individuals and families. 2- and 3-bedroom apartments.

**Sage Creek Apartments**

607 Fillmore Ave, Victoria, TX

Phone: 361-573-1666

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**Salem Village Apartments**

5201 John Stockbauer, Victoria, TX

Phone: 361-576-6170

\*Accepts section 8 vouchers. 1-, 2-, 3-, and 4-bedroom apartments.

**Thomas Ninke Senior Village**

1907 Lova Dr, Victoria, TX

Phone: 361-573-2224

<https://www.thomasninkeseniortvillage.com/>

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments. Applications can be submitted online.

**Victoria Place Apartments**

701 E Airline, Victoria, TX

Phone: 361-576-5852

\*May accept section 8 vouchers. 1- and 2-bedroom apartments.

**Victorian Village Apartments**

1903 Lawndale St, Victoria, TX

Phone: 361-485-1260

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**Vista Del Sol Apartments**

212 Sam Houston, Victoria, TX

Phone: 361-578-6822

<https://vistadelsolvictoria.com/>

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**Calhoun Co.**

**Port Lavaca Housing Authority**

672 George St. #147, Port Lavaca, TX

Phone: 361-552-8831

Hours: Mon-Thurs from 7 am to 3 pm

**Sea Breeze Village Apartments**

233 Alcoa Dr., Port Lavaca, TX

Phone: 361-553-8553

\*2- and 3-bedroom apartments.

**Sea Greens Apartments**

202 Seashell Dr., Port Lavaca, TX

Phone: 361-552-6457

\*3-bedroom apartments

**DeWitt Co.**

**Cuero Housing Authority**

203 W Church St., Cuero, TX

Phone: 361-275-6127

Hours: Mon-Thurs from 7 am to 4:30 pm

**Yorktown Housing Authority**

406 Eckhardt St., Yorktown, TX

Phone: 361-564-3132

Hours: Mon, Wed, and Fri 10 am-4 pm.

**Bailey Square Apartments**

1501 N Valley St., Cuero, TX  
Phone: 361-524-5410  
<https://dmabaileysquare.com/>  
\*1-, 2-, and 3-bedroom apartments

**Kate's Place Apartments**

2305 N McLeod St., Cuero, TX  
Phone: 361-275-8865  
<https://www.katesplacecuero.com/>  
\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**The Oaks Apartments**

501 N Terry St., Cuero, TX  
Phone: 361-275-8865  
\*Accepts section 8 vouchers. 1-, 2-, and 3-bedroom apartments.

**Lavaca Co.**

**Yoakum Housing Authority**

712 Forrest St., Yoakum, TX  
Phone: 361-293-5241  
<https://kenedyhousing.info/>  
Hours: Mon-Thurs from 9 am to 5 pm.  
\*Must submit application online at <https://kenedyhousing.info/>.

**Hallettsville Housing Authority**

103 Village Dr., Hallettsville, TX  
Phone: 361-798-5845  
<https://hallettsvillehousingauthority.info/>  
Hours: Monday-Thursday from 8:30 am to 3:30 pm (closed for lunch 11:30-12:30)

**Leatherwood Terrace Apts.**

105 Ellen May Rd., Yoakum, TX 77995  
Phone: 361-293-5122

**Colonial Manor**

705 Lavaca St, Yoakum, TX  
Phone: 361-293-5500  
Hours: Mon-Fri from 10 am to 5 pm  
\*Accepts section 8 vouchers. 1-, 2-, and 3-bedroom apartments.

**Lavaca Landing Apartments**

1134 Donna Dr., Hallettsville, TX  
Phone: 361-798-4228  
\*Apartments for limited income individuals and families. 1-, 2-, 3-bedroom apartments.

**Pecan Chase Apartments**

106 Walnut Dr., Hallettsville, TX  
Phone: 361-798-3165  
\*Apartments for limited income individuals and families. 1- and 2-bedroom apartments.

**Goliad Co.**

**Goliad Housing Authority**

360 N. Fort, Goliad, TX

Phone: 361-645-2774

Hours: Tues., Wed., & Thurs. from 9 am to 4 pm

\*Applications can be dropped off when the office is open or in the drop box (must have all required documents).

**Fenner Square Apts.**

555 S. Burke St., Goliad, TX 77963

Phone: (361) 645-3393

\*1-, 2-, & 3- bedroom apartments.

**Refugio Co.**

**Refugio Elderly Housing**

602 W. Commons St., Refugio, TX 78377

Phone: (361) 526-4014

Hours: Mon., Wed., & Fri. from 8:30 am to 1:30 pm

\*Apartment complex for those 62 yrs or older, handicapped/disabled regardless of age with very low to moderate income

**Jackson Co.**

**Edna Housing Authority, Mauritz Village Apartments**

600 N Kleas St, Edna, TX

Phone: 361-782-3842

Hours: Mon-Fri from 8 am to 4:30 pm

\*Applications can be picked up at any time the office is open, but are only accepted on Tuesdays and Thursdays

**Texana Apartments**

307 S Bryan St., Edna, TX

Phone: 361-782-2929

Hours: Mon-Fri 8 am to 3 pm

\*Accepts section 8 vouchers. 1- and 2-bedroom apartments.

**Miracle Manor**

1207 Miracle Dr., Edna, TX

Phone: 361-782-2019

<https://rhf.org/miracle-manor/>

\*Subsidized housing for seniors over 62 years old and those with mobility or visual impairments. Rent is approximately 30% of residents' income. Call the office if interested in applying.

**Rose Villa Apartments**

306 Mary Rose, Ganado, TX

Phone: 361-782-2929

Hours: Mon-Fri 8 am to 3 pm

\*Accepts Section 8 vouchers. 2-bedroom apartments.

**Home Repair/Modification Assistance**

### **Community Action Committee**

4007 Halsey St, Victoria, TX

Phone: 361-578-2989

Hours: Mon-Thurs 8am to 3pm & Fri. 8am-noon

<https://www.cacv.us/>

\*Services include utility assistance, weatherization (might include insulating attics, walls, or floors and minor repairs to floors, walls, and some appliances) housing assistance, medication assistance, and tax assistance. Serves Victoria, Refugio, Lavaca, Jackson, Gonzales, Goliad, DeWitt, Calhoun, and Aransas counties.

### **Golden Crescent Habitat for Humanity**

4103 N Navarro, Victoria, TX 77901

Phone: (361)-570-4700

Hours: Mon-Fri 8:30am to 4:30pm

<https://goldencrescenthabitat.org/>

\*Offers home repair services (weatherization, minor repairs, painting, landscaping, and services to preserve home exteriors) to eligible homeowners. Serves DeWitt, Goliad, Jackson, Lavaca, and Victoria counties. Currently only accepting applications for Veterans until around January 2025 (10/14/24).

### **Victoria Fire Department-Smoke Alarms**

Phone: 361-485-3460

<https://www.victoriatx.gov/421/Smoke-Alarms>

\*Provides free smoke alarms and installation. To request a smoke alarm either call the Fire Marshal's Office or submit a request online at

<https://www.victoriatx.gov/FormCenter/Fire-Department-10/Request-A-Smoke-Alarm-56>.

## **UTILITIES**

### **Community Action Committee**

4007 Halsey, Victoria, TX 77901

Phone: 361-578-2989

\*Provides utility assistance, rental assistance, and weatherization services. Applicants for rental assistance must call to schedule an appointment for services. Applications for utility assistance and weatherization can be found/completed online.

### **St. Vincent de Paul Society**

Phone: (361)-648-1867

\*Provides assistance (food, rent, utilities, etc.) when funds are available. People must leave a voice message with their name and call back number between 10 am and 3 pm on Tuesdays & Thursdays. Volunteer staff will return the call once they are available.

### **El Roi Community Outreach**

Contact Stephanie Cadengo: 361-582-9509

## **CLOTHING ASSISTANCE**

**Mid-Coast Family Treasures Thrift Stores**

2101 N Navarro St., Victoria, TX 77901

Phone: 361-894-8926

3406 Sam Houston Dr., Victoria, TX 77901

Phone: 361-572-3820

709 Hwy 35 S Ste. C, Port Lavaca, TX 77979

Hours for all stores: Mon.-Fri. from 10 am to 6 pm & Sat. from 10 am to 5 pm

**Outpost Resale Shop by Calhoun County Senior Citizens Association, Inc.**

2110 W. Austin St., Port Lavaca, TX 77979

Phone: 361-553-6276

Hours: Mon.-Fri. from 9 am to 5 pm, last donations accepted at 4 pm.

**VCAM Victoria Christian Assistance Ministries**

108 N Liberty St., Victoria, TX 77901

Phone: 361-572-0048

Hours: Mon.-Fri. from 9 am to 12 pm (noon)

\*Provides food, clothing, and hygiene (when available) assistance. When funds are available, provides assistance with gas cards (for medical appointments), utilities, and prescriptions.

**Restoration House Ministries Gleanings Resale Shop**

1204 N Moody St, Victoria, TX 77901

Phone: (361)-485-0123

Hours: Tues-Sat: 8:30a to 3p

\*Provides clothing, household goods, furniture, and appliances for a discounted rate.

People who are experiencing homelessness can shop for clothes and shoes at no cost and shower at the "Showers of Grace" Tuesday through Saturday from 10 am to 2 pm.

**For His Glory Outreach Ministry**

Pastor Mary Price

Phones: (361)-655-6266 & (361)-703-3417

Email: [4HzGloryORM@gmail.com](mailto:4HzGloryORM@gmail.com)

\*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

**HYGIENE ASSISTANCE**

**Community Action Committee of Victoria & Superior HealthPlan Hygiene Closet**

4007 Halsey St., Victoria, TX 77901

Phone: 361-578-2989

\*Free service for anyone who needs it. Offered monthly on the 2<sup>nd</sup> Wednesday of each month from 10 am to 12 noon. Some items available at the closet include soap, shampoo/conditioner, toilet paper, dental products, and deodorant.

**VCAM Victoria Christian Assistance Ministries**

108 N Liberty St., Victoria, TX 77901

Phone: 361-572-0048

Hours: Mon.-Fri. from 9 am to 12 pm (noon)

\*Provides food, clothing, and hygiene (when available) assistance. When funds are available, provides assistance with gas cards (for medical appointments), utilities, and prescriptions (not currently providing utility, prescription, or gas assistance as of Sept. 2024).

**For His Glory Outreach Ministry**

Pastor Mary Price

Phones: (361)-655-6266 & (361)-703-3417

Email: [4HzGloryORM@gmail.com](mailto:4HzGloryORM@gmail.com)

\*Nonprofit organization that helps homeless people in Victoria. Provides food, hygiene products, clothes, blankets, and any other items that are donated.

**Mid-Coast Family Services Resource Hub**

2103 Depot, Victoria, TX 77901

Phone: (361)-575-7842

\*Offers showers, laundry, locker storage, community mail hub, free WiFi, community agency workers, and access to MCFS services.

**TRANSPORTATION**

**Medicaid Van**

1-877-633-8747 (877-MED-TRIP)

\*Transportation to medical appointments for Medicaid members. Must call 48 hours in advance. Have your Medicaid number available when you call.

**Golden Crescent Regional Planning Commission—Victoria Transit**

1908 N Laurent St., Victoria, TX 77901

Phone: 361-578-8775

RTransit- Calhoun County.....	361-552-3350
RTransit- DeWitt County.....	361-578-8775
RTransit- Goliad County.....	361-645-2144
RTransit- Gonzales County .....	830-672-7014
RTransit- Jackson County.....	361-782-5543
RTransit- Lavaca County.....	361-798-4198
RTransit- Victoria/DeWitt.....	361-578-8775

*Most local Senior Citizens Centers also provide transportation to local seniors.*

**OnRamp**

[CoastalBend@onramptx.org](mailto:CoastalBend@onramptx.org)

Faith based nonprofit that specializes in coaching individuals through a 9-step support program to gift participants a car. Can only be nominated by a caregiver from an organization recognized by OnRamp. Applicants must go through an in-depth interview, have the necessary income and ID to maintain a vehicle, and complete the program before receiving a car.

**SOCIAL SECURITY ASSISTANCE**

## **Social security Office**

8208 Zac Lentz Pkwy, Victoria, TX 77904

877-229-3536

[www.ssa.gov](http://www.ssa.gov)

\*Order social security cards and apply for benefits.

## **Education/GED/ESL**

### **English as a Second Language & GED classes**

#### **Victoria College**

Adult Education

2200 E Red River, Victoria, TX 77901

Phone: (361) 573-7323

<https://victoriacollege.edu/Explore/ProgramsCourses/AdultEducation>

### **Free Books**

Free books in the copier room on the first floor of GBC (near the docking stations)

## **Employment Assistance**

### **Texas Workforce Solutions-Golden Crescent**

1905 Leary Ln, Victoria, TX 77901

Phone: (361) 578-0341

<https://www.gcworkforce.org/Home%20Page>

\*Serves Victoria, DeWitt, Goliad, Jackson, Calhoun, Lavaca, and Gonzales counties.

Provides one-on-one services for employment search, training programs, and specialty programs for older workers, disabled persons (physical, mental, or emotional), veterans, and youth (ages 14-12 years old). Also hosts job fairs and has a mobile workforce center that travels to different locations regularly. For the most up-to-date information, check the Workforce Solutions Golden Crescent Facebook page.

### **Texas Workforce Solutions in Surrounding Areas**

Cuero—1137 N Esplanade, Cuero, TX 77954

Phone: (361)-277-8870

Hours: Mon.-Fri. 8 am to 5 pm

Port Lavaca—1800 S. Highway 35, STE H, Port Lavaca, TX 77979

Phone: (361)-552-1563

Hours: Mon.-Fri 8 am to 5 pm

Goliad—329 W Franklin, Goliad, TX 77963

Phone: (361)-645-2703

Hours: Open on a limited basis—call ahead

Hallettsville—727 S. Promenade, Hallettsville, TX 77964

Phone: (361)-798-1046

Hours: Open on a limited basis—call ahead

Yoakum—307 Crittenden, Yoakum TX, 77995  
Phone: (361)-741-5100  
Hours: Open on a limited basis—call ahead

### **Staffing Companies.**

#### **LaborMax Staffing**

4905 N Navarro St, Victoria, TX 77904

Phone: 361-894-6440

<https://www.labormax.net/Offices/OfficeDetail/feb47ea2-f8f6-4a70-a738-03eb0ca78321>

#### **APS Personnel Service**

5605 N Navarro St. STE 300A, Victoria, TX 77904

Phone: 361-572-0022

<https://www.apspersonnel.com/>

#### **Goodwin Personnel Consultants**

2306 N Navarro St, Victoria, TX 777901

Phone: 361-578-3636

<https://www.goodwinpersonnel.com/>

### **Childcare Assistance**

#### **Workforce Solutions of the Golden Crescent-Childcare Services**

120 S. Main, STE. 110, Victoria, TX 77901

Phone: 361-578-0341

<https://www.gcworkforce.org/>

\*To qualify for this program, people must: live in Goliad, DeWitt, Lavaca, Gonzales, Calhoun, Jackson, or Victoria County; be employed, in school, or in training; meet the income guidelines for your family size; have children under the age of 13 years (or children with special needs under the age of 19 years).

### **Birth Certificate/ID**

#### **Birth Certificate**

<https://www.dshs.texas.gov/vital-statistics>

\*Official Birth Certificates for Texans, processed in 4-6 weeks \$22.00 by mail. Must have valid ID.

Victoria City Hall

105 W Juan Linn St, Victoria, TX

Phone: (361)-485-3000

\*Must have valid ID. Must be born in Texas. Certified copies of birth certificates are \$23.

#### **Identification Cards**

**Texas Department of Public Safety**

8802 N Navarro St, Victoria, TX

Phone: 361-578-3450

\*Bring birth certificate, proof of address, social security card, etc.

[www.dps.texas.gov/driverLicense](http://www.dps.texas.gov/driverLicense)

### **Be Well Victoria**

2805 N. Navarro St. Victoria TX 77901

Phone: 361-578-6281

\*Help with financial assistance obtaining identification (birth certificate, social security card, ID, etc.)

## **Sleep Disorder Clinics**

### **Premier Sleep Disorders Center**

111 North Park Victoria, TX 77901

124 E Walters St. Shiner, TX 77984

1811-A Broadway Rockport, TX 78382

Phone: (361) 572-9654

Fax: (361) 485-2233

\*Accepts almost all insurance, Medicaid, Medicare, Private Pay

## **Walk-In Clinics**

### **NextCare Urgent Care**

3002 Sam Houston Drive, Victoria, TX 77904

Phone: (361)-578-5730

**Hours: Mon.-Fri. 8 am to 8 pm and Sat. & Sun. 8 am to 4 pm**

**\*Offers services for illnesses, injuries, immunizations, physicals, pediatrics, STD & lab testing, and X-rays. Accepts most private insurance, Medicaid, and Medicare.**

### **NextCare Urgent Care**

108 Twin Fountains Dr, Victoria, TX 77904

Phone: (361) 578-3363

<https://nextcare.com/locations/tx/victoria-tx-twin-fountains-dr-urgent-care-2/>

Hours: Open 7 days a week-9 am to 9 pm

**\*Offers services for illnesses, injuries, immunizations, physicals, pediatrics, STD & lab testing, and X-rays. Accepts most private insurance, Medicaid, and Medicare.**

### **Texas Health Center**

4804 N. Navarro St., Victoria, TX

Phone: (361)-576-0330

Hours: Mon.-Fri. 7:30 am to 5 pm

*Does not* accept assigned Medicare, however, will file with Medicare. Patients with Medicare must pay upfront.

## **Vision and Hearing Impaired**

### **Computers for the Blind**

BW Revision: 6/30/2026

Phone:(214) 340-6328

<https://computersfortheblind.org/>

\*Low-Cost Computing for People Who Are Blind or Visually Impaired

### **Digital Resources**

<https://www.safespace.vibrant.org/en/>

\*Website containing information on coping skills, calming exercises, distraction activities such as digital coloring pages and music.